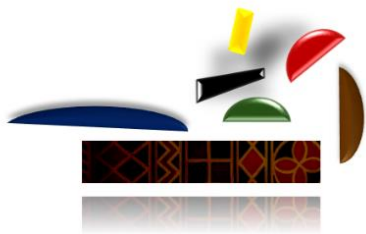


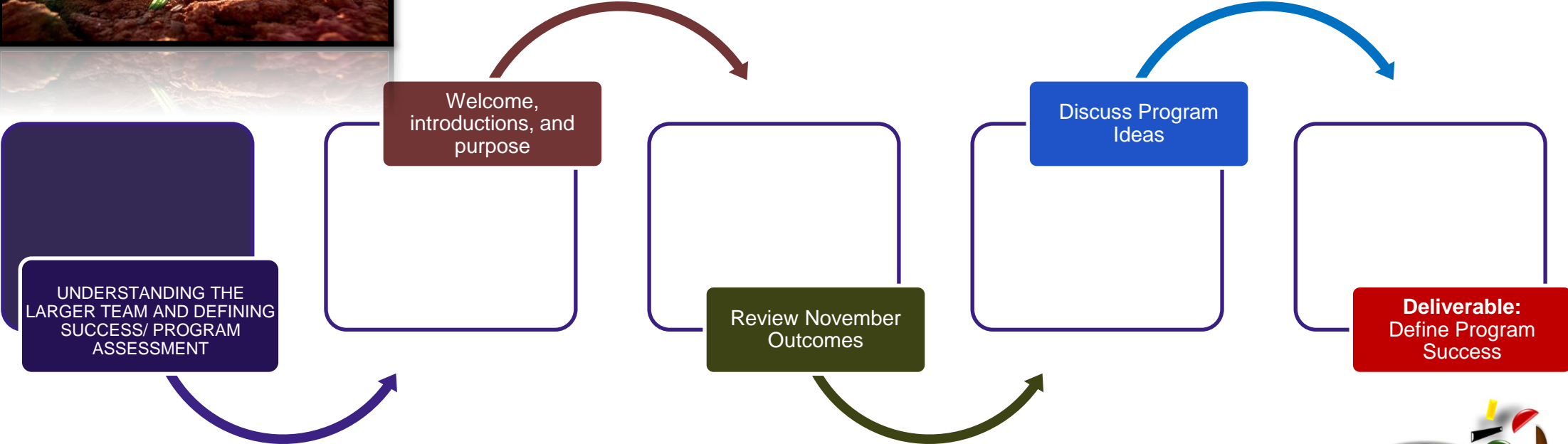
African American Wellness Hub Advisory Committee

December 17, 2025
Committee Meeting



**Behavioral Health
Department**
Alameda County Health

Purpose: December 17, 2025 (Virtual)



AGENDA

AFRICAN AMERICAN WELLNESS HUB ADVISORY COMMITTEE MEETING #2

December 17, 2025



**Behavioral Health
Department**
Alameda County Health

- **Welcome & Ground Rules**
- **Introductions**
- **Purpose**
- **Care First, Jails Last
Recommendations**
- **Cultural Strategist Introduction &
Public Arts Presentation**
- **Review November Summary**
- **Discussion: Input on Program
Activities/Services within the Space
(what should it look like)**
- **Check in on chat
recommendations/Q&A**
- **Next Steps & Closing**

Welcome & Review Ground Rules



COMMITTEE GROUND RULES:

The Committee agreed to the following shared norms:

- Maintain respect and do not interrupt speakers.
- Do not assume malicious intent; hold space for learning.
- Uphold constructive dialogue and care-centered conversations.
- Be mindful
- Promote authentic community voice and inclusive participation

Committee Member Introductions



Committee Introductions

Please state your:

- Name
- Area of Interest as it pertains to the Hub
- What excites you about the potential of the Hub?

Meeting Frameworks: Inaugural Meeting & Beyond

- **Alternating Meetings (In-Person & Virtual)**

- November 19, 2025 (In-Person)
- December 17, 2025 (Virtual: Today)
- January 21, 2026 (In-Person)
- February 18, 2026 (Virtual)
- March 18, 2026 (In-Person)

- **Third Wednesdays of the Month**

- Each Meeting will focus on completing ***a targeted deliverable*** for this Phase I Committee process.



Purpose of the African American Wellness Hub Advisory Committee



Hub Advisory Committee Purpose:

- The **African American Wellness Hub Advisory Committee** was established (October 2025) by the Department (ACBHD) to provide project-specific input into the development of a Hub centering on African American wellness and co-designed through community input.
- The initial phase of its convening will serve as a **time-limited body focusing on offering culturally affirming, holistic, and community-based feedback** that will inform design and construction, which may be coordinated by ACBHD through General Services Agency (GSA) and other county-contracted construction/design or other related programs.
- **During this phase, there will be five (5) Hub Advisory Committee meetings between November 2025 and March 2026** (wherein three (3) of the meetings will be In-Person and two (2) meetings will be held virtually).
- **Today's Meeting Deliverable:** To gather community input to gain clarity on the types of programs to be offered at the Hub and to define committee success

Hub Advisory Committee Webinars & Meeting Structure:

- **In addition to In-person events, the African American Wellness Hub Advisory Committee meetings will always be hosted as interactive Zoom webinars, designed to ensure a structured, accessible, and community-centered engagement experience.**
- **Each session may include county department partners** who are invited to be present to listen, support, facilitate guided discussions and exercises, and help to inform future planning efforts while maintaining a smooth and organized session flow.
- **All meetings will incorporate opportunities for Q&A and feedback exchanges.**
- **Community members will be able to listen and ask questions in the chat.**

Cares First Jails Last (CFJL) Recommendations



Recommendations

- **1A: African American Resource Center**

- “... develop an African American advisory committee with minimum 50% representation of people with lived experience, including family members, with the goal of identifying necessary services, culturally responsive resources, and to support the expansion and dissemination of funds relative to the Center.”

- **1B: African American Resource Center Information Dissemination**

- “...*information (sic)* should be shared by County and community agencies, including at every step of the criminal legal process (e.g., law enforcement, courts, probation, etc.)”

Cultural Strategist Introduction & Public Arts Presentation



November Meeting Summary



Why is a Culturally Centered Hub Important?

A safe, trusted space shaped by African American lived experiences. Designed with care, clear language, and cultural alignment that supports healing and celebrates identity. Culturally aligned providers build trust and stronger connections. Long-term commitment to community growth, individual healing, and collective freedom. A supportive place offering care and accountability instead of punishment, with attention to the social factors that affect health.

AFRICAN AMERICAN WELLNESS HUB ADUSORY COMMITTEE

VISION MAP

Strengths the Hub Will Uplift

Holistic wellness and accessible healing. Proactive support not crisis-dependent. Community voice through focus groups, art projects, youth and elder activities, and feedback loops. Uplift African American practitioners grounded in recovery and purpose. Collectiveness, divine essence, African heritage and worldview. Cooperative healing, restoration, and collaboration. Culturally relevant practices including music, drumming, dance, rites of passage, and storytelling. Eastern medicine, herbology, martial arts, self-love, confidence, self-discovery, and cultural healing. Community development and land and property acquisition.

PRIORITY POPULATIONS

Youth, children, families, elders, LGBTQ community members. Homeless and unemployed individuals. Veterans, behavioral health populations, domestic violence survivors. Chronically ill individuals. Neurodivergent community members including ADHD and Autism.

WHAT SHOULD THE HUB FEEL LIKE?

Welcoming, accessible, trauma-informed, and dignity-centered. Healing-centered, not trauma-centered. Home-like, warm, non-clinical. Peaceful, clean, empowering, and mindful. Family-friendly and accessible. Encouraging, inviting, comforting, and hopeful. Respectful and healthy. Feels like a fresh start. Natural, culturally rich, spiritually grounded, and reflective of the African diaspora.

ESSENTIAL PARTNERSHIPS

Black-led community-based organizations. Faith institutions. Philanthropy and Black-owned businesses. Psychiatry, primary care, and behavioral health providers. Non-traditional and natural healers. Personal trainers, yogis, sound healers, Zumba instructors. Schools (K-12 and community colleges). County services, museums, youth services, homeless services. Artists, cultural institutions, frontline healers. Equity-focused funders. Elder care providers, educators, midwives and doulas. Farmers, chefs, nutritionists. Unemployment offices and community employers

Question

- Does the vision Map capture the conversation from our last session?
- Are there any updates/ changes we should add to the vision map?

Discussion:
Input on Program Activities/Services within
the Space (what should it look like)



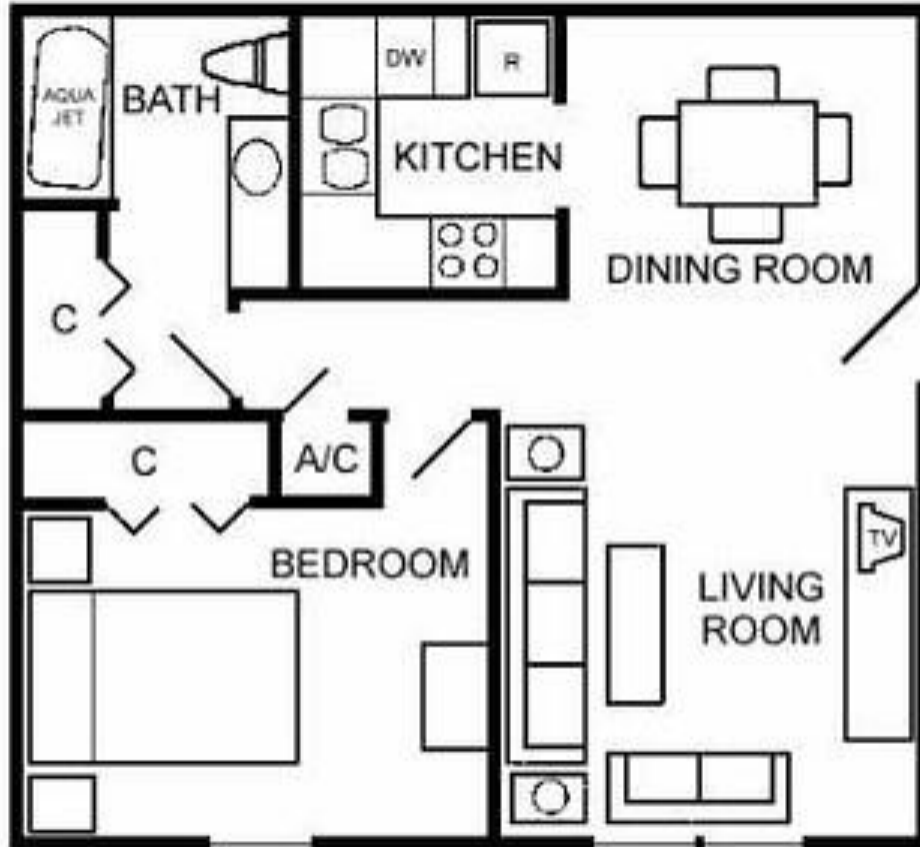
Floorplan/Program Space

When deciding what spaces we need, ask yourselves these questions for **each room or area**:

- **Purpose:** What happens here? Who uses this space, and for what activities?
- **People:** Who is this space for (youth, elders, clinicians, artists, staff, families, community)?
- **Feeling:** How should people feel when they enter (safe, calm, energized, creative, private, connected)?
- **Privacy vs. Openness:**
- **Flexibility:** Can this space change over time or serve multiple purposes?
- **Access & Inclusion:** Is it welcoming and usable for people with different abilities, ages, cultures, and needs?



Floorplan continued



Oakmont Resort - 1 bedroom

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- Flow: How do people arrive here, move through it, and leave? Does it connect naturally to nearby spaces?
- Support Needs: What does this space require to function (sinks, storage, technology, soundproofing, seating, safety features)?
- Care & Dignity: Does this space support healing, creativity, rest, or community without feeling institutional?
- Future Use: How might this space evolve as programs, funding, or community needs change?

AAWH Services

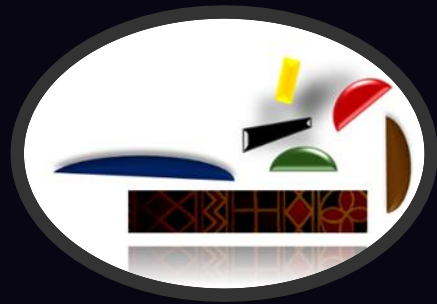
Given our discussion on the offered service, consider how much space should be dedicated to each of the service areas. Note: this offered order does not suggest that lower ranked services will not be available.

- Health
- Food
- Housing
- Youth
- Music
- Art
- Coworking Space
- SUD, Crisis Support, Children & Young Adult, Adult & Older Adult, Re-entry & Office of the Medical Director (Psychiatry)

Questions, Comments, or Input?



Next Steps & Closing



Next Steps:

- **Distribute December 2025 Meeting Summary**

- **Next Meeting Date:**
 - **January 21, 2026 - In-Person**
 - **Program Inventory**



Centering
African American
Health & Wellness



Thank you.

Tilling & Seeding: The journey continues.