

# African American Wellness Hub Advisory Committee (AAWHC)



**January 21, 2026**  
**Committee Meeting**

# AGENDA

3<sup>rd</sup> AAWHC Meeting  
January 21, 2026



- Welcome & Review Ground Rules
- Check In
- Review December Meeting Deliverables
- Progressive Design Build Update
- Discussion: Current County Programs & Explore Design Ideas including other places that take precedence
- Activity: Program/Space Design Lab
- Next Steps & Closing

# Welcome & Review Ground Rules



# COMMITTEE GROUND RULES:

The Committee agreed to the following shared norms:

- Maintain respect and do not interrupt speakers.
- Do not assume malicious intent; hold space for learning.
- Uphold constructive dialogue and care-centered conversations.
- Be mindful
- Promote authentic community voice and inclusive participation

# Committee Member Check-In



# Committee Check-In

**Please state your:**

- **Name**
- **Service or modality interest**
- **Share one word that reflects an affirmation or intention you are bringing into today's space.**

# December Meeting Summary

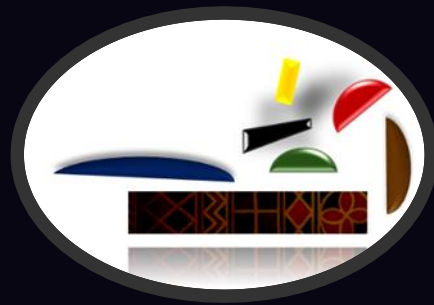


# December Meeting Summary

## Community Context, Defining Success & Next Steps

- Create a space design grounded in dignity, accessibility, safety, and inclusivity, reflecting surrounding community context
- Design space with natural light, windows, and welcoming entry points prioritized to support all community members
- Initial discussion on defining success for the Wellness Hub, balancing aspiration, feasibility, and community voice
- Upcoming meetings will refine program concepts and develop a clear program deliverable
- **Next Steps:** schedule additional site walkthrough & share Care First, Jails Last report

# Progressive Design Build Update



# Design Ideas – Common areas



# Design Ideas – Kitchen area & Common area



# Design Ideas – Quiet room & staircase



# Design Ideas – Common areas



# Design Ideas - Classrooms



# DISCUSSION

- Based on your experience, what programs or services are currently working well?
- Where are there gaps or unmet needs in existing programs?
- Are there opportunities to better integrate or coordinate programs across wellness areas (mental health, physical health, cultural healing, economic stability)?
- What partnerships could strengthen or expand program offerings?
- When you think about spaces that feel welcoming, healing, or empowering, what places come to mind?
- Have you experienced a space—locally or elsewhere—that felt intentionally designed for the people it serves? What stood out?

# Activity: Program Recommendation Lab

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# Program Recommendation Lab – Overview

- Purpose: Develop and prioritize program recommendations for the Wellness Hub
- Outcome: Clear program ideas, shared priorities, actionable recommendations

## ACTIVITY STEPS

- Step 1: Idea Generation
- Step 2: Group Refinement
- Step 3: Prioritization
- Step 4: Program Recommendation

# PROGRAM RECOMMENDATION

- Program Name
- Target Population
- Community Need Addressed
- Space Needed
- Ongoing, Rotating, or Pilot
- Why this program should be prioritized

# SHARE-OUT & REFLECTION

- Top 1–2 program recommendations per group
- Key themes emerging across groups
- What should move forward first?

# Next Steps & Closing



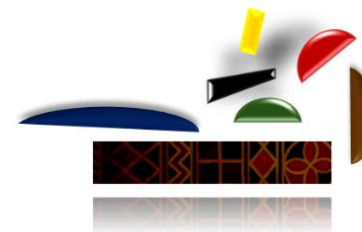
## Next Steps:

- **Distribute January 2026 Meeting Summary**
- **Program Assessment**
- **Next Meeting Date:**
  - **February 18, 2026 - Virtual**



Centering  
African American  
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# Questions, Comments, or Input?





Thank you.

Tilling & Seeding: The journey continues.