

Alameda County Behavioral Health is pleased to offer a **FREE** training:

# Suicide Assessment and Intervention – Adult Focus (6 CEs)



alameda county  
behavioral health  
MENTAL HEALTH & SUBSTANCE USE SERVICES

**Tuesday, February 2<sup>nd</sup>, 2021 (Part 1)**

**AND**

**Thursday, February 4<sup>th</sup>, 2021 (Part 2)**

9:00 - 12:30pm (both days)

**Must attend both days to complete the training**

Location: **Online via GoToWebinar**

**Audience:** The training is for mental health professionals or anyone in a position to work with adult consumers experiencing a suicidal crisis. This training is reserved for Alameda County Behavioral Health and Provider Staff (*County units and contracted community-based organizations*). CE credit is only provided for County staff and contracted ACBH provider staff.

**Trainer:** Cris Rita, MA, Community Education Coordinator and Instructor at Crisis Support Services of Alameda County.

**Description:** The workshop uses a combination of teaching methods, including didactic work, lecture, and discussion. Participants will be encouraged to explore their own feelings toward suicide and suicidal clients. It will address common myths and perceptions about suicidal behavior. The workshop will cover suicide statistics, trauma, and suicide theory with an emphasis on Thomas Joiner's model: The Interpersonal Theory of Suicide. Risk factors, warning signs, and protective factors will be introduced for adult populations. Participants will learn methods of suicide risk assessment and will be introduced to screening tools that aid in determining risk. Emphasis will be placed on how to talk about and ask about suicide with a client.

**Learning Objectives** – at the end of the training, participants will be able to:

1. Demonstrate competence in speaking about suicide to potential suicidal clients by being able to ask five basic questions to determine suicidality.
2. Demonstrate how to determine suicide risk for adults by being able to identify five risk factors, three of the most common warning signs, and two protective factors.
3. Identify the four domains of suicide risk assessment.
4. Discuss risk assessment tools used in behavioral health care settings and why they can be helpful to clinicians.
5. Demonstrate competence in using lethal means counseling with at risk individuals.
6. Apply techniques used to conduct a thorough risk assessment.
7. Demonstrate competence in use of Safety Planning to reduce suicide risk and be able to list the six necessary steps in developing the safety plan.

To complete an ACBH sponsored virtual training, attendees must achieve a score of at least 70% on the post-test(s).

If you have a reasonable accommodation request, or grievance regarding an ACBH training, please email or call the Training Unit at [Training.Unit@acgov.org](mailto:Training.Unit@acgov.org), 510-567-8113.

## REGISTRATION:

Registration required, open until filled.

**Register here for both dates**

For registration help contact:

[MColeman@crisissupport.org](mailto:MColeman@crisissupport.org)

For questions, contact:

Stephanie Cardenas, at

[Training.Unit@acgov.org](mailto:Training.Unit@acgov.org)

**When emailing, include training Date and Title in Subject Line.**

## Continuing Education:

Continuing Education (CE) credit is only provided for County and ACBH contracted Provider staff. This 2-part course meets the qualifications for 6 hours of CE credit for **LMFTs, LCSWs, LPCCs, and/or LEPs** as required by the California Board of Behavioral Sciences; Alameda County Behavioral Health Care Services (ACBHCS) is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749; for **Addiction Professionals** by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP\_EI), Provider No. 4C-04-604-0622; for **RNs** by the California Board of Registered Nurses, BRN Provider No. 12040; and for **Psychologists** as an approved provider by the California Psychological Assoc., Provider No. ALA006. ACBHCS maintains responsibility for this program/course and its content. Please note: to receive CE credit, it is the participant's responsibility to attend the full training, sign in and out, achieve a score of at least 70% on the post-test(s), and complete the evaluation. No partial credit can be given. CE Certificates will be emailed to qualifying participants within 30 days of the training.