

# Best Practices

- Adopting and implementing a tobacco-free facility/grounds policy.
- Behavioral health providers routinely asking their clients if they use tobacco and providing evidence-based cessation treatment.
- The effectiveness of tobacco cessation treatment is significantly increased by integrating cessation services/initiatives into the mental health or addiction treatment program.
- Many may benefit from additional counseling and longer use of cessation medications.
- Peer-driven approaches such as peer specialists trained in smoking cessation.