



HealthPAC BENEFIT PACKAGE SUMMARY

December 9, 2011

	Level 1	Level 2	Level 3
	<p><i>Severe and persistent mental illness (SPMI) including significant functional impairment resulting in an inability to manage activities of daily living. May also include high risk to self or others. May or may not have a co-occurrence of a substance use disorder but clear history supports presence of SPMI. The chronic nature of the severe mental illness is often demonstrated by many hospital stays. Needs frequent and varied mental health services including medication support and case management.</i></p>	<p><i>Moderate- to-severe presentation of mental disorder, with or without substance use disorder (SUD), usually with a history of episodic use of acute services that require stabilization with psychiatric medication.</i></p>	<p><i>Mild-to-moderate presentation of mental illness with at least one significant impairment in an important life functioning.</i></p>
Description of Services	<ul style="list-style-type: none"> • Medication stabilization and ongoing support • Intensive case management • Crisis intervention • Brokerage services • Rehabilitation services • Therapy • Advocacy • Co-Occurring Disorder Services • Additional Recovery Oriented services such as vocational, benefits management, wellness, and housing support 	<ul style="list-style-type: none"> • Medication Stabilization • Targeted Case Management • Check-Ins • Brokerage and Problem Solving Assistance • Crisis Intervention • Brief Problem Focused Counseling • Co-Occurring Disorder Services • Other Recovery Oriented Services, such as Vocational and Housing Support 	<ul style="list-style-type: none"> • Medication Stabilization • Mental Health Assessment • Time-limited Outpatient Psychotherapy • Collateral Contacts
Benefit Structure	<p>Not time-limited. SPMI individuals may continue with level I services as long as recovery services are needed.</p>	<p>6-18 months of service, with an average of 9 months</p>	<p>6 medication stabilization sessions over a maximum period of 6 months</p> <p>12 outpatient therapy services and 4 collateral visits over the 12 month HealthPAC benefit year</p>