

# Outpatient Network Specialty Mental Health Services

## Package of Services

### Effective 7/1/16

#### **Initial/Annual Package of Services:** – 6 month time span

- 2 Sessions – Assessment / Client Plan:
  - Assessment must be completed within 30 days; client plan due every six month period, completed prior to the 3<sup>rd</sup> session and within 60 days of initial session. Providers may not provide treatment services before both the initial/annual assessment and client plan are completed.
  - See Assessments and Client Plan at <http://www.acbhcs.org/providers/Forms/Forms.htm> (Clinical Templates Section)
  - The short-form assessment template may be used for your initial assessment; however, the long-form is expected for your annual assessments.
- Attestation must be submitted to Utilization Management Program (UM) prior to 3<sup>rd</sup> session and within 60 days of initial visit. FAX to 888-860-8068.
- 20 Therapy sessions - Individual, Family &/or Group Therapy
  - Individual (60 minutes); Family Therapy (60 or 90 min); Group Therapy (90 min)
- 2 hours - Brokerage/Linkage (30 and 60 minutes)
- 2 hours – Collateral (10 and 45 minutes)
- 26 total services within the 6 month span

#### **Extension Package:** (when client continues to meet medical necessity) 6 month time span

- 1 Session - Assessment / Client Plan
  - New client plan must be completed prior to providing treatment services under the extension package
- 20 Therapy sessions - Individual, Family &/or Group
  - Individual (60 minutes); Family Therapy (60 min) Group Therapy (90 min)
- 3 hours - Brokerage/Linkage (30 and 60 minutes)
- 2 hours – Collateral (10 and 45 minutes)
- 26 total services within the 6 month span

#### **Please Note:**

- Clients in crisis may be authorized for a brief period of 2x/week therapy to stabilize the crisis. Contact the UM Daily Coordinator at 510-567-8141.
- When interpreter services need to be utilized for therapy, ACCESS/UM may authorize 90 minute sessions upon provider's request.
- Only one unique service code may be billed on the same day.
- Client Plan needs to be framed as achievable in 20 therapy sessions or less.
- After the initial authorization period, any additional service requests will require completion of the Request for Continued Services (RCS) at <http://www.acbhcs.org/providers/Forms/Forms.htm#UM>