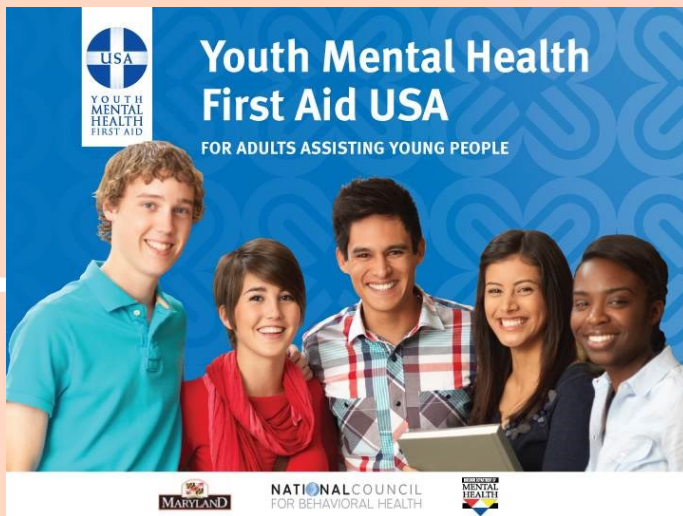




*Alameda County Behavioral Health Care Services  
Presents a FREE..*

**8 hour Comprehensive and Interactive Course**  
**Youth Mental Health First Aid Training**



***Date and Time:***  
**Wednesday, December 5, 2018**  
**8:30 am - 5:00 pm**  
**(Registration 8:00-8:30 am)**

***Location:***  
**BHCS Administrative Offices**  
**1900 Embarcadero, Ste 101**  
**Brooklyn Basin Room**  
**Oakland, CA 94606**

**Youth Mental Health First Aid USA is an 8 hour public education program which introduces participants who work with youth to the unique risk factors and warning signs of mental health problems in adolescents, builds understanding of the importance of early intervention, and teaches individuals how to help an adolescent in crisis or experiencing a mental health challenge. Mental Health First Aid uses role-playing and simulations to demonstrate how to assess a mental health crisis; select interventions and provide initial help; and connect young people to professional, peer, social, and self-help care.**

Mental Health First Aid USA is managed, operated, and disseminated by three national authorities — the National Council for Community Behavioral Healthcare, the Maryland Department of Health and Mental Hygiene, and the Missouri Department of Mental Health

**Seating is limited. PRE-REGISTRATION REQUIRED. OPEN UNTIL FILLED.**

**Online Registration, please go to:**

**<http://alameda.netkeepers.com>**

**For registration assistance, contact Stephanie Cardenas, [training.unit@acgov.org](mailto:training.unit@acgov.org)  
or (510) 567-8113**

**For information, contact Lori DeLay, [lori.delay@acgov.org](mailto:lori.delay@acgov.org) or (510) 567-8112**