



Injury Control Research Center  
for Suicide Prevention

## **The ICRC-S Webinar Series:**

The Intersection of Suicide and Suicide Prevention with Other Injuries



Please join us for an ICRC-S Webinar

## **Suicide & Adverse Childhood Experiences (ACEs):**

Preventing Suicide through Collaborative Upstream Interventions

Thursday, March 15, 2018  
3:00 – 4:00 PM Eastern Time

### **ABOUT THE WEBINAR**

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Please join us for this second webinar of the ICRC-S 2018 webinar series. The Adverse Childhood Experiences (ACEs) study, led by CDC and Kaiser Permanente, was a large-scale, retrospective study of the relationship between childhood trauma and familial dysfunction on lifetime health outcomes, including suicide attempts, adult depression, and substance abuse. In this webinar, Deb Stone, ScD, MSW, MPH, of the Division of Violence Prevention at the Centers for Disease Control and Prevention will describe: the importance of comprehensive suicide prevention that includes a focus upstream on preventing suicide risk before it happens; ACEs as an important area of that focus, and examples of collaborative, evidence-based interventions to prevent early adversities. Ingrid Bou-Saada MA, MPH, Injury Prevention Program Consultant with the Injury & Violence Prevention Branch at the North Carolina Department of Health and Human Services Division of Public Health, and Elizabeth Cuervo Tilson, MD, MPH, State Health Director and Chief Medical Officer for the North Carolina Department of Health and Human Services, will present on the path North Carolina is taking to use a multi-agency collaborative approach that links ACEs to state behavioral health priorities such as suicide prevention and to multi-disciplinary initiatives. The North Carolina Department of Health and Human Services has provided leadership on a multi-agency collaboration connecting ACEs with state priorities in substance abuse prevention and the opioid epidemic and in the prevention of domestic violence, sexual assault, and suicide. Participants will be able to ask questions of the presenters.

[Register for the webinar](#)

Please note that we do not offer CEUs or certificates for our webinars.

This webinar will be recorded and emailed to all registrants.

## **ABOUT THE PRESENTERS**

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**Deborah M. Stone, ScD, MSW, MPH**, is a Behavioral Scientist with the Division of Violence Prevention, National Center for Injury Prevention and Control (NCIPC), Centers for Disease Control and Prevention (CDC). She received her doctoral degree in Health and Social Behavior from the Harvard School of Public Health and a joint Master's degree in Social Work and Public Health from the University of Michigan. Deb started her career in suicide prevention in 1999 at the Rhode Island Department of Health where she helped develop the state's first suicide prevention plan. She went on to serve as Project Director for the National Center for Suicide Prevention Training, developing online suicide prevention workshops for health and mental health officials, providers, and community based coalitions and worked as a consultant in suicide prevention with the Massachusetts Department of Public Health. In her current role, Deb carries out many of CDC's suicide prevention activities. She led the development of CDC's first technical package of evidence-based strategies and approaches to comprehensive suicide prevention, and she researches the many risk and protective factors for suicide.



**Ingrid Bou-Saada, MA, MPH**, currently serves as an Injury Program Consultant at the Injury and Violence Prevention Branch (IVPB) of the North Carolina Division of Public Health. She started her public health career working in reproductive health, including HIV and sexually transmitted infections prevention and treatment at a community clinic in Texas, and then focused primarily on child maltreatment, intimate partner, and sexual violence prevention at The University of North Carolina at Chapel Hill and then with the IVPB in the NC Division of Public Health. Along the way, she worked on policy and program development at Wake County Human Services, the local consolidated social services and public health department in Raleigh, before returning to the IVPB in early 2017. Her current work focuses more broadly on the prevention of violence, older adult falls, youth sports concussions, motor vehicle injury, and opioid overdose. Ingrid received her MPH from UNC Chapel Hill in Maternal and Child Health and an MA in Anthropology from Texas A&M University.



**Elizabeth Cuervo Tilson, MD, MPH**, is the State Health Director and the Chief Medical Officer for the North Carolina Department of Health and Human Services. In this role, she promotes public health and prevention activities, as well as provides guidance and oversight on a variety of cross-departmental issues. She is also a practicing pediatrician and delivers primary care at the Wake County Human Services Child Health Clinic. Before joining DHHS, Tilson was the Medical Director of Community Care of Wake and Johnston Counties, one of the 14 Community Care of North Carolina networks, and the Chief Network Clinical Officer for CCNC.



Prior roles have also included serving as an Assistant Consulting Professor and Cancer Control Specialist with Duke University Medical Center and a Clinical Pediatric Fellow at the University of North Carolina at Chapel Hill. She completed a pediatric residency at Johns Hopkins Hospital and a general preventive medicine/public health residency at the University of North Carolina at Chapel Hill, and is board certified in both fields. Tilson has a BA in biology from Dartmouth College, an MD from Johns Hopkins University School of Medicine, and an MPH from UNC Chapel Hill.

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