

Beneficiary-centered focus with individualized screenings

Alameda County SUD System of Care is **putting you first** in the new publicly-funded ** SUD treatment system. This begins with an assessment for appropriate service needs through an individualized screening using the **American Society of Addiction Medicine (ASAM) Criteria**.

This assessment ensures that you will get referred to the best type of treatment for your individual needs. This will help you achieve recovery and independence more efficiently.

Once you are engaged in treatment, **you will receive case management** to ensure continued success and linkages to other resources to promote overall well-being.

Upon discharge from treatment services, you can access **recovery support services** for assistance in continuing their journey to recovery.



More SUD services available to Alameda County residents

Evidence-based services will be the cornerstone the new SUD System of Care. Everyone will receive services that are known to produce results.

Alameda County residents will have access to more SUD treatment and recovery levels of care, including:

- **Outpatient Treatment:** Up to 9 hours of services per week, including group and individual counseling
- **Intensive Outpatient:** 9 to 19 hours per week, including group and individual counseling
- **Recovery Residence** (aka: Sober Living Environments): Room and board while participating in outpatient treatment services provided off-site.
- **Residential Treatment:** Low and high intensity SUD residential treatment services
- **Withdrawal management:** 24/7 clinically managed detoxification and sobering support
- **Opioid Treatment Program (OTP) / Medication Assisted Treatment (MAT)**

An easier way to access services

If you are interested in learning more about available substance use disorder services from the Alameda County SUD System of Care, please contact the **Substance Use Access and Referral Helpline ("the Helpline") at 1-844-682-7215**.

You will be connected to a substance use counselor who can answer questions about SUD services, and can screen and refer you to appropriate services as necessary.

The Helpline is open Monday through Friday, 8am to 9pm. Calls made after hours will be answered by Crisis Support Services (CSS). Any messages left with CSS will be answered by the Helpline on the next business day.

Please note: The Helpline does not provide any SUD counseling services



A new SUD treatment system that strives to support *you* through every stage of recovery with clinicians and providers working hand-in-hand to ensure your successful engagement and success in recovery.

** Publicly funded SUD services are available for Medi-Cal beneficiaries, HealthPAC, those eligible for Medi-Cal , and indigent clients without other forms of insurance



Starting on July 1st, 2018, the Alameda County SUD System of Care is Changing With Improved Services and Supports

The Alameda County SUD System of Care is **putting you first.**

Learn more about how you can:

- Access more SUD referral and treatment services
- Get screened and assessed for the most appropriate level of treatment services
- Talk to providers who are committed to your success and recovery

Access SUD services provided by the Alameda County SUD System of Care by calling:

The Substance Use Access and Referral Helpline

1-844-682-7215

Monday through Friday

8am to 9pm

Calls made after hours will be answered by Crisis Support Services (CSS). Any messages left with CSS will be answered by the Substance Use Access and Referral Helpline on the next business day

For urgent withdrawal management help, call:

Cherry Hill Detox and Sobering Station

1-866-866-7496



Alameda County Behavioral Health Care Services
2000 Embarcadero Cove
Oakland CA 94606

Questions about this brochure? Please email SUD@acgov.org

Improvements to the Alameda County Substance Use Disorders (SUD) System of Care



Information provided by the Alameda County Behavioral Health Care Services, Substance Use Disorder System of Care