

Alameda County Behavioral Health Care Services (ACBH)  
Older Adult Division is pleased to offer a **FREE** training on:

# Older Adult Training and Certification Virtual Workshops

**Tuesday, September 13<sup>th</sup> and  
Thursday, September 22, 2022**

**9:00 AM to 5:00 PM**

(Training starts promptly at 9:00 AM)

**Location:** Virtual

(Please register for both days, the Zoom link will be emailed to registered participants after registering online)

**Target Audience:** ACBH trainings are for Alameda County Behavioral Health (ACBH) staff, contracted provider staff, and organizations contracted to ACBH.

**Trainer(s):** Vanessa Baker, LMFT., Charmaine Brent, MSW., Aaron Chapman, MD., Michael Kessler, LPCC, CRC., Yesenia Lott, LCSW., Grace Lui, LCSW., Stephanie Montgomery, Renee Reteria. Vertilee Stone, Karyn Tribble, PsyD, LCSW.

**Description:** This two-day training will enrich participants' understanding of the major mental health conditions and substance use concerns facing older adults, as well as the importance of promoting mental wellness and resilience. Attention will be paid to the importance of screening, assessment, and evidence-based interventions, emphasizing integrated care. The group will learn about self-care and hear from a speaker with lived experience.

## Learning Objectives – at the end of the training, participants will be able to:

1. The participant will have an understanding of mental health conditions affecting OA, diagnostic tools for differential diagnosis (substance use, dementia), resources, overview of ACBH system and how to ACCESS ACBH services and to access and skilled care.
2. The participant will have an understanding of psychotropic medications common to older adults, side effects, cooccurring disorders and medication.
3. The participant will be able to identify key risk factors, summarize assessment tools, legal and ethical issues, policies within suicide prevention among older adults.
4. The participant will have an understanding as to how to manage trauma when working with the Older Adult population, including vicarious trauma.
5. The participant will have an understanding of cultural and sexual orientation, gender identity, and expression (SOGIE) considerations when working with the OA population. Intergenerational considerations, history and trends, implicit bias, strength and resiliency.

**To fulfill an ACBH sponsored virtual training for both attendance completion and/or CE credit, attendees must achieve a score of at least 70% on the post-test.**

**Accommodations or Grievance?:** For disability or reasonable accommodation requests, or a grievance about an ACBH training, please contact the person listed on this flyer and cc the Training Unit at [training.unit@acgov.org](mailto:training.unit@acgov.org). Please make accommodation requests a minimum of five (5) business days prior to training in order to allow time to make arrangements.

This event is sponsored by:



WELLNESS • RECOVERY • RESILIENCE



## REGISTRATION:

Please register online at:  
Sept 13, 2022

<https://us02web.zoom.us/j/90251234567>

Sept 22, 2022

<https://us02web.zoom.us/j/90251234567>

For registration help contact:

**Michael Kessler**

[Michael.Kessler@acgov.org](mailto:Michael.Kessler@acgov.org) or  
510-414-2825

## Continuing Education (CE)

**CE credit is ONLY provided for  
County and ACBH contracted**

### Provider staff.

This course meets the qualifications for 10 hours of CE credit for **LMFTs, LCSWs, LPCCs, and/or LEPs** as required by the California Board of Behavioral Sciences; Alameda County Behavioral Health Care Services is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749; for **Addiction Professionals** by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP\_EI), Provider No. 4C-04-604-0622; for **RNs** by the California Board of Registered Nurses, BRN Provider No. 12040; and for **Psychologists** as an approved provider by the California Psychological Assoc., Provider No. ALA006. ACBH maintains responsibility for this program/course and its content.

**Please note: in order to receive CE credit from an ACBH virtual training it is the participant's responsibility to (1) attend the full training, (2) fill in an evaluation, and (3) complete a post-test with a passing score of at least 70%.**

CE Certificates will be emailed to qualifying training participants within 30 days after the training.