

ALAMEDA COUNTY BEHAVIORAL HEALTH CARE SERVICES Presents:
**TREATMENT CONSIDERATIONS AND PRACTICES WHEN
WORKING WITH THE AFRICAN AMERICAN COMMUNITY**

**FEBRUARY 24th, 2022
10:30 AM -12:30 PM (PST)**

Description:

This interactive workshop will explore and consider clinical dynamics within the African American community that can help or hinder the therapeutic alliance. Best practice standards will be examined considering the unique needs, history, values, and strengths of our African American clients. This workshop addresses the National CLAS Standards' "Principal Standard 1: Provide effective, equitable, understandable, and respectful quality care and responsive to diverse cultural health beliefs and practices, preferred languages, health literacy, and other communication needs.



Dr. La Tanya Takla is a Licensed Clinical Psychologist as well as a dually Licensed Marriage and Family Therapist (LMFT) and Professional Clinical Counselor (LPCC). She has been a licensed mental health provider for over a decade and works with a broad spectrum of clients. In addition to clinical practice, she is an Associate Professor at the University of Phoenix and teaches in the master's in professional counseling Program and is also a Preceptor for Walden University in their Nurse Practitioner Program. Dr. Takla is the Director of Spark Center's Inclusive Mental Health Initiative. Dr. Takla regularly conducts groups and workshops for the unique needs of clients including Healing from Race-Based Trauma and Stress as well as psychoeducation for grief, loss, and coping.

TO REGISTER CLICK [HERE](#)

CLICK HERE FOR [REQUIRED PRE-READING](#)

Learning Objectives:

1. List four factors that contribute to race based traumatic stress.
2. Identify three effective clinical strategies that support the mental health and wellness of the African American community.
3. Summarize three current theoretical practices and their application to African American mental health.

Registration Information Contact: ONTRACK Program Resources: pymoore@getontrack.org

- **Programing Information Contact: Javarré Wilson, Ethnic Services Manager:**
officeofethnicservices@acbhcs.org
- **To request a reasonable accommodation or to file a grievance about an ACBH training, go to:**
<http://www.acbhcs.org/training>

Continuing Education (CE) credit is only provided for County and ACBH contracted Provider staff. This course meets the qualifications for 3 hours of CE credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences; Alameda County Behavioral Health Care Services (ACBHCS) is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749; for Addiction Professionals by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP_Ei), Provider No. 4C-04-604-0622; for RNs by the California Board of Registered Nurses, BRN Provider No. 12040; and for Psychologists as an approved provider by the California Psychological Assoc, Provider No. ALA006. AC- BHCS maintains responsibility for this program/course and its content. Please note: to receive CE credit, it is the participant's responsibility to attend the full training, sign in and out, achieve a score of at least 70% on the post-test(s), and complete and evaluation. No partial credit can be given. CE Certificates will be emailed to qualifying participants within 30 days (about 4 and a half weeks) after the training.