

African American Mental Health Training and Technical Assistance Program

The Impact of Discrimination on Mental and Physical Health of the African American Population

Description:

The focus of this course is health equity, an exploration of the ways systemic racism and various kinds of discrimination impact the mental and physical health of the African-American populations in the US.

Measurable Learning Objectives:

- Describe four historical conditions that have an influence on the health of African-Americans
- Name four mental health conditions or health behaviors related to systemic racism
- Explore four ways the health of African-American people have been affected by systemic racism and discrimination
- Examine five ways tech companies are addressing health equity for African-Americans
- Provide recommendations and best practices for participants who consider themselves allies for the treatment of African-American mental health clients

About the Presenter:

Karinn Glover, MD MPH, Assistant Professor of Psychiatry and Behavioral Sciences at Albert Einstein College of Medicine and Attending, Adult Outpatient Psychiatry Division, Montefiore Hospital, Bronx NY. Currently Assistant Professor of Psychiatry at the Albert Einstein College of Medicine, Dr. Glover teaches psychopharmacology and aspects of psychotherapy to Psychiatry and Family Medicine residents. Her decade-plus experience as a psychiatrist and leader in the primary care division at Montefiore Health System has informed her approach to health equity, Diversity, Equity, Inclusion and Belonging (DEI+B), and the styles of leadership that produce organizational success.



Karinn Glover, MD MPH

Friday

March 11, 2022

9:00am - 12:30pm

3.0 Hours CE Credit

(15-min break will not be counted
toward CE time awarded)

To complete an ACBH
sponsored virtual training,
attendees must achieve a score
of at least 70% on the post-test

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