

Presented by

## SENECA FAMILY OF AGENCIES in partnership with ALAMEDA COUNTY BEHAVIORAL HEALTH

# Preventing Vicarious Trauma 6 Continuing Education Credits

<b>WHEN:</b> Date: June 29th & 30th 2022 Time: 9:00AM-12:30PM	(each day) <b>LOCATION: ZOOM</b> <b><u><a href="#">*Click Here to register in advance for this training*</a></u></b> <small>After registering, you will receive a confirmation email with information about joining the meeting.</small>	<b>INTENDED FOR:</b> Alameda County Behavioral Health and contracted provider staff.
--	---	---

### About the Course

This highly interactive training is designed to address the self-care needs of those working with children, youth and adults impacted by traumatic life events. Participants are encouraged to verbalize their understanding and connectiveness to the multiple aspects of compassion fatigue. By taking a self-inventory, participants will see first-hand the levels of stress they experience. The group will look at several tools and techniques to circumvent the most challenging aspects of their compassion fatigue and to be able to regain a state of neuro-physiological (mind-body) regulation, recovery and resilience.

*Full time of training: 2 days from 9:00 AM - 12:30 PM, 7 hours  
Instructional time: 6 hours  
Non-instructional time: 1 hours*

### Educational Objectives

- \* Describe four causes and triggers of compassion fatigue and burnout.
- \* Define compassion fatigue vs. burnout.
- \* Demonstrate a strategy for accelerated recovery and self-regulation.
- \* Name three strategies for accelerated recovery and self-regulation.
- \* Identify at least two ways to support staff and co-workers and increase morale.

### About the Presenter

Beverly Kyer, MSW, ACSW is a Speaker, Educator, Consultant and Certified Compassion Fatigue Specialist who has devoted 16 years to training Human Service Providers and Family Caregivers; helping them employ self-care recovery and neuro-physiological regulation strategies. She has authored two books about secondary and vicarious trauma in Service providers and Caregivers. Beverly is the CEO and Founder of The Kyer Group Corporation, a team of compassionate Trauma Informed Specialists, who help those in the Helping Professions. She travels throughout the country with a mission to educate, inspire and support recovery, resilience, capacity, effectiveness and determination for Professional Service Providers, and Family Caregivers to the physically and mentally challenged; the victimized, traumatized and most vulnerable in society; our children.

### Continuing Education Credits

**\*\*Registrants are responsible for reading the following information\*\***

Training meets the qualifications for 6 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. Seneca Family of Agencies is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs.

Provided by Seneca Family of Agencies, Provider #135057.

**CERTIFICATES:** Certificates of completion will not be provided if more than 15 minutes of content is missed by participant. If participants complete all criteria required for a certificate, certificates will be provided within two weeks of the training. For assistance, contact Seneca Institute for Advanced Practice at (510) 654-4004 or [certificates@senecacenter.org](mailto:certificates@senecacenter.org)

**[CLICK HERE TO REGISTER:](#)**

Registration assistance: [brisalowry@senecacenter.org](mailto:brisalowry@senecacenter.org)  
Ph: (510) 381-4149

If you must cancel enrollment, please do so at least 72 hours in advance of the training.

To request accommodation or to file a grievance about a Seneca sponsored training, contact Seneca Institute for Advanced Practice: [training@senecacenter.org](mailto:training@senecacenter.org), (510) 654-4004