



**The Hume Center in partnership with
ACBH's Office of Ethnic Services and MHSa Departments
Presents**

**COMMUNITY BASED APPROACHES TO
EMOTIONAL WELLNESS WITH THE
SOUTH ASIAN POPULATION**

Dr. Preet K. Sabharwal
June 17th, 2022
11am-1pm



Target Audience:

South Asian Community members, County and ACBH contracted Provider staff.

Learning Objectives:

- Discuss History of the South Asian Community Members
- Describe Stigmas around Mental Health for the South Asian Community
- Identify Community Practices to Increase Resilience

Zoom Link to register in advance for this meeting:

https://us02web.zoom.us/join/tZUodOmhpzkqGNNTv-VrKMpJfUbB8OSgjnX_



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