



ACBH Workforce Education & Training Unit is pleased to offer a **FREE** training:



Defining Your "New Normal" Strategizing for the Post-Pandemic in the Workplace and Beyond

Wednesday, April 27, 2022

9:00am - 2:00pm

Location: Online via Zoom – *trainer to send link prior to meeting*

Audience: The course content is applicable for clinical, consumer, administrative, managerial, program and support staff. ALL classes of ACBH staff and contracted Provider/CBO staff are welcome to attend.

Description: The worldwide Covid 19 Pandemic coupled with stay at home orders, increased demands on workers to care for family members, economic hardships, national and international political tensions and more, pushed workers and those they serve to struggle with how to navigate the rapid changes to their daily lives. The stressors spilled over into the workplace. As we experience declining Covid 19 rates, the need to define your “new normal” can be a confusing concept, layered with personal and professional concerns. This course will help participants understand and navigate the fallout from world events of the past two years on the consumers/clients/families they serve as well as the workplace. Emotional/social intelligence, grief and loss, styles of change and Process Work therapy tools will be explored. Through experiential learning the participants will have the opportunity to practice tools that can be applicable within their teams as well as with the consumer/clients in clinical treatment.

Trainer(s): Ellen Muir, LCSW, ORSCC, and Betsy Baum Block, MPP, CPCC, ORSCC, ACC.

Learning Objectives – at the end of the training, participants will be able to:

1. Review the 6 stages of grief and loss and how they are reflected in work performance and the ability to engage in services.
2. Name 2-3 stressors new in the past few years that make it difficult to fully engage and focus on providing consumer/client services and for consumers to participate in treatment.
3. Identify and honor the different change styles that show up in ourselves, our teams and the consumers we serve and name the conditions for change
4. Discover 2 ways that unconscious bias may surface during change in systems
5. Identify 3-5 core values that can support us, our teams and our communities through challenging and unpredictable societal and world changes
6. Create action plan strategies for moving forward at work and beyond

If you have a reasonable accommodation request, or grievance regarding an ACBH training, please contact the ACBH Training Unit at training.unit@acgov.org, or (510) 567-8113.

REGISTRATION:

Please register [HERE](#)

For registration help contact:

Betsy Baum Block

betsy@b3consults.com

When emailing, include training Date and Title in your message.

For other information about this training contact:

Stephanie Cardenas

Training.Unit@acgov.org

Continuing Education

CE credit is ONLY provided for County and ACBH contracted Provider staff.

This course meets the qualifications for 4.5hours of continuing education credit for RNs by the California Board of Registered Nurses, BRN Provider No. 12040; for Addiction Professionals by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP_EI), Provider No. 4C-04-604-0622; for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences; and for Psychologists as an approved provider by the California Psychological Assoc., Provider No. ALA006. Alameda County Behavioral Health Care Services (ACBHCS) is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749. ACBHCS maintains responsibility for this program/course and its content.

Please note: in order to receive CE credit you must attend the full training, complete an evaluation, and pass the post-test(s) with a score of at least 70%. Participants wanting a general attendance certificate must also achieve a passing score of 70% on the post-test(s).

CE Certificates will be emailed within 30 days after the training.