

Culturally Responsive Restorative Practices

With Jeanette Lopez-Urbina, LCSW

A FREE training presented by Alameda County Behavioral Health and A Better Way

Course Objectives

- 1.) Discuss the impact of generational trauma and 2 culturally responsive tools for engaging individuals who experience this type of trauma.
- 2.) Identify 2-3 common challenges related to engaging diverse populations, especially those impacted by complex trauma and who have been historically marginalized, oppressed, and minoritized due to their cultural identity.
- 3.) Review 5 principles and strategies typically valued and applied from a culturally responsive lens for individuals and families.
- 4.) Review the definitions of Cultural Humility/Culturally Responsive and identify 2 components of its relevance to service delivery.

In the helping profession, we work with individuals, families, and communities with diverse backgrounds; therefore, we understand the value of maintaining a multicultural framework. In addition to the complexities of working with individuals, youth, and families from a multicultural perspective, we are also supporting folks as they manage generations of trauma. This course is designed to support providers with building on their current skills so that they can effectively engage and support diverse groups of people while maintaining a culturally responsive and trauma informed lens. It is important to build on our awareness and understanding of cultural humility, which involves being open to the other. As we strengthen our ability to be open to the other, we will be open to shaping and adapting our support and service delivery to be culturally responsive rather than taking a "one size fits all" approach to service delivery.

Audience: Alameda County Behavioral Health (ACBH) clinical staff and contracted CBO providers are welcome. Capacity is limited. Open until filled.

Jeanette Lopez-Urbina, LCSW has worked in the mental health/social services field for over 18 years. She has worked in various settings in Northern and Southern California, including residential and community-based services, through services such as Wraparound, therapy and violence prevention work. Jeanette is a bilingual Salvadoran-American professional who enjoys practicing from a social justice, relational, and psychodynamic approach. She currently holds a Private Practice in Berkeley.



Monday, March 7th, 2022

9:30am-3:30pm | Registration at 9:15am

Online Course | Zoom link sent 2 days before course

5 CE's available for Masters and Doctorate level professionals

TO REGISTER

Click below to sign up & register:

<https://training.abetterwayinc.net/courses/2799>

Private code: **ez4n4e**

A Better Way is approved by the California Association of Marriage and Family Therapists (CAMFT) to sponsor Continuing Education for LCSW, LMFT, LPC, LEP (62361), and the California Psychological Association (CPA) to sponsor Continuing Education for PhD, PsyD (ABE010). The California Board of Behavioral Sciences (BBS) recognizes CAMFT and CPA Continuing Education credit for license renewal. A Better Way maintains responsibility for this program and its content. Attendees must attend entire course for CE credit.

For accommodations or Grievances, contact: Trainings@abetterwayinc.net | (510) 913-1326