

ACBH Workforce Education & Training Unit is pleased to offer a **FREE** training on:
***Navigating "the New Normal" Pandemic
and a World Under Stress***

Part 1: Wednesday, March 24th, 2021

9:00am - 12:10pm **AND**

Part 2: Wednesday, March 31st, 2021

9:30am - 11:00am

Must attend both days to complete the training

(Sign in begins 15-minutes prior; Training begins promptly at start time)

Location: Online via Zoom – *trainer to send link prior to meeting*

Audience: ALL ACBH staff and contracted Provider staff. CE credit is only provided for County and ACBH contracted Provider staff.

Description: The worldwide COVID-19 Pandemic coupled with stay at home orders, increased demands on workers to care for family members, economic hardships, national political tensions and more, has pushed workers and those they serve to struggle how to navigate the rapid-fire changes to their daily lives. The same stressors and demands are also being experienced by the consumers and their families affecting their participation in their behavioral health treatment. This course will explore the impact of events on consumers/clients and the clinical practice approaches needed to support consumer/client treatment goals. The course content is applicable and useful for clinical, consumer, administrative, managerial, program and support staff.

Trainer(s): Ellen Muir, LCSW, ORSCC, and Betsy Baum Block, MPP, CPCC, ORSCC, ACC.

Learning Objectives – at the end of the training, participants will be able to:

1. Assess and name 1-2 stressors and triggers that make it difficult to fully engage and focus on providing consumer/client services and for consumers to participate in treatment.
2. Name the 6 stages of grief and loss and how they are reflected in behaviors and the ability to engage in services
3. Identify 3-5 core values that can support navigating the post pandemic world and the economic, societal, and health challenges that staff and the consumers/clients being served are experiencing.
4. Prepare for difficult conversations with at least one teammate, service provider and consumer/client health systems regarding the impact of the COVID-19 pandemic and 2020/21 social upheavals on mental health and substance use disorder conditions.

To complete an ACBH sponsored virtual training, attendees must achieve a score of at least 70% on the post-test(s).

If you have a reasonable accommodation request, or grievance regarding an ACBH training, please contact the ACBH Training Unit at training.unit@acgov.org, (510) 567-8113.



WELLNESS • RECOVERY • RESILIENCE



REGISTRATION:

Please register online at:
<https://www.surveymonkey.com/r/NavigatingNewNormalMarch2021>

For registration help contact:

Training.Unit@acgov.org

Ph: 510-567-8113

When emailing, include training Date and Title in Subject Line.

For other information about this training contact:

Lori DeLay, ACBH Training Officer

lori.delay@acgov.org

Continuing Education

CE credit is ONLY provided for County and ACBH contracted Provider staff.

*This course meets the qualifications for 4.5 hours of continuing education credit for RNs by the California Board of Registered Nurses, BRN Provider No. 12040; for **Addiction Professionals** by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP_EI), Provider No. 4C-04-604-0622; for **LMFTs, LCSWs, LPCCs, and/or LEPs** as required by the California Board of Behavioral Sciences; Alameda County Behavioral Health Care Services (ACBHCS) is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749. ACBHCS maintains responsibility for this program/course and its content. **Please note:** in order to receive CE credit you must attend the full training, complete an evaluation, and pass the post-test(s) with a score of at least 70%.*

CE Certificates will be sent to qualifying training participants via email within 30 days after the training.