

Alameda County Behavioral Health is pleased to offer a **FREE** training:



Suicide Assessment and Intervention

(ADULT Focused, 6 CEs)

Part 1 – Mon., September 13, 2021 AND

Part 2 – Wed., September 15, 2021

9:00 - 12:30pm (both days)

Must attend both days to complete the training

Location: Online via **ZOOM**

(webinar link to be emailed by instructor to registered participants
a few days before training date)

Audience: The training is for mental health professionals or anyone in a position to work with adult consumers experiencing a suicidal crisis. This training is reserved for Alameda County Behavioral Health, *contracted* Provider Staff and *contracted* community-based organizations (CBOs). CE credit is only provided for County staff and contracted ACBH provider staff/CBOs.

Trainer: Cris Rita, MA, Community Education Coordinator & Instructor at Crisis Support Services of Alameda County.

Description: The workshop uses a combination of teaching methods, including didactic work, lecture, and discussion. Participants will be encouraged to explore their own feelings toward suicide and suicidal clients. The workshop will address common myths and perceptions about suicidal behavior, cover suicide statistics, trauma, and suicide theory with an emphasis on Thomas Joiner's model; The Interpersonal Theory of Suicide. Risk factors, warning signs, and protective factors will be introduced for adult populations. Participants will learn methods of suicide risk assessment and will be introduced to screening tools that aid in determining risk.

Learning Objectives – at the end of the training, participants will be able to:

1. Demonstrate competence in speaking about suicide to potential suicidal clients by being able to ask five basic questions to determine suicidality.
2. Demonstrate how to determine suicide risk for adults by identifying five risk factors, three of the most common warning signs, and two protective factors.
3. Identify the four domains of suicide risk assessment.
4. Discuss risk assessment tools used in behavioral health care settings and why they can be helpful to clinicians.
5. Demonstrate competence in using lethal means counseling with at-risk individuals.
6. Apply techniques used to conduct a thorough risk assessment.
7. Demonstrate competence in use of Safety Planning to reduce suicide risk and be able to list the six necessary steps in developing the safety plan.

To complete an ACBH sponsored virtual training, attendees must achieve a score of at least 70% on the post-test(s).

If you have a reasonable accommodation request, or grievance regarding an ACBH training, please contact the Training Unit at Training.Unit@acgov.org, or leave a message at: (510) 567-8113.

REGISTRATION:

Registration required, open until filled. Please register at:

Register [here](#) for both dates

For registration help or other questions about this training, contact:

Training.Unit@acgov.org

Tel. (voicemail) 510-567-8113

When emailing, include training Date and Title in Subject Line.

Continuing Education:

Continuing Education (CE) credit is only provided for County and ACBH contracted Provider staff.

This course meets qualifications for 6 hours of CE credit for **LMFTs, LCSWs, LPCCs, and/or LEPs** as required by the California Board of Behavioral Sciences; Alameda County Behavioral Health Care Services (ACBHCS) is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749; for **Addiction Professionals** by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP_EI), Provider No. 4C-04-604-0622; for **RNs** by the California Board of Registered Nurses, BRN Provider No. 12040; and for **Psychologists** as an approved provider by the California Psychological Assoc., Provider No. ALA006.

Please note: in order to receive CE credit from an ACBH sponsored virtual training, it is the participant's responsibility to (1) attend the full training, (2) complete an evaluation, and (3) complete a post-test with a passing score of at least 70%.

CE Certificates will be emailed to qualifying training participants within 30 days after the training.