

Understanding Clinical Supervision in Social Work and Mental Health Practice

(2-Day, 15-Hour Course)

With Lisa Cohen-Bennett, PhD.

A FREE training presented by Alameda County Behavioral Health and A Better Way

Course Objectives

- 1.) Analyze at least five supervision forms from the Board of Behavioral Science and the Board of Psychology.
- 2.) Demonstrate at least four examples of best practices in supervision through role play exercises.
- 3.) Explore three to four personal histories with supervision and supervisors.
- 4.) Practice two new problem-solving techniques that may come up in supervision through role play and small group work.
- 5.) Describe three key components of providing culturally competent supervision.
- 6.) Explore three to five reasons for supervising others.
- 7.) Identify three differences between external stressors, counter-transference and secondary trauma as it relates to clinical competence.
- 8.) Identify three to five primary new diagnoses in Law & Ethics updates.

This two-day, in-depth training combines lecture, large and small group discussion, role plays and self-reflection. Dr. Bennett will facilitate the 15 hours during which participants will examine the Board of Behavioral Sciences rules and regulations, evaluate on-line and film examples of therapy and supervision, explore their own experiences and discuss what traits make an exceptional clinical supervisor. The second day will involve lecture, large and small group discussion and self-reflection regarding Secondary Trauma. Students will participate in exercises to determine their own obstacles as well as possible supervisees' experiences with trauma. Diagnoses of childhood, adolescents, and adults will be presented as Law & Ethics updates. There will be time for case consultation throughout the two days. ***Please register for both days of the course***

**Please note: There will be a 30-minute lunch.*

Audience: Alameda County Behavioral Health (ACBH) clinical staff and contracted CBO providers are welcome. Capacity is limited. Open until filled.

Lisa Cohen-Bennett, PhD. has been training Foster Parents, Probation Officers, Psychiatrists, Psychologists, Social Workers, Teachers and Group Home Staff around the country and in the San Francisco Bay Area for twenty years. She has worked in a variety of settings with Severely Emotionally Disturbed Youth and Families including Residential Treatment, Hospital, Juvenile Hall, Runaway Shelter and County Mental Health for over thirty years. Dr. Bennett also currently has a private practice in Lafayette, CA where she specializes in trauma.



Wednesday, May 5th & Thursday, May 6th, 2021

9:00am-5:30pm | Registration at 8:45am

Online Course | Zoom link sent 2 days before course

15 CEUs available for Masters and Doctorate level professionals

TO REGISTER:

Click below to sign up & register:

Day one: <https://training.abetterwayinc.net/courses/2165>

Private code: **ejdyre**

Day two: <https://training.abetterwayinc.net/courses/2166>

Private code: **eg4aal**

A Better Way is approved by the California Association of Marriage and Family Therapists (CAMFT) to sponsor Continuing Education for LCSW, LMFT, LPCC, LEP (62361), and the California Psychological Association (CPA) to sponsor Continuing Education for PhD, PsyD (ABE010). The California Board of Behavioral Sciences (BBS) recognizes CAMFT and CPA Continuing Education credit for license renewal. A Better Way maintains responsibility for this program and its content. Attendees must attend entire course for CE credit.

For accommodations or Grievances, contact: Trainings@abetterwayinc.net | (510) 913-1326