

Linguistically Responsive & Trauma Informed Principles and Interventions for Spanish Speaking Clients *Presented in Spanish*

With Jeanette Lopez-Urbina, LCSW

A FREE training presented by Alameda County Behavioral Health and A Better Way

Course Objectives

- 1.) Identify, at least 3, culturally responsive approaches and interventions that support Spanish Speaking LatinX clients.
- 2.) Identify, at least 3, trauma informed approaches and interventions that support Spanish Speaking LatinX clients.
- 3.) Practice bilingual skills in applying learned approaches and interventions to clients.
- 4.) Review, at least 5 common challenges experienced when providing therapeutic services to Spanish-Speaking clients.

TRAINING WILL BE PRESENTED IN SPANISH Working with Spanish Speaking clients in service delivery can present unique challenges, including addressing complex challenges related to immigration trauma that many families have experienced. Youth and families served by community-based agencies usually seek out services to address a multitude of needs, such as symptoms and behaviors stemming from trauma, but also other psychological and socio-political challenges. Therefore, providers that serve this population often feel "stretched" in trying to meet the needs of the families as well as work towards engaging families in a way that feels linguistically and culturally appropriate. Therefore, this training will support bilingual Spanish-speaking providers in practicing their bilingualism when providing services to this population, especially in the area of trauma informed principles, as well as support in building on their culturally responsive interventions.

Audience: Alameda County Behavioral Health (ACBH) clinical staff and contracted CBO providers are welcome. Capacity is limited. Open until filled.

Jeanette Lopez-Urbina, LCSW has worked in the mental health/social services field for over 18 years. She has worked in various settings in Northern and Southern California, including residential and community-based services, through services such as Wraparound, therapy and violence prevention work. Jeanette is a bilingual Salvadoran-American professional who enjoys practicing from a social justice, relational, and psychodynamic approach. She currently holds a Private Practice in Berkeley.



Wednesday, December 15th, 2021

10am-1:00pm | Registration at 9:45am

Online Course | Zoom link sent 2 days before course

3 CEs available for Masters and Doctorate level professionals

TO REGISTER

Click below to sign up & register:

<https://training.abetterwayinc.net/courses/2757>

Private code: **ebg4yl (translated: ebg4y-elle)**

A Better Way is approved by the California Association of Marriage and Family Therapists (CAMFT) to sponsor Continuing Education for LCSW, LMFT, LPCC, LEP (62361), and the California Psychological Association (CPA) to sponsor Continuing Education for PhD, PsyD (ABE010). The California Board of Behavioral Sciences (BBS) recognizes CAMFT and CPA Continuing Education credit for license renewal. A Better Way maintains responsibility for this program and its content. Attendees must attend entire course for CE credit.

For accommodations or Grievances, contact: Trainings@abetterwayinc.net | (510) 913-1326