

Motivational Interviewing Practice Workshop - Evoking Change Talk in Clients with Tobacco Dependence

Friday October 22nd, 2021, 9am-1:00pm

Trainer: Denise Jolicoeur, MPH, CH

Description: Participants will practice MI Skills to help clients increase their expressions of reasons to change and move away from ambivalence about changing. This workshop is designed for the practitioner with prior training in Motivational Interviewing. Participants will be familiar with the Processes, Spirit and Micro-skills of Motivational Interviewing.

Who Should Attend: AOD Counselors, mental health and primary care providers, Health Educators, Community Cessation Facilitators, Case Managers, Home Health Care Workers, Nurses and other healthcare providers.

Learning Objectives - at the end of the training, participants will be able to:

1. Describe the four (4) key characteristics of motivational interviewing spirit.
2. Define the five (5) categories of preparatory change talk.
3. Trainees will use at least two complex reflections to elicit change talk in role-plays during the training.
4. List at least one (1) new strategy for working effectively with clients.

Registration essential, deadline 5pm Thursday October 21, 2021

Zoom link sent upon registration • [Registration is limited to 50 participants](#)

Register online: <https://www.eventbrite.com/e/motivational-interviewing-practice-workshop-evoking-change-talk-virtual-tickets-145906729957>

Questions? Contact Linda Nguyen lnguyen@lifelongmedical.org

This free training is sponsored by the Alameda County Public Health Department in contract with LifeLong Medical Care Tobacco Treatment Program, located EBCRP. CE credit is being provided by Alameda County Behavioral Health. For reasonable accommodation or to file a grievance, contact: lnguyen@lifelongmedical.org

To complete an ACBH sponsored virtual training, attendees must achieve a score of at least 70% on the post-test(s).

*Continuing Education (CE) credit is only provided for County and ACBH contracted Provider staff. This course is **pending approval** for 3.5 hours of CE credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences; Alameda County Behavioral Health Care Services (ACBHCS) is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749; for Addiction Professionals by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP_EI), Provider No. 4C-04-604-0622; for RNs by the California Board of Registered Nurses, BRN Provider No. 12040; and for Psychologists as an approved provider by the California Psychological Assoc., Provider No. ALA006. ACBHCS maintains responsibility for this program/course and its content. Please note: to receive CE credit, it is the participant's responsibility to attend the full training, sign in and out, achieve a score of at least 70% on the post-test(s), and complete the evaluation. No partial credit can be given. CE Certificates will be emailed to qualifying participants within 30 days of the training.*

