

# Harm Reduction in the Time of Covid-19 for Professionals Working within Behavioral Health Settings

With Micah Hobbes Frazier

A FREE training presented by Alameda County Behavioral Health and A Better Way

## Course Objectives

- 1.) Describe 3-4 types of harm related to COVID-19 that clients may be facing right now.
- 2.) Distinguish between potential and actual harms when working with clients.
- 3.) Implement 3-4 harm reduction based intervention strategies that effectively support clients.
- 4.) Utilize 2-3 tools to assess risk and/or harm that clients are currently navigating.

In this time of the global Covid-19 pandemic, Harm Reduction once again offers us critical practical tools and strategies to assess, navigate, and reduce risks associated with the virus, while supporting overall health and well-being. Although typically used in relation to drug related harm, Harm Reduction is universal in that it provides tools, principles, practices, and strategies that can be implemented to also effectively address harms that are not directly related to drug use. Thus Harm Reduction is a perfect framework to use as we navigate the ongoing uncertainties, changes, and risks during this time. Course participants spend the day primarily focused on learning and then practicing concrete and useful tools/strategies for assessment and intervention of virus related risk. However, we will also ground in the core pillars and principles so that our work will be guided by and deeply rooted in Harm Reduction values. The goal is for participants to leave the day being able to put Harm Reduction based tools and strategies into action in their work in whatever ways are most meaningful and relevant at this time.

**Audience:** Alameda County Behavioral Health (ACBH) clinical staff and contracted CBO providers are welcome. Capacity is limited. Open until filled.

**Micah Hobbes Frazier** is a Black queer mixed-gendered facilitator, somatic coach/healer, and magic maker; living, loving, laughing, and building in Tulum, Mexico. Micah facilitates spaces for individuals and organizations engaged in transformative work to address conflict and harm/violence, work through trauma and grief/loss, and create sustainable culture and practices that are aligned with their principles, mission, and vision. His work identifies and names the long term impacts of trauma and oppression, increases compassion for the different ways in which people survive/heal, and creates effective strategies for working with and transforming trauma. Micah is deeply grounded in Harm Reduction, Transformative Justice and Healing Justice principles/practice, and his work is heavily informed by the many years he spent working, training, and organizing with generationFIVE, The Harm Reduction Coalition, and Generative Somatics.



**Thursday, September 17th, 2020**

9:15am-4:30pm | Registration at 8:45am

Online Course | Zoom link sent 2 days before course

5.5 CEs available for Masters and Doctorate level professionals

### TO REGISTER

Click below to sign up & register:

<https://training.abetterwayinc.info/courses/1771>

Private code: e2jwbe

A Better Way is approved by the California Association of Marriage and Family Therapists (CAMFT) to sponsor Continuing Education for LCSW, LMFT, LPCC, LEP (62361), and the California Psychological Association (CPA) to sponsor Continuing Education for PhD, PsyD (ABE010). The California Board of Behavioral Sciences (BBS) recognizes CAMFT and CPA Continuing Education credit for license renewal. A Better Way maintains responsibility for this program and its content. Attendees must attend entire course for CE credit.

For accommodations or Grievances, contact: [Trainings@abetterwayinc.net](mailto:Trainings@abetterwayinc.net) | (510) 913-1326