

Presented by

SENECA FAMILY OF AGENCIES in partnership with
ALAMEDA COUNTY BEHAVIORAL HEALTH

Starting the Conversation: How to Speak With Families About the Effects of Trauma on Childhood Development and Family Systems

WHEN:

Date: April, 16th 2020
Time: 8:30 AM - 4:00 PM

LOCATION:

ONLINE: "Go to Meeting"
Link Provided Below

INTENDED FOR:

Spanish-speaking Contracted
Alameda County Behavioral
Health Social Work, Mental
Health Staff, and Providers

About the Course

This training will be taught in Spanish.

Part 1: Trauma and its effects on child development

This portion of the training will focus on how to recognize signs of trauma/traumatic stress in children, the physiological and emotional/behavioral impacts of trauma on child development, and how to talk to families about the effects of trauma/violence on child development. We will also consider how sociopolitical factors surrounding families contribute to their experience of and ability to recover from experiences of trauma.

Part 2: Family Therapy techniques

The second half of the training will review basic principles in family systems theory, how to build rapport and balancing needs of multiple family members in session, and specific interventions/family therapy techniques. As will be touched on in part 1 we will also discuss how the larger systems surrounding the family effect their daily functioning and relationships, and

Educational Objectives

- Obtain a working knowledge of trauma/traumatic stress and how to identify it.
- Be equipped as service providers with language and strategies around how to speak to families about trauma and its effect on relationships.
- Be able to provide basic understanding of the principles of systems work.

About the Presenter

Elaine Tannous is a Licensed Marriage and Family Therapist and Postgraduate Fellow with the UCSF Child Trauma Research Program. In her current placement with UCSF, Elaine provides Child-Parent Psychotherapy (CPP) at Canal Alliance, *a nonprofit champion of immigrants who are challenged by a lack of resources and an unfamiliar environment*, located in San Rafael. Child Parent Psychotherapy is an evidence-based, relationship-focused, caregiver-child intervention, for families who have experienced adversity and trauma and who have a child between the ages of 0 to 6 years old. At Canal Alliance, Elaine provides CPP in Spanish to immigrant and refugee families from Latin America. Previous to her role at Canal Alliance, Elaine has worked in various locations throughout the Bay Area such as Compass Family Services and North Marin Community Services, providing trauma-informed therapy in English and Spanish to individual adults, adolescents, couples, and families from underprivileged communities.

Starting the Conversation: How To Speak With Families About the Effects of Trauma

Thu, Apr 16, 2020 8:30 AM - 4:00 PM (PDT)

Preregistration is required.

Link will be open at 8:00 AM to take attendance.

Please join my meeting from your computer, tablet or smartphone.

<https://global.gotomeeting.com/join/562637381>

New to GoToMeeting? Get the app now and be ready when your first meeting starts:

<https://global.gotomeeting.com/install/562637381>

Register here: <http://alameda.netkeepers.com>

Registration assistance: training.unit@acgov.org

If you must cancel enrollment, please do so at least 72 hours in advance of the training.

To request accommodation or to file a grievance about an ACBH sponsored training, go to: <http://www.acbhcs.org/training-calendar>