

*Alameda County Behavioral Health is pleased to offer a FREE training:*

# *Suicide Assessment and Intervention*

*(half-day Youth Focused)*



**Wednesday, March 11, 2020**

**11:45am – 3:00pm**

(Sign in begins at 11:30am; Training starts promptly at 11:45am)

Location: Family Resource Center, Millennium Room  
39155 Liberty Street, Building ABCD, Suite A-120  
Fremont, CA 94538

**Audience:** The training is for mental health professionals or anyone in a position to work with youth experiencing a suicidal crisis. This training is reserved for Alameda County Behavioral Health and Provider Staff (County units and contracted community-based organizations).

**Trainer(s):** Cris Rita, MA, LMFT, Community Education Coordinator and Instructor at Crisis Support Services of Alameda County. Cris has developed trainings and presented on a number of topics related to Suicide Assessment and Intervention since 2004.

**Description:** The workshop uses a combination of teaching methods, including didactic work, lecture, and discussion. Participants will be encouraged to explore their own feelings toward suicide and suicidal clients. It will address common myths and perceptions about suicidal behavior. The workshop will cover suicide statistics, trauma, and suicide theory with an emphasis on Thomas Joiner's model: The Interpersonal Theory of Suicide. Risk factors, warning signs, and protective factors will be introduced for adult populations. Participants will learn methods of suicide risk assessment and will be introduced to screening tools that aid in determining risk. Emphasis will be placed on how to talk about and ask about suicide with a client.

### **Learning Objectives – Participants will:**

1. Develop competence in speaking about suicide to potential suicidal clients by being able to ask five basic questions to determine suicidality.
2. Recognize when a client may be at risk for suicide by being able to identify five risk factors, three warning signs, and two protective factors.
3. Learn the six necessary steps in developing a safety plan for clients at risk for suicide.
4. Identify the five high risk groups for suicide and why they are considered high risk.

*If you have a reasonable accommodation request, or grievance regarding a BHCS training, please email or call the Training Contact listed on this flyer, and cc the Training Unit.*

*CE Certificates will be emailed to qualifying training participants via email within 30 days after the training*

### **REGISTRATION:**

Registration required, open until filled. Please register at: <http://alameda.netkeepers.com>

For registration help contact:

[Training.Unit@acgov.org](mailto:Training.Unit@acgov.org)

Ph: 510-567-8113

*When emailing, include training Date and Title in Subject Line.*

For other information about this training contact:

[Lori.Delay@acgov.org](mailto:Lori.Delay@acgov.org)

### **Continuing Education:**

*This course meets the qualifications for 3 hours of continuing education credit for RNs by the California Board of Registered Nurses, BRN Provider No. 12040; for **Addiction Professionals** by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP\_EI), Provider No. 4C-04-604-0620; for **LMFTs, LCSWs, LPCCs, and/or LEPs** as required by the California Board of Behavioral Sciences; ACBH is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749; and for **Psychologists** as an approved provider by the California Psychological Assoc., Provider No. ALA006. ACBHCS maintains responsibility for this program/course and its content. **Please note:** in order to receive CE credit, it is the participant's responsibility to attend the full training, sign in, sign out, and turn in a completed evaluation.*

