

Alameda County Behavioral Health is pleased to offer a **FREE** training:



alameda county
behavioral health
MENTAL HEALTH & SUBSTANCE USE SERVICES

Suicide Assessment and Intervention – Adult Focus (6 CEs)

Tuesday, October 27th, 2020 (Part 1)

AND

Thursday, October 29th, 2020 (Part 2)

9:00 - 12:30pm (both days)

Must attend both days to complete the training

Location: Online via Zoom webinar

Audience: The training is for mental health professionals or anyone in a position to work with adult consumers experiencing a suicidal crisis. This training is reserved for Alameda County Behavioral Health and Provider Staff (*County units and contracted community-based organizations*).

Trainer(s): Cris Rita, MA, Community Education Coordinator and Instructor at Crisis Support Services of Alameda County. Cris has developed trainings and presented on a number of topics related to Suicide Assessment and Intervention since 2004.

Description: The workshop uses a combination of teaching methods, including didactic work, lecture, and discussion. Participants will be encouraged to explore their own feelings toward suicide and suicidal clients. It will address common myths and perceptions about suicidal behavior. The workshop will cover suicide statistics, trauma, and suicide theory with an emphasis on Thomas Joiner's model: The Interpersonal Theory of Suicide. Risk factors, warning signs, and protective factors will be introduced for adult populations. Participants will learn methods of suicide risk assessment and will be introduced to screening tools that aid in determining risk. Emphasis will be placed on how to talk about and ask about suicide with a client.

Learning Objectives – at the end of the training, participants will be able to:

1. Demonstrate competence in speaking about suicide to potential suicidal clients by being able to ask five basic questions to determine suicidality.
2. Demonstrate how to determine suicide risk for adults by being able to identify five risk factors, three of the most common warning signs, and two protective factors.
3. Identify the four domains of suicide risk assessment.
4. Discuss risk assessment tools used in behavioral health care settings and why they can be helpful to clinicians.
5. Demonstrate competence in using lethal means counseling with at risk individuals.
6. Apply techniques used to conduct a thorough risk assessment.
7. Demonstrate competence in use of Safety Planning to reduce suicide risk and be able to list the six necessary steps in developing the safety plan.

If you have a reasonable accommodation request, or grievance regarding an ACBH training, please email or call the Training Unit at Training.Unit@acgov.org, 510-567-8113.

REGISTRATION:

Registration required, open until filled. **Register [Here](#)**

Webinar ID: 734-248-147

For registration help contact:

Training.Unit@acgov.org

When emailing, include training Date and Title in Subject Line.

For questions, contact:

Lori DeLay, Training Officer, at

lori.delay@acgov.org,

510-567-8112

Continuing Education:

*This 2 session course meets the qualifications for **6** hours of continuing education credit for **RNs** by the California Board of Registered Nurses, BRN Provider No. 12040; for **Addiction Professionals** by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP_EI), Provider No. 4C-04-604-0622; for **LMFTs, LCSWs, LPCCs, and/or LEPs** as required by the California Board of Behavioral Sciences; ACBHCS is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749; and for **Psychologists** as an approved provider by the California Psychological Assoc., Provider No. ALA006. ACBHCS maintains responsibility for this program/course and its content. Please note: in order to receive CE credit, it is the participant's responsibility to attend the full training, sign in, sign out, and turn in a completed post-test and evaluation.*

CE Certificates will be emailed to qualifying training participants within 30 days after the training.