



Sally's Place

PEER RESPITE HOME

What is Peer Respite?

Peer Respite is a voluntary, short-term program that provides non-clinical crisis support to help people find new understanding and ways to move forward with their recovery.

It operates 24 hours per day in a homelike environment.

Eligible Individuals:

- Are 18 years of age or older,
- Are experiencing mental health concerns or distress,
- Have an identified place to stay in Alameda County at the time of intake (which could include a shelter),
- Are able to manage medical needs independently,
- Voluntarily agree to engage in services

What to expect

- Guests receive support from compassionate peer staff
- Guests can stay for up to 14 days



Contact: sallysplace@lafamiliacounseling.org - (510) 963-9849

Website: lafamiliacounseling.org

Sally's Place is named for Sally Zinman, a pioneer of the peer-led services movement. Her pivotal work spanning more than 40 years has been an inspiration to consumers and providers alike. Our systems are immeasurably better as a result of her advocacy and legacy.

**An alternative to
traditional
psychiatric crisis
care**

***"Nothing About Us
Without Us"***

**Care is coordinated by
trained responsive
staff with lived
experience**

**Opening
01/21/2019**

In partnership with:

