

Presented by

SENECA FAMILY OF AGENCIES in partnership with
ALAMEDA COUNTY BEHAVIORAL HEALTH

Introduction to Motivational Interviewing (2-Day)

12 Continuing Education Credits

WHEN:	LOCATION:	INTENDED FOR:
Dates: Jan. 29 & 30, 2019 Times: 9:00 AM - 4:30 PM	Holy Redeemer Center Assembly Hall 8945 Golf Links Road Oakland, CA 94605	Social Work and Mental Health Providers Contracted with Alameda County Behavioral Health

About the Course

Motivational Interviewing is a client-centered, disciplined method for enhancing intrinsic motivation to change by exploring and resolving ambivalence. The goal of this training will be to build skills around engagement using the tenants and techniques of Motivational Interviewing. This training is highly interactive and requires participation.

There will be two 15 minute breaks and a one hour break for lunch each day, during which continuing education credit is not accrued.

**Due to the location of this training (away from shops), we recommend that participants bring their lunch. Light snacks will be provided.*

Educational Objectives

- Identify each of the MI principles in the acronym DEARS
- Identify each of the MI skills in the acronym OARS
- Consider systemic oppression and articulate how it intersects with ambivalence
- Identify different types of reflective statements (simple reflection, reflection of feeling, double-sided-reflection)
- Identify 2 common roadblocks to listening
- Recognize "resistance" and identify 2 strategies to "roll with resistance"
- Identify and practice the concept of Summarizing
- Identify and practice the concept of Eliciting Change Talk

About the Presenters

MELANIE FERRER-VAUGHN, MSW is currently a Program Manager/ Outreach Specialist for Seneca Washington's CSEC Outreach Program, specifically geared to outreach to schools, community-based organizations, health care agencies and faith based organizations to help staff build capacity to identify and engage youth who are at-risk of exploitation or being commercially sexually exploited. She is a firm believer in motivational interviewing as a way of *being with clients*; by creating safe spaces, and holding compassionate and supportive environments for people to strengthen their self-efficacy and motivation.

JESSE WILTEY, ASW started with Seneca Family of Agencies in 2011 as a Mental Health Counselor within our school-based program MAC SELPA. He is now a Classroom Therapist at Mt. Eden High School in Hayward, CA, which is also his alma mater. Jesse attended his undergraduate education at UC Berkeley. After volunteering for the Alameda Crisis Support Services on their suicide hotline, Jesse became passionate about supporting his community through providing mental health services. Jesse received his Masters of Social Work from Boston College, with a clinical emphasis in serving children, youth and families.

Continuing Education Credits

****Registrants are responsible for reading the following information****
Training meets the qualifications for 12 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. Seneca Family of Agencies is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs.
Provided by Seneca Family of Agencies, Provider #135057.

CERTIFICATES Certificates of completion will not be provided if more than 15 minutes of content is missed by participant. If participants complete all criteria required for a certificate, certificates will be provided within two weeks of the training. For assistance, contact Seneca Institute for Advanced Practice at (510) 654-4004 or certificates@senecacenter.org

To Register: <http://alameda.netkeepers.com>

Registration assistance: training.unit@acgov.org, (510) 567- 8113

If you must cancel enrollment, please do so at least 72 hours in advance of the training.

To request accommodation or to file a grievance about an ACBH sponsored training, go to: <http://www.acbhcs.org/training-calendar>

This training is free for Social Work and Mental Health Providers contracted with Alameda County Behavioral Health.

