

In partnership with ACBH's Office of Ethnic Services,
Please join the Filipino Mental Health Initiative Events Work Group in celebrating
October as Filipino American History Month



You are invited to ACBH's
Filipino American History Month's Merienda* Hour

**Merienda in the Philippines is traditionally a late afternoon "tea-time"
where the community comes together to chat and share food.*

Wednesday, October 23

2-3:30pm

2000 Embarcadero, 4th Floor

Gail Steele Room

This event is open to HCSA employees, the ACBH provider community, and the general public.

Please obtain your supervisor's approval in advance of attending this event.

We will be sharing a presentation on AC Filipino Mental Health and artifacts from the Filipino culture. There will also be some Filipino treats to enjoy.

For more information and/or to volunteer, please contact Cheryl.Narvaez@acgov.org.

While Filipino Americans are the second largest Asian American ethnic group (comprising about 1 out of every 5 Asian Americans), the contributions are still forgotten in many ways. Filipino American History month has been celebrated every year since 1988; it has been recognized by President Obama and Congress. The month commemorates the many ways that Filipino Americans have contributed significantly to American History — from serving in World War II to strengthening our labor movement.

Summarized from: [Why we celebrate Filipino American History Month](#), Huffington Post

