



**Presented By:
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**TUESDAY
March 26th, 2019
9:00am - 4:30pm
Executive Inn & Suites
Hotel
1755 Embarcadero
Oakland, CA**

Cultural skill: A Component of Cultural Competence in the Delivery of Mental Health Services

"What does it mean to be a culturally competent mental healthcare professional?" Despite the development of several models of service delivery to meet the challenges of caring for culturally and ethnically diverse clients, mental healthcare professionals have not come to a consensus on this vexing question. In this workshop, Dr. Campinha-Bacote will address this question by examining one of the 5 components of her practice model of cultural competence, The Process of Cultural Competence in the Delivery of Healthcare Services. Dr. Campinha-Bacote will discuss clinical application of the model's construct of cultural skill - the ability to conduct a cultural assessment. It is the intent of this workshop to provide mental healthcare professionals with a framework and knowledge for conducting a culturally sensitive cultural assessment. In addition, this workshop will include a working session to allow participants an opportunity to develop their own unique cultural assessment tool in order to continue their journey towards cultural competence in the delivery of mental health services.

By the completion of this workshop the learner will be able to:

- 1. Discuss the 5 components of cultural competence**
- 2. Define cultural skill**
- 3. Identify three cultural assessment tools**
- 4. Describe the spiritual, pharmacological, and physical components of a cultural assessment**
- 5. Generate a cultural assessment tool**