

Presented by

**SENECA FAMILY OF AGENCIES in partnership with  
ALAMEDA COUNTY BEHAVIORAL HEALTH**

**Conscious Nonviolent Parenting: Strengthening Empathy and Resiliency in a Complex Culturally Pluralistic Society - with Heightened Focus on African Ancestred Families (2-Day) - 13 CE CREDITS**

**WHEN:**

**Date: Sept. 12 & 13, 2019**  
**Time: 9:00 AM-5:00 PM**

**LOCATION:**

**500 Davis St., Suite 120**  
**Conference Rooms A & B**  
**San Leandro, CA**

**INTENDED FOR:**

**Alameda County Behavioral Health staff and Contracted Provider staff**

**About the Course**

If we wish to produce future generations of compassionate, resilient children fluent in capacious thinking and intercommunity cooperation, then, we must rear them in ever-connecting relationships of dignity. This two-day training addresses conscious parenting--parenting with psychosocial and emotional awareness-- within specific populations marginalized by co-occurring interpersonal and socio-historic trauma, and highlights the hope for building on strengths, and deconstructing damaging familial patterns. In addition to delineating the impact of social inequities on parenting, the training also illumines nonviolent communication, new ways of thinking and being in shared power dynamics, and notions of social justice within childrearing. Training methodology includes: lecture, demonstration, individual and group activities, self-reflection and dialogue.

*Full time of training, per day: 9:00 AM-5:00 PM, 8 hours*  
*Instructional time: 6.5 hours*

**Educational Objectives**

Participants will:

- Be able to articulate the interface of culture, parenting styles, and notions of violence.
- Through analysis of the impact of compound cultural inequalities on parenting, be able to name two common outcomes
- Understand concepts of inclusivity and humility in a pluralistic society, and give two examples of each
- Learn about and enact means to stimulate intellectual development across cultural learning styles
- Be able to identify and articulate at least two indicators of resiliency and well-being.
- Experience solo and shared activities examining self as practitioner of hope, and share three qualities that make that possible.
- Learn about and name at least two elements of nonviolent communication.
- Articulate how to recognize and share applicability of tools to her/his work, community, school and/or personal lives.

**About the Presenter**

Yasmin Sayyed, Ed.D., was born in New York City of Cape Verdean and Caribbean heritage. She has an undergraduate degree in art and foreign language with a minor in ethnic studies; graduate degrees and postgraduate training in art, psychology and art therapy, and a doctorate in International and Multicultural Education, with a specialization in intrapsychic and socio-historic trauma. Yasmin has studied art, culture, and familial structures in Africa, the Caribbean, and the US, and notes the impact of marginalization and trauma on both the psyche and traditional child rearing practices. She has designed and facilitated culturally responsive curriculum for UCSF/MZH's - Violence Prevention Project for mandated and non-mandated parents. She is a seasoned trainer at the state, county, CBO, and private sector realm, and at college/university level, has taught art, art history and issues of race, class, and gender. Yasmin is also an artist and writer.

**Continuing Education Credits**

**\*\*Registrants are responsible for reading the following information\*\***

This TWO DAY training meets the qualifications for 13 hours of continuing education credit for **LMFTs, LCSWs, LPCCs, and/or LEPs** as required by the California Board of Behavioral Sciences. Seneca Family of Agencies is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs. Provided by Seneca Family of Agencies, Provider #135057.

Course also meets qualifications for 13 continuing education credits for **Psychologists**, provided by Alameda County Behavioral Health. ACBH is an approved provider by the California Psychological Assoc., Provider No. ALA006. ACBH maintains responsibility for this program/course and its content, as it relates to psychologist's CE credit.

**CERTIFICATES:** CE Certificates will not be provided if more than 15 minutes of content is missed by participant (no partial credit can be given). If participants complete all criteria required for a certificate, one will be provided within two weeks of the training. For assistance, contact Seneca Institute for Advanced Practice at (510) 654-4004 or

**Register here:** <http://alameda.netkeepers.com>

**Registration assistance:** [training.unit@acgov.org](mailto:training.unit@acgov.org)

If you must cancel enrollment, please do so at least 72 hours in advance of the training.

To request accommodation or to file a grievance about an ACBH sponsored training, go to: <http://www.acbhcs.org/training-calendar>