

Alameda County Behavioral Health is pleased to offer a **FREE** training:

Trauma Informed Systems 101



Save the Dates:

(Registration will open four weeks prior to training date and will be announced at www.acbhcs.org/training-calendar/)

2019

Thursday, November 7, 2019, 1:00-4:30 PM, Dublin

Friday, November 15, 2019, 9:00 AM-1:30 PM, Hayward

Thursday, December 5, 2019, 1:00-4:30 PM, Oakland

2020

Thursday, January 9, 2020, 1:00-4:30 PM, Oakland

Wednesday, January 15, 2020, 12:30-4:30 PM, Hayward

Audience: The training is for all levels of Alameda County Behavioral Health and contracted Provider staff.

Description: The TIS 101 is a basic 3.5 hour training to understand how trauma and stress impacts developing bodies and brains, communities, organizations and systems. The goal of this training is to bring a cross-section of our workforce together (administrative supports, clinical and non-clinical staff, leadership, etc.) to develop shared language and understanding of what it means to be a trauma-informed organization and apply common practices to help our communities heal.

Learning Objectives – By the end of the training, participants will be able to:

1. List three (3) effects of trauma on our brains and bodies;
2. Identify the core principles of trauma-informed care and at least one (1) way to apply these principles to practices;
3. Describe three (3) strategies to develop organizational resilience and trauma-informed responses;
4. Explain two (2) impacts of organizational trauma on the ways we function as organizations and individuals; and
5. Apply self- and co-regulation strategies and tools to use in practice settings.

If you have a reasonable accommodation request, or grievance regarding an ACBH training, please email Training.Unit@acgov.org or call 510-567-8113.

REGISTRATION:

TBA

Registration will open four weeks prior to training date.

For the announcement

Go to:

www.acbhcs.org/training-calendar/

For other information about this training, contact:

Lori.DeLay@acgov.org

Continuing Education:

*This course meets the qualifications for **3** hours of continuing education credit for **RNs** by the California Board of Registered Nurses, BRN Provider No. 12040; for **Addiction Professionals** by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP_EI), Provider No. 4C-04-604-0620; for **LMFTs, LCSWs, LPCCs, and/or LEPs** as required by the California Board of Behavioral Sciences; Alameda County Behavioral Health Care Services (ACBHCS) is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749. ACBHCS maintains responsibility for this program/course and its content. Please note: in order to receive CE credit, you must attend the full training and complete an evaluation.*

CE Certificates will be emailed to qualifying training participants via email within 30 days after the training.