

Alameda County Behavioral Health offers a FREE Training Opportunity:

“Asset-based Approaches to Working with Latinx Communities: Creating Shared Language and Understanding on the Road to Racial & Social Equity”

October 17, 2019 ♦ 9:00 AM – 3:00 PM ♦ 1900 Embarcadero Cove, Ste 101
Brooklyn Basin Room, Oakland, CA 94606

Facilitated by:



Martha Ramos Duffer, Psy.D.
&
Lorenzo Herrera y Lozano

Martha Ramos Duffer, Psy.D. is a licensed clinical psychologist, motivational speaker, trainer and consultant based in Austin, Texas.

Dr. Ramos Duffer was born in Mexico City and grew up in Puerto Rico. After earning her doctorate degree in Clinical Psychology from Baylor University in 1994, she taught undergraduate and graduate psychology courses as an adjunct professor at Texas A&M University Corpus Christi... [Read more](#)

Lorenzo Herrera y Lozano is a writer, editor, and consultant based in San Francisco, California.

Lorenzo was born in San José, California, raised in rural northern Mexico, and received much of his academic, literary, and community-based training in Austin and San Antonio, Texas. A first-generation college student, he received his undergraduate degree in Translation & Interpretation Studies in English... [Read more](#)

Training Description:

Latinx communities have rich histories and strengths that foster resilience and possibilities for flourishing. Latinx communities in Alameda County are also grappling with rapid changes fueled by economic and political forces. We know that the needs of people and communities vary based on their own identities and experiences, as well as how systems and institutions perceive and relate to them.

During this training, we will work with two concepts that can help us become aware of the complexities faced by individuals and their communities: *Intersectionality* and *Layering of Trauma*. By applying an *intersectional* lens, we can better understand ways in which a Latinx person's needs and the solutions may be identified.

Upon completion of this workshop, learners will be able to:

1. Articulate an understanding of systemic inequities and the particular ways they create challenges for Latinx communities, with attention to data on Latinx communities in Alameda County.
2. Recognize and identify strategies to address systemic barriers experienced by Latinx communities.
3. Develop an understanding of cultural norms and how they may inform and impede their ability to provide the best service communities need.
4. Cultivate and/or improve wellness skills, strategies, and concepts (such as Posttraumatic Growth) to help prevent, assess, and address secondary and vicarious traumas.

Please self-register at: <http://alameda.netkeepers.com>

For REGISTRATION contact:

Office of Ethnic Services
Javarré Wilson, Ethnic Services Manager
OfficeOfEthnicServices@acgov.org
(510) 777-2118

For CEU information contact:

ONTRACK Program Resources
Ann Kawasaki, Admin. Coordinator
support@ontrackconsulting.org
(916) 285-1810

CEU information: This course has been approved by ONTRACK Program Resources, Inc., as a NAADAC Approved Education Provider, for [5.5] CE(s). NAADAC Provider #123232, ONTRACK Program Resources, Inc. is responsible for all aspects of its programing.

Do you have a reasonable accommodation request or grievance regarding an ACBH training? Go to: <http://www.acbhcs.org/training>

Training presented by ONTRACK Program Resources, with funding from Alameda County Behavioral Health.

