

**The CLAS TRAINING FOR AFGHAN COMMUNITY SPONSORED AND CERTIFIED BY:
Alameda County Behavioral Health Care Services
Office of Ethnic Services**

“Caught in the Crossfire of Cultures”



Presenter: Dr. Khalil Rahmany, Ph.D, Founder - APAA Clinical Treatment of High Risk Afghan Population

This is a workshop focused on the psychological problems of the Afghan population residing in Alameda County. The training is designed to help clinicians and professional entities working with the Afghan population to understand the various mental health challenges the Afghan refugees are experiencing. Lunch is provided. Participants will be able to:

- ❖ Learn Community Myths and Barriers and Offer Solution
- ❖ Learn Risk Factors and Practice Based Evidence to address challenges facing Afghan community
- ❖ Gain culturally responsive clinical skills
- ❖ Enhance their clinical/professional interventions
- ❖ Improve their rapport with the Afghan clients
- ❖ Understand barriers that inhibit help seeking patterns in the community (e.g., stigma)
- ❖ Understand generational gap and relevant family dysfunction
- ❖ Promote/implement culturally sensitive techniques

<u>Mental Health Issues and Relevant Challenges</u>	<u>Fri., May 18, 2018, 11am – 4pm</u>	<u>Millennium Room, Fremont</u>
<u>or</u>		
<u>Gender Role Issues within the Dynamics of Culture</u>	<u>Wed., May 23, 2018, 11am – 4pm</u>	<u>Millennium Room, Fremont</u>
<u>or</u>		
<u>Gender Role Issues within the Dynamics of Culture</u>	<u>Fri., May 25, 2018, 11am – 4pm</u>	<u>Gail Steele Room, BHCS Oakland</u>

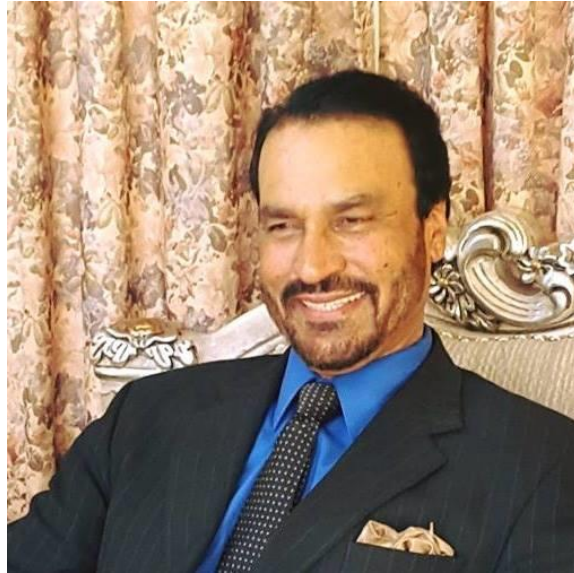
Please Register Online at: <http://alameda.netkeepers.com>

For Registration help contact Stephanie Cardenas at BHCS: Training.Unit@acgov.org, or ph: 510-567-8113

For questions about the class contact: Office of Ethnic Services, Deante.Young@acgov.org, or 510-383-1704

Continuing Education Credit: This course meets the qualifications for ____ hours of continuing education credit for RNs by the California Board of Registered Nurses, BRN Provider No. 12040; and for California Foundation for Advancement of Addiction Professionals (CFAAP), Provider No. 4C-04-604-0618; LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. Alameda County Behavioral Health Care Services (ACBHCS) is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for the target audience of this training. ACBHCS is approved by the California Psychological Association to provide continuing professional education for Psychologists. ACBHCS maintains responsibility for this program and its content.

About the Presenter:



Dr. Khalil Rahmany, M.A., Ph.D.

Dr. Rahmany is a Clinical Psychologist and completed his master's degree and doctorate in Clinical Psychology at John F. Kennedy University and Rosebridge/Argosy University and has taught at John F. Kennedy University, Alliant International University and Chabot College. He has completed his doctoral dissertation on the psychological adjustment of the Afghan refugees in the United States. He is the author of "*Where the Bear met the Lion*" and has written extensively on refugees' struggle in their host country.

Dr. Rahmany has had a satellite TV show for the past ten years and has discussed major psychological disorders that are experienced by the Afghan population. Dr. Rahmany is the founder/President of the Afghan Psychological Association of America, a non-profit community-based organization, and is the co-founder of The Hume Center. He has held multiple administration positions (e.g., Director of Partial Hospitalization program, Assistant Director of Outpatient Services, etc.) and has been running a private practice in Newark, California for the past 15 years where he treats patients with diverse clinical challenges.