

California Association of Mental Health Peer-Run Organizations 2000 Embarcadero Cove, Suite 400, Box 80, Oakland CA 94606 510 681 6165 <u>sallyzinman@gmail.com</u> www.camhpro.org

Alameda County Accelerated Peer Specialist Program (ACAPS) Fact Sheet

- 1. ACAPS is a CAMHPRO 18 month program funded by the Office of Statewide Planning and Development.
- 2. The goal of ACAPS is engagement, training and placement in Alameda County's public mental health system of peer specialists who bring a wide array of lived experience to their work.
- 3. ACAPS is a partnership of CAMHPRO; Pool of Consumer Champions (POCC), Alameda County Behavioral Health Care Services (ACBHCS); La Familia; Best NOW!/Alameda County Network of Mental Health Clients; the Berkeley Drop-In Center and Reaching Across, Alameda County Network of Mental Health Clients; Peers Envisioning and Engaging Recovery Services (PEERS); and Bay Area Community Services (BACS).
- 4. ACAPS will offer a three part training program that includes 1) 60-hour Introductory Peer Specialist Intensive 2) Three-day Wellness Recovery Action Planning (WRAP) and 3) a 40-hour advanced skills training in peer support for people experiencing crisis, distress and suicidality. These trainings will be offered to three (3) different cohorts.
- 5. ACAPS will place 40 people with lived experience in programs throughout Alameda County. These positions can be volunteer (stipended).
- 6. Potential placements include: 15 peers at La Familia programs, including the peer respite; two (2) peers at drop in centers in southern and northern Alameda County run by Alameda County Network of Mental Health Clients; 20 peers at the Pool of Consumer Champions (POOC): and, at a minimum, six (6) peers placed in different programs of Bay Area Community Services (BACS), one being a residential crisis facility.
- 7. Services also include career counseling at the time of training and throughout the program, and support once a person is employed.



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