

Announcing a Special and Free Training:
Two Dates to Choose From: Choose ONLY ONE:

Tuesday, May 30, 2017 OR

Wednesday, May 31, 2017

Location: A Better Way, Inc. -Fruitvale Office
3001 International Blvd., Oakland, CA 94601

Seeking Safety: An evidence-based model for trauma and/or substance abuse

Summary: This course is designed to describe Seeking Safety, an evidence-based treatment for trauma and/or substance abuse (clients do not have to have both issues). By the end of the training day, participants can implement Seeking Safety in their setting if they choose to. Seeking Safety teaches present-focused coping skills to help clients attain safety in their lives.

Learning Objectives: 1. To review current understanding of evidence-based treatment of trauma and substance abuse; 2. To increase empathy and understanding of trauma and substance abuse; 3. To describe Seeking Safety, an evidence-based model for trauma and/or substance abuse; 4. To provide assessment and treatment resources; 5. To identify how to apply Seeking Safety for specific populations.

Please note: This training is reserved for Alameda County Behavioral Health Care (BHCS) staff, and its contract providers (community-based organizations; CBO staff). Pre-registration is required.

Registrants receive logistical information upon registration;

REGISTRATION LIMIT OF 2 PARTICIPANTS PER AGENCY/COUNTY

UNIT FOR EACH DATE: Open until filled. To register, go to:

<http://alameda.netkeepers.com>

For registration assistance, contact Mrs. Stephanie Cardenas at
Training.Unit@acgov.org or 510-567-8113

For Information, contact Paul Takayanagi at Paul.Taka@acgov.org
or 510-639-1373

Alameda County
Behavioral Health
Care Services

Times for both
dates:

9:00 am —

4:00 pm

Please note: due to budget constraints, we will not be able to provide food at this event. We suggest you bring a bag lunch and your own snacks



Continuing Education:

This course meets the qualifications for 5.5 hours of continuing education credit for MFTs, LPCCs and/or LCSWs as required by the California Board of Behavioral Sciences, Provider Approval Number PCE 307, the California Board of Registered Nurses, BRN Provider Number 12040, and California Association of Alcoholism and Drug Abuse Counselors (CAADAC), Provider Number 4C-04-604-0618; ACBHCS is approved by the California Psychological Association to provide continuing professional education for psychologists. ACBHCS maintains responsibility for this program and its content.