



**NEW BHCS MENTAL HEALTH PROGRAM FOR PEOPLE WITH
SEVERE AND PERSISTENT MENTAL ILLNESS
Alameda County Assisted Outpatient Treatment (AOT) Pilot
1-800-491-9099**

Who can request AOT?

- Immediate family member
- Adults residing with the individual
- Director of treating agency, organization, facility, or hospital
- Treating licensed mental health professional
- Peace officer, parole or probation officer supervising the individual

Who qualifies for AOT?

- Alameda County resident, minimum of 18 years of age
- Clinical determination that the person is unlikely to survive safely in the community without supervision
- Person's condition is substantially deteriorating
- Person has been offered chance to participate in development of their treatment plan for services and continues to fail to become involved
- Have a history of lack of participation in a mental health program that have resulted in either 2 or more hospitalizations in the last 36 months, or have one attempt to cause harm in the last 48 months

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We know the road to feeling better can be tough, and no one should have to through it alone. Your struggles have been real, and it is time for a healthy change. The AOT program is here to help you move forward, feel better and be happy with your life. We at AOT want to help you do that.

What services are available to AOT participants?

Recovery-oriented, strength-based approach

- Intensive case management/wraparound services
- Co-occurring capable services
- 24/7 on-call staff response as needed
- Field-based services
- Linkage to education and vocational services and training
- Linkage to housing supports

CALL 1-800-491-9099 FOR AN AOT SCREENING. INDIVIDUALS ARE EVALUATED BY THE COUNTY AND REFERRED TO APPROPRIATE LEVEL OF TREATMENT. AOT SERVICES ARE COURT-ORDERED.