Best Practices

• Adopting and implementing a tobacco-free facility/grounds policy.
• Behavioral health providers routinely asking their clients if they use tobacco and providing evidence-based cessation treatment.
• The effectiveness of tobacco cessation treatment is significantly increased by integrating cessation services/initiatives into the mental health or addiction treatment program.
• Many may benefit from additional counseling and longer use of cessation medications.
• Peer-driven approaches such as peer specialists trained in smoking cessation.