

Alameda County Mental Health Board Minutes
September 12, 2011 ♦ 12:00pm-2:00pm
First 5 Office Suite 130
1100 San Leandro Boulevard
San Leandro, CA 94578

Meeting called to order @ 12:10PM by Vice-chair Alane Friedrich

HOUSEKEEPING

Roll Call/Introduction of Guests

Mental Health Board Members:

Present: Jeffrey Davidson, Rochelle Elias, Alane Friedrich, Samuel Greyson, Sheldon Koiles, and Luvenia Jones
Excuse: Patricia Buchanan, Lisa Gifford, Laura Mason, Joe Rose, and Patricia Sweetwine
Absent: Kelly Dulka and Dorothy King

BHCS Staff: Agnes Catolos, Tracy Hazelton, Genevieve Tregor, Barbara Majak, Gary Spicer, Marye Thomas, MD, and Rosa Warder

Liaison: Margot Dashiell (ACFC)

Public: Dennis Romano (ACCMHA), Karina Foote (FERC), Ginny DeMartini (BOS), Doria Neff (OPD) and Daniel Ehigie

ITEM	DISCUSSION	ACTION
Approval of MHB August 2011 minutes	There was no correction to the MHB August 2011 minutes.	M/S/C Dr. Davidson/ Ms. Jones All favored Motion passed
Correspondence	Ms. Friedrich related info on DMH Community Regional Stakeholders meeting held in Berkeley on Sep. 6 th re: changes going on to state-level mental health. Ms. Majak added that there are 2 sets of stakeholders meeting going on: -1 st set is related to the transfer of DMH/Dept. of Alcohol and Drugs Program (DAP) MediCal functions to Dept. of Health Care Services (DHCS) -2 nd set is regarding whether there will be combined or a separate division of mental health and alcohol and drugs within DHCS.	
Director's Report	Dr. Thomas provided additional info on the transition happening at the state e.g. <ul style="list-style-type: none"> • Other bodies being looked at in terms of who will have responsibility for each of their functions... <ul style="list-style-type: none"> ◦ Mental Health Planning Commission-has been the body similar to the MHB that 	

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<i>Director's Report (Cont.)</i>	<p><i>has advised DMH</i></p> <ul style="list-style-type: none"> ○ <i>Oversight and Accountability Commission-which has been overseeing MHSA funding</i> ○ <i>CAL Mesa-is a Joint Powers Agreement (JPA) between a number of counties, there are currently 44 counties that are part of it. What they had initially come together to do was to have oversight on statewide prevention programs i.e. Suicide Prevention, Student MH Initiative and Stigma and Discrimination. Alameda County chose to work with the City of Berkeley instead of joining the JPA. Re: the reorganization happening at the state, the CA. Mental Health Director's Assoc. are recommending some additional functions for CAL Mesa and they may take some DMH functions.</i> 	
<p>Presentation: <i>Crisis Intervention Training (CIT) Curriculum</i></p>	<p><i>Ms. Hazelton (BHCS Prevention Coordinator) and Officer Doria Neff (OPD) presented CIT Curriculum overview...</i></p> <p><i>Ms. Hazelton provided info on PEI Statewide Funding and CIT</i></p> <ul style="list-style-type: none"> ○ <i>MH Oversight and Accountability Commission (MHOAC) approved \$12.8 mil in time-limited funding for PEI projects</i> ○ <i>Collaboration with City of Berkeley to utilize funds on local level rather than joining JPA.</i> <p><i>Officer Neff provided info on the following:</i></p> <ul style="list-style-type: none"> • <i>What is CIT?</i> <ul style="list-style-type: none"> ○ <i>It's a partnership between law enforcement and mental health community which include ACBHCS, consumers, family members, advocacy groups and a broad array of service providers to provide specialized training to equip law enforcement with the skills they need to understand and communicate with the mental health community.</i> ○ <i>Its purpose is to produce highly trained officers who respond effectively to individuals and families experiencing mental health crisis.</i> • <i>Curriculum Development</i> <ul style="list-style-type: none"> ○ <i>CIT program is based on the Memphis Model</i> ○ <i>CIT committee sat down and brought in programs from Contra Costa County, San Jose and San Francisco. The committee decisions were based on what they personally want, what the agency want, what their feelings overall and their experiences in what the county needs.</i> ○ <i>Elements and Instructors: Since law enforcement speak a different language they needed someone to come in and could translate to law enforcement, they started looking at people, set up a panel and interviewed some of the instructors. It became</i> 	

<i>ITEM</i>	<i>DISCUSSION</i>	<i>ACTION</i>
<p><i>Presentation: CIT (Cont.)</i></p>	<p><i>logical for law enforcement to know more about the CIT committee, to know what CIT is about, to see the process and to do the consumer/family members perspective.</i></p> <ul style="list-style-type: none"> ○ <i>Ongoing training-11 per year; 30 total spots in a class; currently, there's 16-18 spots filled; it's a \$25 charge per participant. Agencies that attended CIT in addition to OPD, BART, San Francisco, San Leandro, UCBPD, Sheriff Dept, Pleasanton, Union City. Richmond and Livermore have inquired, Hayward expressed interest but has not shown up.</i> ○ <i>The 3rd class is coming up on the week of Sept. 19th to 22nd. CIT classes include:</i> <ul style="list-style-type: none"> <i>1st day:</i> <ul style="list-style-type: none"> -<i>Introduction: What is CIT? and Why am I Here?</i> -<i>Overview of Mental Health</i> -<i>Psych Meds and Street Drugs</i> -<i>Patients Rights & LPS Investigations</i> -<i>Writing Effective 5150's and ACBHCS Structure & Resources</i> <i>2nd day:</i> <ul style="list-style-type: none"> -<i>Elderly Population</i> -<i>Cultural Responsiveness (new)</i> -<i>Threat Assessment</i> -<i>Youth & Mental Health</i> -<i>Site Visits to JGPP, Cherry Hill and Willow Rock</i> <i>3rd day:</i> <ul style="list-style-type: none"> -<i>Combat to Community</i> -<i>Consumer and Family Perspective</i> -<i>Developmental Disabilities</i> -<i>Suicide Assessment & CJMH</i> <i>4th Day:</i> <ul style="list-style-type: none"> -<i>Crisis De-Escalation</i> -<i>Police Stress & Wellness</i> -<i>Homeless Population</i> -<i>Case Study</i> -<i>Course De-Brief Post Survey</i> -<i>Graduation</i> • <i>Vision- OPD's plan is to bring everybody back quarterly; their goal is to start in Nov. to give feedback on what's working and not working.</i> <p><i>Mr. Koiles felt that American Disability Act (ADA) would be helpful to be part of CIT to learn that anybody could be an advocate for a person with mental health issues.</i></p> <p><i>Dr. Thomas suggested talking to Patient's Rights Advocate re: ADA.</i></p> <p><i>Officer Neff stated that every police officers learned about ADA through their post training.</i></p> <ul style="list-style-type: none"> • <i>Consumer and Family Member Perspective: Ms. Foote provided an overview of consumer and family member participation e.g.</i> <ul style="list-style-type: none"> ○ <i>1st class of training-they started modeling a program that they observed in San Jose that looks like it went really well with panels, consumers and family members</i> 	

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<i>Presentation: CIT (Cont.)</i>	<p><i>sitting in front of the officers and telling their stories and share their experiences, sharing tips and hints. It's the first time they had lunch with officers to try to build common ground that everybody's just all regular human beings and after lunch they had more panel presentation with consumers.</i></p> <ul style="list-style-type: none"> ○ <i>2nd class of training-they made some changes and added a few things e.g. they kicked off with an experiential exercise where participants say hello and shared what they are all about it's similar to NAMI's Family to Family, this exercise was rated as highly effective to help officers understand what's going on and it was really effective and very engaging. They added another new element to ask for the officers perspective, what are their tips and hints that they would like consumers and family members to know and give feedback as well.</i> ○ <i>Satisfaction score for the 1st class was vast majority were satisfied and only 2 were highly satisfied; 2nd class was about 50/50 split of highly satisfied and satisfied.</i> <p><i>Ms. Elias felt that consumers and family members should be trained first prior to participating in the CIT because it may be intimidating for them to tell their stories to police officers.</i></p> <p><i>Ms. Foote related that they learned that consumers were nervous to sit on the table with officers but they all end up doing great and partnerships were building. She added that they will have a meeting and one item on the agenda is reinforcing the training aspect, to have screening and interview.</i></p>	
Committee Chair Report <i>Adult Committee</i>	<p><i>Ms. Friedrich related what was discussed at the previous Adult Committee meeting e.g. Older Adult System of Care Presentation; they got reports from JGPP, FERC, Sausal Creek, PRA, Family Caregiver's Report, etc. She stated that JGPP is no longer a concern as their new admin has made a tremendous effort to educate their staff to have appropriate treatment.</i></p> <p><i>Administrative Staff stated that this is the first time in 15 years that they have heard Ms. Friedrich state that there was no problem with John George.</i></p>	
Discussion Items <i>A. Legislative Committee</i>	<p><i>Ms. Friedrich stated that Mr. Rose was appointed as Legislative Committee Chair and he is still working on the details e.g. schedule and location of the meeting.</i></p>	
Board Comment	<p><i>Ms. Jones expressed her concern re: Alcohol and Drugs and African-American Utilization Study as well with all the changes occurring at the state.</i></p> <p><i>Ms. Friedrich reiterated the importance of participating in the stakeholder's meeting and address various issues e.g. transfer of AOD to DHS and DMH Multicultural Office.</i></p>	

Meeting was adjourned at 1:45PM ◊ Minutes submitted by Agnes Catolos