

Alameda County Mental Health Board Minutes
January 10, 2011 ♦ 12:00pm-2:00pm
First 5 Office Suite 130
1100 San Leandro Boulevard
San Leandro, CA 94578

Meeting called to order @ 12:00PM by Chair Lisa Gifford

HOUSEKEEPING

Roll Call/Introduction of Guests

Mental Health Board Members:

- Present:** Alane Friedrich, Patricia Buchanan, Jeffrey Davidson, Kelly Dulka, Rochelle Elias, Lisa Gifford, Samuel Greyson, Sheldon Koiles, Luvenia Jones, Dorothy King, Sup. Gail Steele and Patricia Sweetwine
- Excused:** Laura Mason
- Absent:** Ravi Sodhi

BHCS Staff: Agnes Catolos, Barry Hall, Tracy Hazelton, Barbara Majak, and Marye Thomas, MD

Public: Dennis Romano (ACCMHA), Lynda Kaufmann (Psynergy Program), Joe Rose, Howie The Harp Representatives-Joseph Carter, Linda Woodard, Billy Phifer, and Jewell “Tree” Brown

ITEM	DISCUSSION	ACTION
Approval of November 2010 MHB minutes	No correction was made to the MHB November 2010 Minutes.	M/S/C Ms. Buchanan/ Ms. Friedrich Motion passed All favored
Chair Report	<p>Ms. Gifford stated that as a public servant, she would like all MHB members to take the Ethics Training Course.</p> <p>Ms. Jones and Ms. Buchanan are interested to take the class. Mr. Davidson related that the class could be scheduled in early Feb.</p> <p>Mr. Koiles took the training online and he felt that the training covered a lot of materials. He felt that as a board member, the training seems to always refer him back to consult with county counsel and try to encourage the trainee to realize that it can be complex issues that need help. He expressed that as an example of the ethics training, he felt that the public comment should come earlier before the board take on any action items or vote that might affect the public.</p>	

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<i>Chair Report (Cont.)</i>	<i>Ms. Gifford pointed out that on the public comment form (yellow sheet) it does refer that it is the board's policy to allow its members to fully discuss an issue prior to recognizing comments from the board. She would like additional discussion at the Executive meeting to see ratification of changing board's policy.</i>	
Community Liaison Committee Report: <i>Berkeley/Albany Mental Health Commission (BAMHC)</i>	<p><i>Mr. Diehl provided the following info:</i></p> <ul style="list-style-type: none"> • <i>BAMHC is going through a lot of changes and that there was a management team that came up with 58 recommendations about how to change things.</i> • <i>Harvey Turlock has retired. Beth Meyerson has appointed Karyn Tribble as the BMH Interim Director.</i> • <i>BMH needs to have an internal reorganization and they have a lot of fiscal issues to deal with.</i> 	
Committee Report: <i>Adult Committee</i>	<i>Ms. Friedrich stated that at the Nov. Adult Committee meeting, they had a presentation from John George on what they are doing re: quality measures and that a copy of the minutes was in the MHB packet.</i>	
<i>Santa Rita Committee</i>	<p><i>Mr. Greyson stated that they met last month at the Chabot Room and they talked about what their general goals are and a discussion on a number of suicides at Santa Rita Jail. He hoped that MHB would find somebody to report on the suicides in the jail.</i></p> <p><i>CIT Training Update: Ms. Jones stated that they are working on a draft to bring in a speaker to cover all the areas and look at what they would like to see as consumer/family member. Ms. Jones expressed that in bringing a presenter/speaker, it should have a representation of the people from a diverse community.</i></p> <p><i>Dr. Thomas added that the CIT Training is a 40 hour crisis intervention training for the police dept. to train them on how to interact with people who may have mental illness in an emergency situation.</i></p>	
MHB Liaison Committee <i>On-going Planning Council (OPC)</i>	<i>Ms. Friedrich related that OPC has an opening for new members and that they are in the process of rating the 15 Innovation proposals.</i>	
Director's Report	<p><i>Dr. Thomas provided info on the following:</i></p> <ul style="list-style-type: none"> • <i>Budget update-Dr. Thomas stated that they didn't have the opportunity to see the Gov's. outline of the budget, but it seems that the budget is not going to be good either at the state or at the county level. MHB Members were invited to participate to the BHCS' budget process which will probably start in early to mid Feb., every Tuesdays from 4pm-6pm; 5 slots will be set aside for MHB members.</i> • <i>AB3632 update-Gov. Schwarzenegger vetoed AB3632 and he had relieved mandate for the counties; there's a 37 county lawsuit to establish in law that because there is no funding the mandate is in fact was removed.</i> 	

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<i>Director's Report (Cont.)</i>	<ul style="list-style-type: none"> • <i>SAMHSA Grant update-Alameda County is one of the 8 counties that was awarded SAMHSA Grant to provide primary care services to clients in mental health clinics. Initially, the county will be providing these services in 2 sites 1st in East Oakland and 2nd in the Tri City Clinic. The real focus of this grant is to do something about decreasing the health disparities that people with serious persistent mental illness experience.</i> 	
<p>Presentation: <i>PEI Multi-Jurisdictional Program</i></p>	<p><i>Ms. Hazelton presented a Powerpoint Presentation on MHSA Prevention & Early Intervention (PEI) Statewide Projects that consisted info e.g.</i></p> <ul style="list-style-type: none"> • <i>3 Topic Areas:</i> <ol style="list-style-type: none"> 1) <i>Student Mental Health Initiative (divided between K-12 and Higher Education)</i> 2) <i>Suicide Prevention</i> 3) <i>Reduction of Stigma & Discrimination</i> • <i>MHSA Guidelines</i> <ul style="list-style-type: none"> ○ <i>Core Principles e.g.- Client and family driven</i> <ul style="list-style-type: none"> -<i>Wellness, recovery and resilience focused</i> -<i>Culturally competency</i> ○ <i>Proportionally address each of the project areas</i> <ul style="list-style-type: none"> - <i>Student Mental Health Initiative-25% of funds</i> -<i>Suicide Prevention-37.5%</i> -<i>Reduction of Stigma & Discrimination-37.5%</i> ○ <i>Preserve "State-wideness"</i> <ul style="list-style-type: none"> -<i>Develop/implement replicable programs</i> -<i>Provide a foundation for CA. counties to build upon</i> -<i>Utilize "Recommended Actions" from the CA. Strategic Plans for each of the 3 topic areas.</i> ○ <i>Participate in statewide evaluation</i> • <i>Funding Allocation Amounts: \$6,341,6000 total for four-year, time limited funding for projects (\$5,830,000 is from Alameda County and \$511,600 is from the City of Berkeley)</i> • <i>Multi-Jurisdictional Planning Committee</i> <ul style="list-style-type: none"> ○ <i>Background e.g. Options for planning and implementation, from the State Guidelines; Recommendations from MHSA Oversight Committees</i> ○ <i>Development/Purpose e.g.</i> <ul style="list-style-type: none"> -<i>A committee was developed from 25 diverse volunteers representing both the Alameda County and the City of Berkeley MHSA Oversight Commission</i> ○ <i>Structure-e.g. prioritization of the recommended actions from the State Strategic Plans for each topic area</i> • <i>Top Ranked Recommended Actions from the Multi-Jurisdictional Planning</i> 	

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<i>PEI Multi-Jurisdictional Program (Cont.)</i>	<p><i>Committee</i></p> <ul style="list-style-type: none"> ○ <i>Stigma & Discrimination Reduction-e.g. Promote the dignity and safety of mental health consumers and their family members</i> ○ <i>Student Mental Health:</i> <ul style="list-style-type: none"> ▪ <i>Higher Education-Peer to peer support and training</i> ▪ <i>K-12 Schools-e.g. Continuum of School-Based Programs for PEI</i> ○ <i>Suicide Prevention-e.g. to promote & provide suicide prevention education for community gatekeepers</i> • <i>Next Steps: e.g. BHCS Admin. and the City of Berkeley will be meeting to finalize and approve which recommended actions will be implemented.</i> 	
<i>Janssen's Mind storm Video</i>	<p><i>Ms. Jones stated that she would like to see something done for schizophrenia that help with the voices because the voices dictate people with schizophrenia and she felt that people with schizophrenia never get detox and drugs perpetuated to be more aggressive.</i></p> <p><i>Ms. Gifford stated that the showing of the video is purely to add some info for all MHB members relative to serious mental illness like schizophrenia.</i></p> <p><i>Mr. Koiles commented that on the video it stated that "there is no typical schizophrenia". He related that in the shooting incident that happened in Tucson, AZ, he heard from a psychiatrist that the person who did the shooting is a "typical schizophrenic". He would like the board to address that mental health consumers are no more prone to violence than anybody else.</i></p> <p><i>Ms. Gifford felt that PAC would be a great place to draft a letter to address that "there is no typical schizophrenia".</i></p>	
Public Comments:	<p><i>Mr. Phiefer stated that he can relate to what Mr. Koiles is feeling as he also is a person with schizophrenia and he expressed that he needs some help and answers.</i></p> <p><i>Mr. Brown asked to find a new building for Howie the Harp clients that is safe.</i></p> <p><i>Ms. Woodard expressed that clients don't have a place to go. She addressed that there were about 15 people who passed away since Nov. 2010 and they can't even have a memorial for them.</i></p> <p><i>Mr. Carter related what clients are going through and addressed that they need a safe place to go to that open early morning. He asked for some help to do something to address clients conditions.</i></p>	

Meeting was adjourned at 2:10PM
Minutes submitted by Agnes Catolos