

**Alameda County Mental Health Board  
ADULT COMMITTEE MINUTES  
July 18, 2011 ♦ 12:00pm-2:00pm  
Gail Steele Room**

Meeting called to order @ 12:00pm by Alane Friedrich

**HOUSEKEEPING**

Roll Call/Introduction of Guests

MHB Members: Alane Friedrich and Joe Rose

BHCS Staff: Agnes Catolos

Committee Members: Beverly Bergman (MHAAC), Kathie Zarkin (ACNMHC), Mary Suilmann (Telecare), Guy Qvistgaard (JGPP) and Dennis Romano (ACCMHA)

Public: Amy Coulter

ITEM	DISCUSSION	PLAN/ACTION
<b>Chair's Comments</b>	<p>Ms. Friedrich related the following:</p> <ul style="list-style-type: none"> <li>▫ In the passing of the State budget, it wouldn't be a surprise if BHCS budget meeting restarts because the county may have some new figures for various depts.</li> <li>▫ The MHB is considering to have a Legislation Committee with Joe Rose as the Chair to have awareness on various legislations, anyone interested may join this new committee as soon as meeting time/place is established.</li> </ul>	
<b>Older Adult presentation is delayed</b>	A part 2 of Older Adult Presentation will be scheduled for a future meeting.	
Possible Site Visit Discussion - Where?	<p>Suggested site visit:</p> <ul style="list-style-type: none"> <li>▫ County based service team site</li> <li>▫ John George to see labyrinth-will have an open house on Sept. 7<sup>th</sup> from 5pm-6pm.</li> <li>▫ Recovery Education Center</li> </ul>	
Discussion: New MHB Committee on Legislation	<p>MHB New Legislative Committee</p> <ul style="list-style-type: none"> <li>▫ Need to know the nature of the committee itself as it develops, it'll find what it can and can't focus on.</li> <li>▫ Primary focus is info to provide awareness on various legislations affecting mental health issues.</li> </ul>	
Going Paperless - Any Problems?	<p>Ms. Friedrich stated that the county is trying to switch to electronic health record, it's going on in Alameda right now, 5 county service teams and Santa Rita. Committee concerns/questions:</p> <ul style="list-style-type: none"> <li>▫ What will happen to documents with clients' signature on it?</li> </ul>	

<p>Going Paperless - Any Problems? (Cont.)</p>	<ul style="list-style-type: none"> <li>▫ What happens if the power goes out?</li> <li>▫ What is the purview of Adult committee? It seems like it's a very detailed operational issue e.g. How to generate back-up? What happen to signature pages? May be ask someone to talk about the overall plan on going paperless and not get in such a level of detail.</li> <li>▫ What is the policy around access?</li> <li>▫ What are the affects of electronic health record to CBOS or other hospitals?</li> <li>▫ what can be done to remedy possible problems for clients, family members and other health care providers.</li> <li>▫ Dr. Alevizos suggested inviting Sandi Stier (BHCS IS Director) to come to speak to the committee to help the committee understand the difference between an electronic health record and going paperless.</li> </ul>	
<p>Suggestions for new FY goals?</p>	<p>Topic suggestions for new FY:</p> <ul style="list-style-type: none"> <li>▫ Dual Diagnosis</li> <li>▫ NAMI program</li> <li>▫ Records Recovery Program-to have info on getting criminal record dismissed.</li> <li>▫ Integration of physical and mental health-to understand its impact to the system as well to look at what the community might expect in terms of reporting and quality issues.</li> <li>▫ OPC-to look at the proposed restructuring of the council.</li> <li>▫ 10 X 10 Initiative</li> <li>▫ Info on how families are integrated into outpatient treatment to help create a treatment plan</li> <li>▫ Ms. Coulter related the situation of her son and addressed the need to talk about the lack of oversight in the community.</li> </ul>	
<p><b>John George Psychiatric Pavilion (JGPP) Report</b></p>	<p>Mr. Qvistgaard provided info on the following:</p> <ul style="list-style-type: none"> <li>▪ JGPP June Report e.g. <ul style="list-style-type: none"> <li>▫ PES Avg. Daily Visits-36.5</li> <li>▫ Avg. Length of Stay-9.8</li> <li>▫ Assaults-2</li> <li>▫ Inpatient Ave. Daily Census-68.7</li> <li>▫ Seclusion &amp; Restraint-11.2</li> <li>▫ Patient Satisfaction Score-74.9</li> </ul> </li> <li>▪ Intern Program-ACMC's Psychology student interns are placed throughout the entire system but interns at JGPP are specific to the hospital. Currently, there are 7 interns, and they'll do a one year commitment instead of 1 semester.</li> <li>▪ Mentoring Program is going very well, they just finished the 1<sup>st</sup> reporting to AC Innovations. They had 36 mentors, 34 remained with the program and 2 left (1 moved out of state and 1 got a full time job). <i>Mentoring Program Qualifications:</i> <ul style="list-style-type: none"> <li>▫ Individual's interest to participate in the program</li> <li>▫ Need to have 2 hospitalizations at JGPP in the last 18 months to measure the baseline</li> <li>▫ Need to have the ability to be contacted post discharge</li> <li>▫ Mentees can be from the Service Team.</li> </ul> </li> </ul>	

<b>JGPP Report (Cont.)</b>	<p>Mr. Qvistgaard added that the goal of the Mentoring Program is not to take place of or be use as a case manager in any way, shape or form and also not to have any kind of clinical relationship between the mentor and the participant.</p> <p>Mr. Rose related that Mr. Qvistgaard did a presentation at the NAMI Monthly Education Meeting, where he covered positive changes and continuing challenges at JGPP (see attachment)</p>	
<b>Sausal Creek (SC) Report</b>	<p>Ms. Suilmann presented SC June 2011 Report:</p> <ul style="list-style-type: none"> <li>▫ Admission-298</li> <li>▫ Ave. number of clients/Day-12.4</li> <li>▫ Walk-ins- 123</li> <li>▫ Mental Health Referrals-164</li> <li>▫ AOD Providers Referrals- 11</li> <li>▫ Clients Leaving Without Being Seen-11</li> <li>▫ Uninsured-180</li> <li>▫ Ave. Length of Waits (min)-150</li> <li>▫ Ave. Length of Visits (hours)- 2.5</li> <li>▫ <i>Open to Other Services</i> e.g.: ACCESS- 9</li> <li>▫ Highland Medical Center ER-14</li> <li>▫ <i>Housing Referrals</i> e.g.: JGPP 5150's- 5</li> <li>▫ <i>Self/Family/Friends</i>- 267</li> <li>▫ <i>Referrals for Aftercare</i> AOD Services-13; Schuman-Liles-34</li> <li>▫ Not in Need of New Referral to ACBHCS-90</li> <li>▫ # Clients New to Sausal Creek- 70</li> <li>▫ # Clients New to County System- 48</li> <li>▫ # Clients Returning to Sausal Creek-180</li> </ul>	
<b>Patient's Rights Advocates (PRA) Report</b>	<p>PRA June 2011 Report was distributed.</p>	
<b>Family Caregiver Advocate Report</b>	<p>Ms. Bergman presented Family Caregiver June 2011 Report, including stats e.g.</p> <ul style="list-style-type: none"> <li>▫ Family Support Group- 47</li> <li>▫ African-American Support Group- 19</li> <li>▫ Phone Calls Received- 103</li> <li>▫ New Family/Visitors- 96</li> <li>▫ Repeat Family/Visitors- 57</li> <li>▫ Repeat Callers- 35</li> <li>▫ Repeat Hospital Visits- 57</li> <li>▫ Staff hours including Health Fairs-177.75</li> <li>▫ Phone calls rcvd. by Geographic Areas: Alameda County- 85; Contra Costa-3; Other Counties-15</li> </ul> <p>Ms. Bergman related the following:</p> <ul style="list-style-type: none"> <li>▪ New visiting hours at JG: Monday/Thurs-5-7:30pm; Tues/Wed-1:30pm-7:30pm</li> <li>▪ There are more visitors during the day now than the evening</li> <li>▪ Ms. Bergman joined JGPP staff in painting a Labyrinth on Sat. and Sun.</li> <li>▪ Family Support Group @ JPPP meets every 1<sup>st</sup> and 3<sup>rd</sup> Thurs. from 5:30pm-6:30pm.</li> </ul>	
<b>Consumer and Family Grievance Report</b>	<p>Consumer and Family Grievance June 2011 Report was distributed.</p>	
<b>Public and Committee Comment:</b>	<ul style="list-style-type: none"> <li>• Ms. Coulter addressed the following: <ul style="list-style-type: none"> <li>▫ there are not enough services in the county</li> <li>▫ need to look at the environmental influences affecting the mental health of people e.g. physically, spirituality, emotionally, chemically, etc.</li> <li>▫ building a community resiliency where family members are involved to fill in some of the gaps</li> </ul> </li> <li>• Mr. Qvistgaard invited the committee to the open house for the labyrinth on Sept. 7<sup>th</sup> from 5pm-6pm and to a BBQ and concert on Sept. 29<sup>th</sup></li> </ul>	

Meeting Adjourned @ 1:50PM ♦ Minutes submitted by Agnes Catalos