

Alameda County Mental Health Board Minutes
August 9, 2010 ♦ 12:00pm-2:00pm
First 5 Office Suite 130
1100 San Leandro Boulevard
San Leandro, CA 94578

Meeting called to order @ 12:10 by Chair Lisa Gifford

HOUSEKEEPING

Roll Call/Introduction of Guests

Mental Health Board Members:

Present: Rochelle Elias, Lisa Gifford, Samuel Greyson, Luvenia Jones, Dorothy King, Laura Mason and Patricia Sweetwine

Excused: Kelly Dulka, Jeffrey Davidson, Alane Friedrich, Sheldon Koiles and Sup. Gail Steele

Absent: Pat Buchanan and Ravi Sodhi

BHCS Staff: Agnes Catolos, Barry Hall, Marye Thomas, MD, and Gary Spicer

Liaison: Margot Dashiell (ACFC)

Public: Joe Rose (NAMI), Guy Qvistgaard (JGPP), Joe Walker, MD (JGPP), Dennis Romano (ACCMHA), Howie The Harp Representatives-Joseph Carter, Matthew Walker and Terry Kelly

ITEM	DISCUSSION	ACTION
<u>Public Comment</u>	Joe Rose made an announcement of the 2 nd Annual “Lives Affected by Mental Illness” a free outreach event presented by NAMI Alameda County on Tuesday, Oct. 5 th from 7PM-9PM in Pathway Community Church-4500 Thornton Ave., Fremont, CA. This is a free event.	
<u>Approval of July 2010 MHB minutes</u>	Minutes was not approved due to lack of quorum.	
<u>Correspondence</u>	NAMI 27 th Annual Potluck will take place on Thursday, Aug. 12 th from 6pm-9pm at St. John’s Church in Montclair, Oakland, CA	
<u>Director’s Report</u>	The following info were provided: <ul style="list-style-type: none"> • Prevention and Recovery for Early Psychosis (PREP)-Ms. Burns stated that PREP is a new program in Alameda County that works with TAY, ages 16-24, who are experiencing the first signs and symptoms of psychosis. It’s funded through MHSA-PEI and in collaboration with 4 Community Agencies-East Bay Community Recovery, Mental Health Assoc. of AC, UCSF and Family Services Agency of San 	

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<p><i>Director's Report (Cont.)</i></p>	<p><i>Francisco. This program will provide a comprehensive array of services which include individual cognitive behavioral therapy, medication and care management, psycho-educational multifamily groups, and co-occurring substance abuse treatment.</i></p> <ul style="list-style-type: none"> • <i>Innovation Plan-Mr. Spicer distributed Innovations Plan info card. He stated that the purpose of this funding stream is to support community initiatives that will propose a learning question and strategy that pertains to the delivery of BHCS that will include co-occurring disorders and other programs that qualify for MHSA funding. This plan seeks new partners and approaches to create innovative projects that address mental health issues for at risk individuals and their families. BHCS is prepared to take mini grants, it's all one-time money and it cannot fund on-going services. The Innovation Grant Program started taking application for the first phase on Aug. 1st until Sep. 30th. There will be an Innovations Board that will review the grant applications and it will include representatives from various stakeholders and constituencies across Alameda County.</i> <p><i>Ms. Dashiell would like to know the process of clarifying the Innovations Plan guidelines to the community.</i></p> <p><i>Mr. Spicer responded that there are advertisements in the media including ethnic media like Native American and they are also using an established list of stakeholders for MHSA planning and they circulated flyers around the county.</i></p> <p><i>Ms. Dashiell would like to see the media ad and stated that she has some idea for media outreach.</i></p> <p><i>Mr. Spicer suggested contacting Innovations Plan staff person Gilda Mansour.</i></p> <p><i>Ms. Elias suggested doing targeted presentations to various ethnic communities or educational groups who may not be aware of Innovations Plan.</i></p> <ul style="list-style-type: none"> • <i>Choices Program-Dr. Thomas related that when they applied for the first allocation of MHSA funding they proposed to the state that in addition to FSP's to have additional funding to transform the service teams but the state only wanted the county to do FSP's. It took several years to finally encourage the state to allow additional resources to the service teams, this project is now called the Choices Program which provides additional resources to service teams e.g. housing, vocational services, peer support, employment, community building through wellness and recovery, etc.</i> 	

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<i>Director's Report (Cont.)</i>	<p><i>BHCS is contracting with Recovery Innovations of CA for the Recovery Education Center and its first class of about 20-30 consumers just graduated as recovery coaches. One of the Recovery Education Center will be located in a brand new building at Embarcadero Cove in Oakland.</i></p> <ul style="list-style-type: none"> • <i>CAL Mend Program-is designed to look at and monitor the affects of more than one anti-psychotic medication and the management of the potential metabolic adverse affect on being on more than one medication; this program or the Performance Improvement Program (PIP) is to raise awareness both for clients and clinicians on the adverse impact of medications and there is a practice guidelines where certain parameters are monitored by physicians in the various clinics, monitoring e.g. glucose, cholesterol, etc.</i> <p><i>Dr. Thomas related that Dr. Del Paggio and Dr. Singer worked with physicians throughout the system and they did a study, they increased adherence to the practice guidelines, the result of the study showed a reduction on the number of people who are getting more than one anti-psychotic medication and it could also increase the awareness on practice guidelines throughout the system.</i></p> <ul style="list-style-type: none"> • <i>Budget Update-Dr. Thomas related following info:</i> <ul style="list-style-type: none"> ○ <i>Budget Impact and Reduction Strategies</i> <i>Current assumptions for FY 10/11 and 11/12: Impact on BHCS-total: \$9.3 mil</i> <i>FMAP extension for only 1/2 year, expires 12/30/10-\$3.8mil</i> <i>FY 11/12 Assigned Deficit-\$5.5 mil</i> <p><i>Reduction Strategies e.g.:</i></p> <ul style="list-style-type: none"> -rate increases as appropriate -generate new revenue -replace county gen. fund costs with other revenue (MediCal, etc) -secure lower cost space for programs <p><i>Utilize MHSAs funds to develop new programs consonant with MHSAs principles for consumers impacted by the loss of "core services."</i></p> <ul style="list-style-type: none"> -Design and implement new programs in keeping with "system transformation" goals, e.g. Recovery Education/Wellness Centers -Design (redesign current MHSAs funded) programs to leverage other funds (e.g. FQHC, etc) ○ <i>Impact of Budget Losses for FY 10/11: Total loss of \$36,553,124 ...reductions from: SACPA Inter-department Service Funds; Institute for Mental Disease and Ancillaries; Realignment and Vehicle Licensing Fee; Managed Care and Target Reduction Plan</i> 	

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Chair Report:	<i>Ms. Gifford stated that PAC is now combined with Consumer/Family Committee and Luvenia Jones will serve as vice-chair of PAC.</i>	
Committee Reports: <i>Adult Committee</i>	<i>No report given.</i>	
<i>Children Advisory Committee (CAC)</i>	<i>No report given.</i>	
<i>Santa Rita Adhoc-Committee</i>	<p><i>Mr. Greyson related the following:</i></p> <ul style="list-style-type: none"> <i>o Santa Rita Committee met in July, a lot of people who are involved in CIT Training like POCC members were present and they would like the board's support to get every law enforcement in the county trained. He requested to have CIT training be place on the MHB's agenda next month.</i> <i>o Mr. Greyson attended CJOC, he related that there was a suicide that occurred at the jail last June 29th and the person was not identified as a mentally ill, he's somebody from general population parolee from another county.</i> <i>o Behavioral Court is now taking clients not only from Oakland but from other parts of the county as well.</i> <i>o Santa Rita Jail Committee's next meeting is on Sept. 9th at 9a.m. at Sup. Steele's Office.</i> 	
<i>Public Awareness Committee (PAC)</i>	<p><i>Ms. Elias related the following:</i></p> <ul style="list-style-type: none"> <i>o PAC is in the process of developing their goals for this year.</i> <i>o Mental Health Matters TV Program did a program on domestic violence which showed a woman who had been a victim of domestic violence and a clinician who help describe her recovery; this info was circulated to shelters that could benefit domestic violence victims.</i> 	
Liaison Committee Report: <i>Alameda County Family Coalition (ACFC)</i>	<i>Ms. Dashiell provided a history of ACFC which started in 2005 and they continue to meet to address concerns and ideas from the family perspective. They have suspended their regular meetings in July and August. She related that Rosa Warder has joined their group and that they are working on updating their agenda.</i>	
Board Comments:	<p><i>Dr. Gifford thanked Ms. Elias for the three great years of service as the MHB Chair.</i></p> <p><i>Ms. Elias stated that serving as the MHB chair has always been a pleasure and very meaningful to her.</i></p>	
Public Comments:	<i>Mr. Qvistgaard related that JG has a new staff who will be working as the Director of Psychology Intern Program.</i>	

*Meeting was adjourned at 1:45 PM
Minutes submitted by Agnes Catolos*