

**Alameda County Mental Health Board Minutes**  
**April 20, 2009 ♦ 12:00pm-2:00pm**  
**First 5 Office Suite 130**  
**1100 San Leandro Boulevard**  
**San Leandro, CA 94578**

Meeting called to order @ 12:10 by Chair Rochelle Elias

**HOUSEKEEPING**

Roll Call/Introduction of Guests

**Mental Health Board Members:**

**Present:** Pat Buchanan, Rochelle Elias, Alane Friedrich, Lisa Gifford, Sheldon Koiles, Dr. Stephen Post, Ravi Sodhi, Sup. Gail Steele and Patricia Sweetwine

**Excused:** Luvenia Jones, Laura Mason and Maxine Oliver-Benson

**Absent:** Kelly Dulka and Dorothy King

**BHCS Staff:** Agnes Catolos, Barry Hall, Barbara Majak, Carolyn Novosel and Gary Spicer

**Public:** Jerome Attaway

| <b>ITEM</b>   | <b>DISCUSSION</b>   | <b>ACTION</b>                                    |
|---|---|--|
| <b><u>Public Comment</u></b>  | None  |  |
| <b><u>Approval of March 2009 MHB minutes</u></b>                        | No correction was made to the March 2009 MHB minutes.   | M/S/C Ms. Buchanan/<br>Mr. Koiles<br>All Favored |
| <b><u>Correspondence:</u></b>   | Ms. Elias mentioned about a new donut shop in Santa Clara County that is getting public attention because donuts are named after psychiatric disorders.   |  |
| <b><u>Presentation:</u></b><br>MHSa Plan Augmentation<br>Public Hearing | <ul style="list-style-type: none"> <li>• Ms. Elias stated that the MHB is holding the MHSA public hearing to comply with CA. Dept. of Mental Health's (DMH) requirement for public community planning process for Community Services and Support (CSS) and Prevention Early Intervention (PEI) augmentation plan which has been circulated for a 30 day review comments and today's public hearing is the last day to make public comments on the plan.</li> </ul> <p>Mr. Pascual thanked the board for conducting the final public hearing for CSS and PEI augmentation plan for FY 08-09.</p> |  |

| <i>ITEM</i>   | <i>DISCUSSION</i>   | <i>ACTION</i> |
|---|---|---------------|
| <p><i>MHSA Plan Augmentation Public Hearing (Cont.)</i></p> | <p><i>CSS Projects:</i></p> <ol style="list-style-type: none"> <li><i>1. Wraparound for Latino and Asian/Pacific Islander Children</i></li> <li><i>2. Crisis Stabilization Service</i></li> <li><i>3. Older Adult Peer Support Program</i></li> <li><i>4. Recovery Education Centers</i></li> <li><i>5. Co-occurring Disorders Medication Support Pilot Program</i></li> <li><i>6. Transitional Behavioral Health Court ACT Team</i></li> </ol> <p><i>PEI Projects:</i></p> <ol style="list-style-type: none"> <li><i>1. A. School-Based Mental Health Consultation in Preschools</i></li> <li><i>1. B. School-Based Mental Health Consultation in Elementary and Middle Schools</i></li> <li><i>1.C. School-Based Mental Health Consultation in High Schools</i></li> <li><i>2. Early Intervention for the Onset of First Psychosis and SMI Among TAY</i></li> <li><i>3.A. Mental Health-Primary Care Integration for Latino Older Adults</i></li> <li><i>3.B. Mental Health-Primary Care Integration for API Older Adults</i></li> <li><i>3.C. Mental Health-Primary Care Integration for Older Adults at ERs</i></li> <li><i>4. Stigma and Discrimination Reduction Campaign</i></li> <li><i>5. Outreach, Education and Consultation for the Latino Community</i></li> <li><i>6. Outreach, Education and Consultation for the API Community</i></li> <li><i>7. Outreach, Education and Consultation for the South Asian/Afghan Community</i></li> <li><i>8. Outreach, Education and Consultation for Native American Community</i></li> <li><i>9. Behavioral Health-Primary Care Integration Project</i></li> </ol> <p><i>Public Comments: Facilitated by Tisha Kenny</i></p> <ul style="list-style-type: none"> <li><i>• Gwennette Campbell-spoke about Howie Harp and described how Howie Harp has helped her.</i></li> <li><i>• Janet King (NAHC)-She stated that she wrote the Native American strategy for the PEI plan that was submitted to the state and she addressed that although they were included in the plan they got the lowest amount and added that they did not get any CSS funding.</i></li> <li><i>• Clifford Manor-expressed gratitude to Howie Harp for helping and supporting him.</i></li> <li><i>• Michael Aanavi, PhD (BHC Director for Tri-Valley Health Center in Fremont)-addressed the behavioral health-primary care integration. He urged to look at the original plan of implementing 2 positions across the county and addressed that there is significant lack of services in the Tri-Valley area. underscore</i></li> <li><i>• Leah Stevralia (Alameda Health Consortium)-spoke about primary care integration and addressed to consider funding 2 clinic sites that will provide immediate access throughout different regions of Alameda County.</i></li> </ul> |               |

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|---|---|---------------|
| <i>MHSA Plan Augmentation Public Hearing (Cont.)</i>            | <ul style="list-style-type: none"> <li>• <i>Brenda Goldstein (Lifelong Medical Care Psychosocial Services Director)-addressed to fund at least 2 integrated sites.</i></li> <li>• <i>Michael Diehl (Berkeley MH Commission)-addressed his support for PEI Plan #8 Outreach, Education and Consultation for Native Americans.</i></li> <li>• <i>Lorenzo Kearney (Berkeley Community)-addressed that there's no mention of PEI services for African-American.</i></li> <li>• <i>Melissa Murphy (Tiburcio Vasquez HC)-addressed the importance of behavioral health and primary care integration and urged to consider inclusion of a second site for integrated behavioral health care to give better data and to provide more geographical diversity.</i></li> <li>• <i>John Woodruff (PEERS)-addressed his support of the augmentation plan for the CSS and PEI and he believed that it will help the community and various projects throughout the system.</i></li> <li>• <i>Margot Dashiell (ACFC)-addressed the following: 1) no family involvement in the decision making of the CSS augmentation plan and no organized family voice in the county 2) addressed the need for housing for people who cannot move independently 3) absence of strategies that targeted African-American.</i></li> <li>• <i>Rochelle Elias- supported the comment re: geographical diversity in providing services to the community that face difficulties in accessing mental health services.</i></li> <li>• <i>Patricia Sweetwine-asked to revisit looking at African-American to be included in the augmentation plan.</i></li> <li>• <i>Alane Friedrich-stated that she supported the following issues that were at addressed at the OPC 1) primary integrated care 2)Native American community and 3) African-American males.</i></li> <li>• <i>Steve Post-stated that he supports the addition of a primary care site.</i></li> <li>• <i>Sup. Gail Steele-asked if there will be separate RFP's for Afghan and South East Asian.</i></li> </ul> <p><i>Mr. Pascual responded that there will be separate RFP's for each group and the reason why it may seem combined in the list is just a technical reason to make it easier to get approval from the State.</i></p> |               |
| <b><u>Action Item:</u></b>                                      | <i>None</i>   |               |
| <b><u>Discussion Item:</u></b><br><i>Adult Committee Update</i> | <p><i>Ms. Friedrich mentioned that it's now 1 year that she is chairing the Adult Committee. She provided a history about the MHB committees and info on the board bylaws. She stated that when a committee ended it got rolled out to Adult Committee e.g. Housing and Review Committee. She mentioned some of the things that have been discussed at the Adult Committee i.e.:</i></p> <ul style="list-style-type: none"> <li>• <i>MHSA plan e.g. utilization review for underserved population; OPC</i></li> </ul>   |               |

| <b>ITEM</b>                           | <b>DISCUSSION</b>   | <b>ACTION</b> |
|---------------------------------------|---|---------------|
| <i>Adult Committee Update (Cont.)</i> | <p><i>recommendations; WET, etc.</i></p> <ul style="list-style-type: none"> <li>• <i>Native American Health Agency concerns</i></li> <li>• <i>Clients' issues at Herrick Hospital</i></li> <li>• <i>Housing Director made a presentation on housing services for mental health</i></li> <li>• <i>Hospice Care Services Presentation</i></li> <li>• <i>Discussed end of life issues and developed an ad-hoc committee to look at this issue</i></li> <li>• <i>African-American Utilization Study which looks at how services are provided for African-American males</i></li> <li>• <i>Reports from various organizations e.g. John George, Sausal Creek, Patients' Rights Advocates, Family Caregiver, Safe House and Detox</i></li> <li>• <i>Ms. Friedrich added that she tried addressing issues/concerns from various committees to Adult Committee.</i></li> </ul>  |               |
| <b><u>Director's Report</u></b>       | <p><i>Ms. Majak stated that the BHCS Dept. will soon hear info about the county budget re: what the budget gap is between maintenance of effort and available dollars and what the assigned deficit for HCSA and BHCS will be. She stated that they will start addressing county budget issues at the Dept's. Budget Task Force meeting which meets every Tuesday from 3pm-6pm at BHCS Offices. She mentioned that there will be an election on May 19<sup>th</sup> for 6 State initiatives.</i></p> <p><i>Ms. Elias asked if there's any local media coverage being done to inform voters.</i></p> <p><i>Ms. Novosel responded that there has been a series of info on the 6 initiatives i.e. news articles, fliers, etc. and there are certain groups that are taking positions on the ballot measures i.e. league of voters.</i></p> <p><i>Ms. Friedrich asked for explanation and importance of realignment.</i></p> <p><i>Ms. Majak responded that in late '80s and early '90s mental health is not considered entitlement and the funding for the mental health program was part of the state general fund and when deficit surface at the state level mental health is always at risk to be cut. Realignment was designed to have a dedicated revenue source for mental health which is part of sales tax and vehicle license fee. Ms. Majak stated that the realignment funding depends on how the economy is doing and with the down turn of economy the realignment is expected to have a huge reduction next year.</i></p> |               |
| <b><u>MHB Chair Report</u></b>        | <p><i>Ms. Elias reminded board members re: a work session on issue development for the board on April 29<sup>th</sup> at BHCS offices from 4pm-7pm; the event will be facilitated by Will Rhett-Mariscal from CIMH. She asked board members to do homework on what issues they would like to address at the work session.</i></p>   |               |

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| <b><u>Committee Chair Reports</u></b><br><i>Adult Committee</i>               | <i>Covered under discussion item.</i>   |               |
| <i>Children’s Advisory Committee (CAC)</i>                                    | <i>Ms. Novosel stated that the CAC had a presentation from the Huskey Committee re: goals and objectives for the Juvenile Justice Center. She added that they also discussed some of the key issues that the committee is currently working on and they did data sharing and info sharing.</i>  |               |
| <i>Public Awareness Committee (PAC)</i>                                       | <i>Ms. Elias stated that the PAC is working on some articles to publicize the upcoming Spirituality Conference and also trying to get publicity for Pool of Consumer Champions.</i>   |               |
| <b><u>Liaison Report</u></b><br><i>Alameda County Family Coalition (ACFC)</i> | <p><i>Ms. Dashiell introduced Peggy Rahman from Family Focus Groups and Unitarian Church. She made an announcement that the Family Education Resource Center (FERC) will be opening soon which be located in Eastmont Mall and with satellite centers in Fremont, Hayward, Livermore and Oakland and there will be 5 outreach workers who will be able to help family members. FERC Director has been hired but not the staff for satellite centers yet.</i></p> <p><i>Ms. Majak suggested inviting Rosa Warder (Family Relations Manager) or the newly hired FERC Executive Director to make presentation re: FERC update.</i></p> <p><i>Ms. Dashiell addressed that the organized family voice still waiting to connect with the Family Relations Manager to look at family members priorities.</i></p> |               |
| <b><u>Public Comments</u></b>   | <i>None</i>   |               |
| <b><u>Board Comments</u></b>  | <i>None.</i>  |               |

Meeting was adjourned @ 2:20PM