

**Alameda County Mental Health Board
ADULT COMMITTEE MINUTES
September 21, 2009 ♦ 12:00pm-2:00pm
Strawberry Canyon Room**

Meeting called to order @ 12:10pm by Lisa Gifford (Acting Committee Chair)

HOUSEKEEPING

Roll Call/Introduction of Guests

MHB Members: Alane Friedrich, Rochelle Elias, Sam Greyson, Lisa Gifford, Laura Mason, and Sheldon Koiles

Attendees: Beverly Bergman (Family Caregiver Advocate), Pansy Taft-Butkowski (Sausal Creek), Mary Suilmann (Telecare)
Francesca Tenenbaum (Patients' Rights Advocate), Dennis Romano (ACCMHA), Kathie Zatzkin

BHCS Staff: Agnes Catolos, Michael Lisman and Evelyn Egger

ITEM	DISCUSSION	PLAN/ACTION
Approval of Adult Committee July 2009 Minutes	Ms. Gifford made a motion for the approval of the Adult Committee July 2009 minutes.	M/S/C Mr. Lisman/ Ms. Mason Motion passed.
PRESENTATION: Overview of Alameda County Continuum of Adult AOD Services and Principles for Guiding System of Care Transformation by Tom Trabin (Associate Director of Adult Services)	*Mr. Trabin provided the following info: I. Types of AOD Program-starting with most intensive level of care I. Detox: A. General-Horizon Services B. Narcotic Treatment-e.g. Bay Area Addiction Research and Treatment; Berkeley Addiction Treatment Services II. Sobering Center: General-Horizon Services III. Residential: A. General-e.g. Latino Commission; Options Recovery Services, etc. B. Bay Area Services Network (BASN) e.g. Allied Fellowship C. Perinata-e.g. East Bay Community Recovery Program; Bi-Bett IV. Transitional Living: General-e.g. Allied Fellowship; Options Recovery Services V. Day Treatment: Drug Medical e.g. Alameda County Medical Center (ACMC) VI. Outpatient: A. General-e.g. Second Chance; Axis Community Health B. BASN-e.g. Bi-Bett; EBCRP-Oakland C. Perinatal-e.g. Latino Commission; Second Chance, etc. VII. Maintenance: Narcotic Treatment-e.g. BAART; West Oakland Health Council VIII. HIV Early Intervention: e.g. AC Public Health; East Bay Community Re. Project IX. Calworks Program-ACMC	

	<p>II. Types of Funding: e.g.</p> <ul style="list-style-type: none"> A. CSAT block grant funding B. CDCR funding through CA Alcohol and Drug Program for BASN C. Prop 36 and Byrne Grant-Mr. Trabin related that Prop 36 was one of the budget cuts from the State legislation <p>III. Pathways to Access: e.g.</p> <ul style="list-style-type: none"> A. Not Medical bound, except Drug Medical B. Prop 36, Drug Court C. Self and family referral D. Parole Referral <p>IV. Length of Stay:</p> <ul style="list-style-type: none"> A. Currently no fixed amount, no county authorization B. Informal guidelines encourage outpatient minimum of 90 days optimal 9 month C. Chronic disease/care model is emerging, in contrast to the mental health wellness and recovery. <p>County Strategic Plan: Mr. Trabin related that they will be looking at various things to work on the infrastructure of the Alameda County AOD Program; what the county has done so far are:</p> <ol style="list-style-type: none"> 1) Visit Santa Clara County to look at what they have done in creating a system of care and how they've developed a single gateway that screens level of care criteria. 2) Made a presentation to the BHCS Exec. Admin. re: the Continuum of Services System Reengineering (COSSR) Initiative and the Institute of Medicine (IOM) Report on the mental health and substance use service system which is called "Improving the Quality of Health Care for Mental Health and Substance Abuse Condition: and info on their trip to Santa Clara. 3) Had series of meetings and discussions with the System of Care Directors re: their priorities and will have a follow-up meeting to decide which priority to focus on. 4) On Oct. 14th there will be an all day workshop for AOD program management, BOS and Alex Briscoe will be invited and a number of BHCS staff as well. Mr. Trabin stated that they are planning to start a task force meeting that will involve consumers, family members and providers. <p>It was also mentioned that the advisory committee for Behavioral Court will begin in Oct. and it will include members e.g. 5 consumers, 4 family members, 2 from PRA, etc.</p>	<p>Mr. Trabin will send the websites for COSSR and IOM report to Agnes to be forwarded to the committee members.</p>
<p>Share Discussion from MHB meeting on John George (JG)</p>	<p>*Ms. Tenenbaum provided the following info:</p> <ul style="list-style-type: none"> ▪ She related to the committee the discussion that took place at the MHB meeting re: JG that included info e.g. funding issues, personnel issues, info re: services that PRA 	

Hospital and possible new committee	<p>provide at JG, etc.</p> <ul style="list-style-type: none"> ▪ She related that she and Hazel King met with Bill Manns (Chief Operating Officer at ACMC) to address several issues at JG e.g. amount and quality of food, patients are not getting enough calories, etc. ▪ PRA are seeking improvements at JG e.g. staff no longer gather behind the nursing station talking to each other, they are now out on the units, interacting and hanging out with patients. ▪ PRA developed a survey asking patients questions e.g. how they feel about their belongings being inventoried; are they participating in the treatment plan; how respectful are staff to patients when trying to get them dressed; how well staff deal with patients withdrawal from tobacco, etc. ▪ Ms. Tenenbaum stated that they are making progress at JG and what they need is a support system from BHCS and from the community; they are going to continue what they are doing everyday; they will keep on communicating and will maintain a great relationship with JG staff and will continue to provide trainings and education. <p>Ms. Gifford stated that based on PRA's involvement in JG and the thoroughness of their report and the involvement of other people trying to resolve issues at JG, she felt that there is no need to establish to new committee at this time.</p>	
REPORTS: Sausal Creek (SC) Report	<p>*Sausal Creek Report for August 2009 was distributed; the report included data e.g.</p> <p>Admission - 329 Ave. number of clients/24 hours-10.9 Walk-ins- 224 Mental Health Referrals-90 AOD Providers Referrals-15 Uninsured-199 Ave. Length of Waits for services (minutes)-90 Ave. Length of Visits (hours)-6 5150's-John George-7; Herrick-1 Self/Family/Friends- 277 Clients New to Sausal Creek-94 Clients New to County System-61 Not in need of new referral to ACBHCS system- 166</p>	
Patients' Rights Advocates (PRA) Report	<p>*PRA's Report for August was distributed; the report included data e.g.</p> <p>Total Calls Received: 647</p> <ul style="list-style-type: none"> ▫ Complaints of Codes/Regulations Violations-16 ▫ Requests for Information/Assistance-631 ▫ Voicemail Message Receive-202 	

	<p>Investigations Conducted-16 Facility Monitoring Visits-20 Training/Educational and/or Consultation Sessions-15 Source of Patient Calls Including Messages Left i.e. ▫ John George-130 ▫ Fremont Hospital-93 ▫ Herrick-65 Type of Calls i.e.: ▫ Abuse-9 ▫ Patients Rights-103 ▫ Quality of Care- 39 ▫ Legal-222 Patient Representation:5250 Certifications (14 day holds) # of patients certified-455 Number of Patients upon who petitions were filed-59</p>	
Family Caregiver Report	<p>*Family Caregiver Report was distributed; the report included the following:</p> <ul style="list-style-type: none"> ▪ Received a total of 108 calls in August (north county-60; central county-13; south county-8;east county-4; Alameda County Ink-3; Total Alameda County-88 ▪ Contra Costa-5; other counties-15 ▪ Repeat callers-40 ▪ JG: New visitors-25; repeat visitors-28 	
Consumer & Family Grievance Report	<p>*Consumer and Family Grievance Report was distributed.</p>	

**Detailed handouts of presentation and reports are attached.*

Minutes submitted by Agnes Catolos