

**Alameda County Mental Health Board
ADULT COMMITTEE MINUTES
February 23, 2009 ♦ 1:00pm-3:00pm
Alvarado Niles Room
2000 Embarcadero Cove, Oakland, CA 94606**

Meeting called to order @ 1:10pm by Alane Friedrich

HOUSEKEEPING

Roll Call/Introduction of Guests

MHB Members: Alane Friedrich

Attendees: Beverly Bergman (Family Caregiver Advocate), Clive Chambers (Washington Hospital),
Francesca Tenenbaum (Patient’s Rights Advocate)

Presenter: Joy Rucker (Safe House) and Linda Blaine (Cherry Hill)

Excused: Lisa Gifford and Pat Buchanan

BHCS Staff: Barbara Becker, Agnes Catolos and Barry Hall

ITEM	DISCUSSION	PLAN/ACTION
Approval of Adult Committee January 2009 Minutes	No correction was made to the Adult Committee January 2009 minutes.	M/S/C Ms. Tenenbaum/ Ms. Bergman Motion Passed All Favored
PRESENTATION: Safe House and Cherry Hill	Ms. Becker presented a Powerpoint Presentation on Safe House and Cherry Hill that consisted of the following info: <ul style="list-style-type: none"> • Why Detoxification and Sobering Center Services are needed in Alameda County? e.g. <ul style="list-style-type: none"> ◦ To provide health care services with dignity and respect ◦ To serve an increasingly visible and costly low income and indigent population • What is Cherry Hill Detoxification Center and what does this service offers? <ul style="list-style-type: none"> ◦ Cherry Hill is an adult co-ed monitored residential social model detox where the consumer stay averages 3-5 days; it’s a 32 bed program and a comprehensive intervention program. ◦ Detoxification is a process that supports withdrawal from alcohol and other 	

	<p>substance overuse and it reduce medical and psychiatric hospital emergency department visits</p> <ul style="list-style-type: none"> ◦ Incoming referrals can be originated by the individual requesting services, a friend or family member, hospital, AOD or Mental Health Provider or Probation/Parole Officer ◦ All individuals requesting services call Cherry Hill for a brief phone intake screening ◦ When the initial screening is complete, and the individual is determined to be appropriate, they will be transported in by safe and authorized transport • What is Safe House Sobering Center and what does this service offer? <ul style="list-style-type: none"> ◦ Safe House is a place where as many as 50 adults may stay an average of 6 hours to “sleep it off in a safe place” ◦ To provide medically-monitored treatment ◦ It accepts individuals “where they are” as opposed to “where they should be” ◦ To provide a point of intervention for the chemically dependent individual ◦ To reduce medical and psychiatric hospital emergency department visits and offers an alternative to the criminal justice system ◦ Transportation in and out of Safe House is in authorized Transport Vehicles only to preserve the dignity and safety of those served ◦ It currently provides services to 14 hospitals ◦ Transport vans drive to the hospital with an EMT and Safe House staff to pick up appropriate individuals ◦ Not all inebriates are appropriate for services ◦ Law enforcement officers can call Safe House and arrange to drop off an individual ◦ Any individual at Safe House can visit or ask to be admitted to Cherry Hill Detox • How do individuals access each service? <ul style="list-style-type: none"> ◦ Cherry Hill and Safe House are voluntary programs; no walk-ins are accepted and both services operate 24/7 	
<p>Reports: Patients’ Rights Advocate (PRA), Grievance and Family Caregiver Reports</p>	<p>PRA Report, Grievance Report and Family Caregiver Report were distributed.</p>	

Minutes submitted by: Agnes Catolos