

Alameda County Mental Health Board Minutes
June 9, 2008 ♦ 12:00pm-2:00pm
First 5 Office Suite 130
1100 San Leandro Boulevard
San Leandro, CA 94578

Meeting called to order @ 12:10 by Chair Rochelle Elias

HOUSEKEEPING

Roll Call / Introduction of Guests

Mental Health Board Members:

Present: *Deborrah Bremond, Pat Buchanan, Rochelle Elias, Alane Friedrich, Dr. Laura Mason, Maxine Oliver-Benson, Dr. Stephen Post and Sup. Gail Steele*

Excused: *Dr. Anthony Hare*

Absent: *Dorothy King*

BHCS Staff: *Agnes Catolos, Barry Hall, Barbara Majak, Carolyn Novosel, and Gary Spicer*

Public: *Lorenzo Kearney (HHMSC), Jerome Attaway (HHMSC) and Barbara Jacobs (ACFC)*

ITEM	DISCUSSION	ACTION
<u>Welcome and Introduction</u>	<p><i>Ms. Elias welcomed and introduced Dr. Mason, new appointee for District 5.</i></p> <p><i>Dr. Mason stated that she is a Psychology Professor at UC Berkeley, she runs a community clinic for underserved kids, adolescence and adults; they do assessments in psychotherapy, etc. She became interested in the mental health field for various reasons i.e. she has a family member who is schizophrenia.</i></p>	
<u>Approval of May 2008 MHB Minutes</u>	<p><i>Ms. Friedrich made a correction to the May minutes on the last page it should read: Ms. Friedrich “attempted” to set up a meeting with Ms. Swafford.</i></p> <p><i>Ms. Friedrich made a motion to amend the minutes.</i></p> <p><i>Ms. Friedrich requested to change the MHB monthly calendar to reflect more activities that the board is doing i.e. OPC meetings, public hearings etc.</i></p>	<i>M/S/C Ms. Friedrich/ Ms. Oliver-Benson Motion passed as amended</i>

ITEM	DISCUSSION	ACTION
Approval of May 2008 MHB Minutes (Cont.)	Ms. Friedrich made a motion to amend the monthly calendar and to amend the front section of the agenda to reflect committees that the board seats on.	M/S/C Ms. Friedrich/ Ms. Buchanan Motion passed as amended
<u>Presentation</u> BHCS Org. Chart and Adult System of Care	<p>Ms. Majak presented and described the BHCS Organizational Chart.</p> <p>Mr. Elias asked how conservatorship relates to BHCS since it is housed in Social Services Agency (SSA)</p> <p>Ms. Majak responded that a small percentage of clients are in conservatorship; some are in public and some in private conservatorship; 25 years ago conservatorship started in mental health within Mental Health Dept but it got moved over to SSA due to potential conflict of interest. Public Guardian is at SSA as well, conservatorship is funded by BHCS through SSA.</p> <p>Ms. Oliver-Benson asked what the difference between private and public conservatorship is.</p> <p>Ms. Majak responded that private conservatorship is for individuals who either don't have a family or don't have a family who is willing to be conservator; all counties have LPS Conservatorship offices, which is restricted to individuals who have mental illness but not brain damage. LPS has a criteria for grave disability-inability to provide for your own food, clothing and shelter and there is a probate conservatorship.</p> <p>Ms. Oliver-Benson would like to have more info re: conservatorship, grave disability, etc.</p> <p>Ms. Majak suggested to have presentation re: conservatorship and that Ms. Oliver-Benson can call her for more info.</p> <p>Ms. Friedrich stated that she can provide info about private conservatorship as well.</p> <p>Mr. Alevizos, Associate Director of Adult System of Care presented an overview of the Adult System of Care which consist the following:</p> <ul style="list-style-type: none"> • Profile of ACBHCS: county populations, ethnicity, demographics and utilization • Chart of: Who we serve: by age • Budget and workforce • Adult service target populations i.e. psychiatric crises and acute inpatient care; serious and persistent mental disorder, etc. 	

ITEM	DISCUSSION	ACTION
<p><u>Presentation</u> BHCS Org. Chart and Adult System of Care (Cont.)</p>	<ul style="list-style-type: none"> • <i>Adult mental health services summary: “over-simplified”</i> • <i>All services; Crisis & emergency and acute and sub-acute psychiatric services;</i> • <i>Level I services (SMI) and Level III services (Medi-Cal Managed Care and other outpatient services)</i> • <i>Chart of: Who we serve: by service type</i> • <i>Our “Front Doors”-crisis, screening, information and referral</i> <ul style="list-style-type: none"> ◦ <i>ACCESS-a centralize telephone screening, info and referral service</i> ◦ <i>Asian and Latino-ACCESS & Crisis Services-culturally competent telephone info, screening and on site crisis and brief treatment.</i> ◦ <i>Crisis hotline-individuals who wish only to speak with a counselor by phone</i> ◦ <i>John George</i> ◦ <i>Sausal Creek</i> ◦ <i>The Crisis Response Program</i> ◦ <i>Mobile Crisis Response</i> ◦ <i>Criminal Justice MH Program</i> • <i>Adult system “Level of Care”</i> <ul style="list-style-type: none"> ◦ <i>State Hospitals-long term acute care-Napa State Hospital</i> ◦ <i>Local Hospitals-acute inpatient care</i> ◦ <i>Sub acute/MH Rehabilitation Centers-Villa Fairmont, BF Short-Stay, Gladman</i> ◦ <i>Neurobehavioral Skilled Nursing Facilities-i.e. Medical Hill, Garfield</i> ◦ <i>Crisis Stabilization and Brief Treatment</i> ◦ <i>AOD Sobering Center and Detox Program</i> ◦ <i>AOD Residential-providers like: Horizon, CURA, New Bridge Foundation etc.</i> ◦ <i>MH Residential-Berkeley Place and Bonita House</i> ◦ <i>Day Treatment-Dual Dx: Bonita House and EBAY Community Recovery Proj.</i> ◦ <i>Mental Health Service Teams-18 Service Teams; 8 Special Teams; 3 FSP’s</i> ◦ <i>AOD Outpatient Services-Narcotic Treatment & Drug Free Services</i> ◦ <i>Medication Clinics-Schuman-Liles Clinic and Pathways to Wellness</i> ◦ <i>MH Recovery & Socialization Services-5 BACS Creative Living Centers and proposed Wellness & Recovery Hub</i> ◦ <i>Forensic MH Services-(CONREP, CJMH)i.e. screening CJMH Santa Rita Jail</i> ◦ <i>Employment Services-AC Vocational Program</i> ◦ <i>SMI Homeless Services- i.e. BOSS North & South County shelters</i> 	

ITEM	DISCUSSION	ACTION
<p><u>Presentation</u> BHCS Org. Chart and Adult System of Care (Cont.)</p>	<ul style="list-style-type: none"> ◦ Supplemental Rate Program (SRP)-supported housing in Board and Care ◦ Consumer and Peer Support Services- i.e. MHA of AC, AC Network of MH Clients; MH Advocates; Pool of Champions, etc. <p>Due to time constraint Dr. Alevizos was asked to do a second part of the Adult System of Care Presentation at the next MHB Meeting.</p>	
<p><u>Action Item</u> A. Board Election</p>	<p>Ms. Bremond stated that she sent an email to board members re: nominations for board election. The Nomination Committee's slate of nominees is as follows: Rochelle Elias-Chair; Alane Friedrich-Vice-Chair and Pat Buchanan-Secretary</p> <p>Ms. Bremond asked if there is any other nomination from the floor.</p> <p>Sup. Steele made a motion to approve the slate of officers for 2008-2009: Rochelle Elias-Chair; Alane Friedrich-Vice-Chair and Pat Buchanan-Secretary</p>	<p>There was no other nomination from the floor.</p> <p>M/S/C Sup. Steele/ Dr. Post Motion Passed</p>
<p><u>Discussion Items</u> A. MHB Recruitment</p>	<p>Ms. Elias stated that she together with Ms. Friedrich and former board member Marsha McInnis plan to speak with Sup. Scott Haggerty re: 3 vacancies at District 1.</p> <p>Ms. Friedrich related that Mr. Hall will rewrite and resend a recruitment letter to all contracts to ask them to look at their former board members to see if they have someone not connected to BHCS contracts like Bonita House has about 3 people who are no longer on their board and are interested in mental health. Ms. Friedrich stated that they will try to be more proactive in recruiting board members.</p>	
<p>B. Feedback on Annual Community Service Awards</p>	<p>Ms. Elias stated that she felt really bad for not recognizing Barry for all the hard work he had done to make the event happen and thanked Agnes as well for her work to the event.</p> <p>Ms. Dashiell stated that it was her first time attending, she felt that it was a wonderful selection of awardees and that she was so inspired.</p> <p>Sup. Steele thanked the board for the recognition of her 35 years of service.</p>	
<p><u>Director's Report</u></p>	<p>Ms. Majak reported on behalf of Dr. Thomas on the following:</p> <ul style="list-style-type: none"> ◦ Budget Update-next Monday will be the start of the county budget hearing at the Board of Supervisors; Health Care Services Agency will be presenting their budget at 11am. Ms. Majak stated that copies of the budget PowerPoint presentation will be distributed to the MHB. 	

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<i>Director's Report (Cont.)</i>	<p>◦ <i>MHSA-PEI Planning Update-Mr. Spicer distributed Public Hearings schedules and locations and mentioned that public hearings will be a good opportunity to mention about MHB's recruitment efforts. On Friday, PEI narrative will be posted on the BHCS website and it will be distributed to various groups across the county, including public libraries; it will be posted for public review comment. Mr. Spicer stated that they are moving forward with the recommendations from the OPC i.e. 1st on set strategy which is the clinical services strategy around person referring their 1st psychotic break and in addition there is focus strategy on ethnic and language minorities underserved population; there's a separate strategies for specific communities i.e. Native American, Latinos, Asian/Pacific Islanders, Southeast Asian including Afghan; mental health consultation in schools and stigma reduction. The other 2 important strategies are: Primary Care Integration Program and Mental Health in Primary Care Services.</i></p> <p><i>Mr. Spicer added that while PEI process is occurring, Workforce Education and Training (WE&T) planning process is going on as well. WE&T is 20% of MHSA, which is about \$1.2 mil a year for Alameda County; strategies are now being developed, one of the primary theme of strategies is Career Pathways which will incorporate more minorities to this particular field and it is also a process to look at opportunities for training around best practices. The idea of WE&T is to look at the workforce capacity of the mental health service delivery i.e. language capacity in workforce and closer integration of families and consumers.</i></p>	
<u>Chair Report</u>	<i>Ms. Elias stated that she has been contacting MHB members re: public hearings schedules.</i>	
<u>Committee Chair Report</u> <i>Adult Committee</i>	<i>Ms. Friedrich stated that at the next Adult Committee meeting (June 16th) they will have a presentation on how Native American get mental health treatment to be presented by Janet King; Adult Committee also gets reports from: John George, Sausal Creek, Family Caregiver (MHA), Patients' Rights Advocates, Safe House and Cherry Hill. Ms. Friedrich stated that she extended their meeting time to be able to add reports from Housing and Older Adults. Ms. Friedrich related that she spoke with the Herrick Hospital contract monitor re: having some trainings at Herrick Hospital.</i>	
<i>Children's Advisory Committee (CAC)</i>	<i>No report given.</i>	
<i>Public Awareness Committee (PAC)</i>	<i>No report given.</i>	

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<u>Liaison Report</u> Alameda County Family Coalition (ACFC)	<p>Ms. Dashiell stated that at the March meeting she raised some issues that the ACFC was concerned about and felt that Dr. Thomas was not responsive; at that meeting Sup. Steele suggested to have a meeting between the ACFC and Dr. Thomas. Ms. Dashiell has written a letter to Dr. Thomas with copies to Sup. Steele and Mr. Kears asking for a meeting to take place.</p> <p>Ms. Elias stated that some of the board members are not aware of ACFC's issues.</p> <p>Ms. Dashiell stated that they have raised a number of issues in the development of Family Education Resource Center i.e. they felt that family input had not been adequately structured and felt that paying a consultant \$93,000 didn't seem appropriate for the proposal. ACFC had other concerns like sensitivity, they felt that families were left out in the decision making that pertains to policy re: seriously mentally ill people. ACFC would also like to see some actions re: training for providers from a family prospective.</p>	
Housing Committee	Ms. Oliver-Benson distributed a handout from the Housing Committee which shows the "Project Allocations to Date"	
MHSA Report	Ms. Bremond stated that MHSA report is covered under Mr. Spicer's report.	
Budget Task Force	No report given.	
<u>Public Comments</u>	<p>Mr. Black addressed that Howie Harp should have extended hours.</p> <p>Mr. Kearney related that they had a car wash fundraising last Sat. at Howie Harp.</p> <p>Mr. Attaway stated that Howie Harp is a good positive place for clients.</p>	
<u>Board Comments</u>	Ms. Friedrich related that she attended Older Adult Conference in Napa Valley and shared some info from the conference.	

Meeting was adjourned @ 2:25PM
Minutes submitted by Agnes F. Catolos