

**Alameda County Mental Health Board  
ADULT COMMITTEE MINUTES  
June 16, 2008 ♦ 12:00pm-2:00pm  
Alvarado Niles Room  
Behavioral Health Care Services Office  
2000 Embarcadero Cove, Oakland, CA 94606**

Meeting called to order @ 1:10PM by Chair Alane Friedrich

**HOUSEKEEPING**

Roll Call / Introduction of Guests

**MHB Members:** Alane Friedrich and Pat Buchanan

**Attendees:** Beverly Bergman (MHAAC) and Haeyoung Sohn (JGPP)

**Guest:** Janet King (Native American Health Center)

**BHCS Staff:** Barbara Becker and Michael Lisman

<b>ITEM</b>	<b>DISCUSSION</b>	<b>PLAN/ACTION</b>
<b><u>Approval of May 2008 Adult Committee Minutes</u></b>	Ms. Bergman made a correction to the minutes on page 5: it should read New Family Visitor-38 and they also help people filling out AB1424 forms.	
<b><u>Correspondence</u></b>	<ul style="list-style-type: none"> <li>◦ Various information and articles concerning veterans-Ms. Friedrich stated that she would like to have a presentation on veterans.</li> <li>◦ Handout re: Older Adults from Older Adults Conference that Ms. Friedrich attended in Napa Valley last May 29-30, 2008.</li> </ul>	
<b><u>Follow-up on Problems</u></b>	Ms. Friedrich spoke with Barbara Majak re: several issues at Herrick Hospital. She was referred to talk to Diana Cunningham who has the contact with Herrick Hosp. Ms. Cunningham had a conversation with Francesca Tenenbaum about giving training to Herrick Hosp. staff re: volunteer patients should not be 5150's and to address why a volunteer patient has to pay for 2 ambulance rides to get clearance before going to Herrick. Ms. Friedrich stated that another issue that she is trying to address is about the submitting of report to Dept. of Justice because there were issues with the Dept. of Justice releasing info on an employers request where it should only be issued on gun permit request.	

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<p><b><u>Presentation:</u></b> Native American Health Center by Janet King</p>	<p>Ms. King distributed a brochure of Native American Health Center (NAHC)-they have a full clinic i.e. Medical Clinic (opened in 1971); Wellness Center; After School Program and Mental Health Dept. which is called Family and Child Guidance Clinic (opened in 1985), their children’s mental health is funded by City of Oakland.</p> <p>Mr. Lisman asked why NAHC could not bill Medi-Cal.</p> <p>Ms. King responded that they did try doing Medi-Cal for several times but it did not work she thinks that they don’t have infrastructure to do it; they will try it again and hoping to have a different result next time; they also checked into EPSDT but it has not work either for them.</p> <p>NAHC try doing seasonal events every year to bring everybody together and be able to capture all of their community members, some members experience substance abuse or having mental health issues or children having problems in schools. Some of mental health issues that Native Americans are suffering from are: 1) the force separation i.e. separation from family, communities separation from traditional 2) Historical trauma; a lot of their interventions are to reunite the community; having cultural events are part of their service delivery.</p> <p>Ms. King stated that Native Americans’ mental health issues are the collective history that providers and some community members are dealing with. The mainstream in the mental health system is more gear towards treating the individuals and families unlike Native Americans who are really gear towards the whole community who have collective common experience which is one of the things that is very difficult about trying to treat Native American’s mental health issues. For NAHC the best way to treat isolation and separation from culture and lack of identity is to have culture events, to affirm their identity and to bring people together. Some of NAHC events are:</p> <ul style="list-style-type: none"> <li>◦ Family Health and Wellness Circle</li> <li>◦ Positive Indian Parenting</li> <li>◦ Two-Spirit Wellness Gathering-Two-Spirit is a word used in traditional days for gay, lesbian, bisexual, transgender</li> <li>◦ Gathering of the Lodges-there are 7 different Native American substance abuse treatment program</li> </ul> <p>Ms. King distributed an article “Casino eludes vast majority of Indians”, some people</p>	

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<p><b><u>Presentation:</u></b> Native American Health Center by Janet King (Cont.)</p>	<p>assume that Native American have lots of money because of Indian Casinos but there's only a small percentage of people who are actually getting funds from Indian Casinos and added that majority of tribes don't have a lot of benefits, it's very political.</p>	
<p><b><u>Reports and Reports Discussion</u></b> Cherry Hill and Safe House Report</p>	<p>Ms. Becker provided a report for Cherry Hill and Safe House as follows:  <u>Cherry Hill:</u> in April and May-26 people were admitted from John George; 14-from other hospitals; starting in June breakdown on hospitals will be available to know how many came from Alta Bates, Highland, etc.  <i>Usage:</i> Total Admissions in May-141 (Self-referral-52; Residential AOD Program-28; Outpatient AOD programs-16; Mental Health Providers-25)  <i>Discharge:</i> 100% of people left with a referral, referral to additional services  <i>Age Breakdown:</i> 18-30 yr. old-16; 31-50 yr. old-82 and over 50-43  <i>Community News:</i> Community presentation was provided to: Board of Education; ACCESS Team outpatient psychiatric program at Highland; and Berkeley Parole Unit staff meeting. The Program Director did a detoxification education to AOD staff, MFT and interns of Cherry Hill.  <i>Partnership Building:</i> supported MOU as part of the SAMHSA proposal submitted by 2 agencies to facilitate discharge planning.  <u>Safe House:</u> between April and May services were doubled  <i>Total Admissions</i>-60 (Berkeley PD-1; San Leandro PD-2; Alameda PD-5; BART-2; Sheriff Dept.-2; Highland-17; John George-5; Alameda Hosp.-4; Alta Bates-2; Eden-7; Washington Hosp.-5; Saint Rose-11; Summit-1; San Leandro Hosp.-1; Safe House Outreach-1.  <i>Community News:</i> Safe House Program Director attended a meeting at Health Care and presented Safe House services to homeless; did community presentations to City of Berkeley AOD and Berkeley Homeless Commission; provided tours to Saint. Rose and Washington Hosp. staff. Safe House just hired 2 female staff, 1 is Spanish speaking.</p> <p>Ms. Becker stated that the biggest challenge at Safe House is building relationship to law enforcement and that they need all the help they can get to increase census at Safe House.</p>	
<p>Family Caregiver Advocates (FCA) Report</p>	<p>Ms. Bergman stated that they got about 150 phone calls, mostly from northern part of Alameda County; they got a lot of phone calls from family members out of state; complaints she's getting from families are being resolved frequently. Ms. Bergman related that this month she is very busy at John George and a lot of people speak different languages, she tried talking to staff re: people who speak different languages.</p>	

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FCA Report (Cont.)	<p>Ms. Friedrich asked if FCA get families with young children.</p> <p>Ms. Bergman responded yes and there's a lot of young people who end up in JG, she felt that they don't fit in JG and that they are trying to figure out where the appropriate support group for young people might be.</p> <p>Ms. Friedrich stated that it is still not clear who will cover Transition Age Youth (TAY) either Adult or Children Committee.</p>	
800 Complaint Report	<p>Ms. Friedrich would like to know when the Complaint 800-phone line is transferring over to MHA.</p> <p>Ms. Bergman stated that it is going on now.</p>	
Chair Report	<p>Ms. Friedrich stated that she needs to work out on how to get reports from all of the new mental health programs i.e. Housing, Co-occurring, Older Adult etc. because there is not enough time for everybody to give report every month and related that she is addressing this issue to the BHCS Admin.</p> <p>Mr. Lisman suggested having reports quarterly and may be focus on having some presentations like what took place today with the presentation from Native American Health Agency.</p> <p>Ms. Becker agreed with Mr. Lisman because it is difficult for her to come every month.</p> <p>Mr. Lisman stated that the committee have to come to agreement to try figuring out how to include reports from housing, older adults, co-occurring etc. to Adult Committee meeting.</p>	

*Meeting Submitted by: Agnes Catolos*