

Alameda County Mental Health Board Minutes
August 14, 2006 ◊ 12:00pm-2:00pm
Lakeside Plaza Building, 1401 Lakeside Dr. Room 1107
Oakland, CA 94612

Meeting called to order @ 12:00pm by Chairperson Marsha McInnis

HOUSEKEEPING

Roll Call / Introduction of Guests

Mental Health Board Members:

Present: *Deborrah Bremond, Karen Bridges, Marsha McInnis, Joe Shimizu, Ron Tauber and Sup. Gail Steele*

Excused: *Rochelle Elias and Anthony Hare*

Absent: *Hal Zawacki*

BHCS Staff: *Barbara Majak, Carolyn Novosel, Marye Thomas, M.D. & Agnes Catolos*

Public: *Martin Paley, Laurie Reinhardt (John George), Dennis Bell, Linda Smith and Michael Diehl (Berkeley Mental Health Commission), Lorenzo Kearney, Jerome Attaway, Valerie Robinson, Clarence Brewer, CC Wynn, Curtis McBride, Mary Johnson and Dexter Shabazz (Howie Harp Multi Service Center)*

ITEM	DISCUSSION	ACTION
<u>Approval of July 2006 MHB minutes</u>	<i>No correction was made to the July 2006 MHB minutes.</i>	<i>Approval of July minutes...M/S/C Ms. Bridges/Sup. Steele All favor as written</i>
<u>Correspondence</u>	<i>Board of Supervisors (BOS) Letter re: MHB to do presentation before the BOS on 9/19th at 11am. Further discussion will take place at the Executive Meeting on 8/24th</i>	
<u>Presentation</u> <i>John George Presentation</i>	<i>Ms. Laurie Reinhardt (Administrative Director of Patient Care Services) presented John George Presentation which was consist of the following topics:</i> <ul style="list-style-type: none"> • <i>Vision-To be premier inpatient mental health facility in the Bay Area</i> • <i>Mission-To provide quality comprehensive mental health care to all individuals regardless of their ability to pay</i> 	

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<p><i>John George Presentation (Cont.)</i></p>	<ul style="list-style-type: none"> • <i>Philosophy i.e.:</i> <ul style="list-style-type: none"> ○ <i>Staff at JG believe that all individual have biopsychosocial needs which change throughout their lifetime as they interact with their environment</i> • <i>John George is committed to recruiting and retaining professional staff by (i.e.)</i> <ul style="list-style-type: none"> ○ <i>Providing a professional environment that promotes quality patient care</i> ○ <i>Promoting staff involvement in decision making and problem solving</i> • <i>Self Regulating Structure i.e.:</i> <ul style="list-style-type: none"> ○ <i>Management Operations Committee</i> ○ <i>Nursing Managers, Supervisors and Leadership</i> • <i>Primary Goals to Promote Safety and Reduce Risk</i> <ul style="list-style-type: none"> ○ <i>Develop and implement a coercion free environment</i> ○ <i>Develop and implement a well and recovery program model</i> • <i>Critical Nursing Education Components i.e.:</i> <ul style="list-style-type: none"> ○ <i>Identify Benner's fire areas of competency from novice to expert as applied to mental health nursing</i> • <i>Criminal Justice Program i.e.:</i> <ul style="list-style-type: none"> ○ <i>Restructure inpatient units to provide appropriate population on unit B where CJ patients will be admitted</i> <p><i>A detailed handout was distributed.</i></p> <p><i>Ms. Majak stated that the BHCS Dept. is trying to be very supportive of the directions Ms. Reinhardt's going and that with the MHSA moving toward the wellness and recovery and best practice approach it feels important for Ms. Reinhardt to have an opportunity to work with JG staff internally and then begin connecting with the rest of the system.</i></p> <p><i>Dr. Thomas stated that its important that the MHB members have been aware of disconnect between what happen in inpatient unit and what happen in the rest of the clients' life and that its really exciting that JG and BHCS will be on the same page, to have a unified philosophy in terms of where they want to go and where they want to assist clients to go.</i></p> <p><i>Ms. Bremond asked if there is any plans to use technology in outpatient and inpatient.</i></p> <p><i>Ms. Majak responded that there's a very limited technology resources but they do hope to have a computerized medical records system that will include all of levels of care and</i></p>	

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<i>John George Presentation (Cont.)</i>	<p><i>they are also hoping that the technology portion of the MHSA will help develop a much better info. system.</i></p> <p><i>Dr. Thomas added that they are looking at implementing a new MIS system and that a web based system “Network of Care” is already implemented on a statewide basis, where individuals will be able to create “my folder” which is a secure site where they can put info including wellness and recovery action plan and with permission it can be accessible to anybody in the system who needs to see info.</i></p> <p><i>Ms. Reinhardt stated that one of her goals is to have a computer based templates out to the inpatient physicians to be able to use computer to do their evaluations.</i></p>	
<p><u>Action Items</u> A. Establishment of MHB Criminal Justice Committee</p>	<p><i>Ms. McInnis suggested tabling this action item since Mr. Hare is not present.</i></p> <p><i>Mr. Shimizu made a motion to table this item and added that he felt that this item should be discussed at the MHB retreat as part of the MHB structure.</i></p>	<p><i>M/S/C Mr. Shimizu/ Dr. Tauber All Favor</i></p>
<p>B. MHB Retreat-Sept. 16th</p>	<p><i>Mr. Tauber made a motion to approve MHB Retreat on Sept. 16th.</i></p> <p><i>Mr. Shimizu asked about the time frame of the retreat.</i></p> <p><i>Mr. Paley suggested scheduling the day of the retreat according to the agenda items that MHB wants to discuss.</i></p>	<p><i>M/S/C Dr. Tauber/ Ms. Bremond All favor</i></p>
<p><u>Discussion Items</u> A. Orientation of New MHB Members</p>	<p><i>Ms. Bridges suggested waiting to schedule new MHB members orientation, may be after the retreat at least having the manual is the start.</i></p> <p><i>Dr. Thomas stated that in the past there had been 2 components of orientation:</i> 1) Departmental-BHCS Dept. has been available to provide orientation to the system as a whole because not everybody who comes on the board may necessarily understands the pieces of the system and how mental health actually operates in the state of CA and in Alameda County 2) board business-given by selected board members re: the process, expectations and mandates.</p> <p><i>Ms. McInnis believed that it is a critical piece to understand how the system works and get a perspective from BHCS.</i></p>	

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<i>Orientation of New MHB Members (Cont.)</i>	<p><i>Mr. Shimizu suggested that the orientation could also be part of the retreat and added that this should be discussed at the Executive meeting.</i></p> <p><i>Ms. McInnis stated that the MHB would like to invite BHCS staff to be part of the retreat and encouraged board members to come to Executive meeting.</i></p>	
<i>B. MHB Retreat (Martin Paley)</i>	<p><i>Mr. Paley would like to start developing an agenda for the retreat and asked board members if there are other issues or interest that the board has for the retreat.</i></p> <p><i>Mr. Shimizu would like to know the MHB's role in conjunction with MHSA.</i></p> <p><i>Mr. Paley stated that suggested ideas for the retreat are: to develop a work plan, new members' orientation, board structure and process, MHB role in MHSA.</i></p> <p><i>Mr. Shimizu added that he would like to have a presentation re: Network of Care.</i></p> <p><i>Dr. Thomas stated that a focus presentation re: Network of Care could be scheduled at MHB meeting rather than the retreat because of the timeframe.</i></p> <p><i>Ms. McInnis felt that there's already lots of items to cover at the retreat and that Network of Care presentation would be a great public service to have it in the MHB meeting.</i></p> <p><i>Mr. Paley suggested asking the BOS about appointing new members before Sept. 16th so that they could participate in the retreat.</i></p> <p><i>Mr. Shimizu agreed with Mr. Paley's suggestion to ask the BOS, maybe by sending a letter about appointing new members by Sept. 16th.</i></p> <p><i>Mr. Paley stated that he would like to meet with MHB members individually for about 45 min. and would like to schedule appointments within the next week.</i></p> <p><i>Agnes will be assisting Mr. Paley in setting up appointments.</i></p>	
<u>Director's Report</u>	<p><i>Ms. Majak reported on the following:</i></p> <ul style="list-style-type: none"> <i>• MHSA Update-1st Request for Proposal (RFP) is out for the HOST Project in North County; it took a little bit long time for the Dept. preparing for this particular RFP because of the need to get the format correct which will be use to make a template for other FSP-RFP's that will be rolling out soon i.e. Older Adults, Transition Age</i> 	

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Director's Report (Cont.)	<p>Youth; other elements of the Community, Services and Supports Plan that were approved were moving forward as well. BHCS Dept. is working with the county Human Resources (HR), there are about 60+ positions approved by the BOS that need to be filled. HR has agreed that on every single position consumers are encourage to apply.</p> <ul style="list-style-type: none"> • Consumer Manager Position has been filled, Jay Mahler accepted the position; he will start on Aug. 28th. Mr. Mahler is very well respected statewide and nationally as a consumer advocate and he was also a MHB member for a number of years. Ms. Majak stated that the Dept. is really excited to have Mr. Mahler and that they're trying to define his role very carefully. • Adolescent Crisis Recovery-Ms. Novosel felt that the issue re: Adolescent Crisis Recovery issue needs more discussion with Dr. Thomas; there was one proposal that was reviewed by Evaluation Committee, it did not have high score because part of the problem was that the proposal did not address certain components of the Adolescent Crisis Recovery facility. Ms. Majak stated that the Adolescent Crisis Recovery Center is not an easy program to pull off and that the BHCS Dept. didn't expect a lot of applicants but was surprise to have just 1 applicant. Ms. Majak felt that this is a program that no one knows yet how to do well and added that there's a need to have more conversations in terms of available funding and programming. • Criminal Justice Santa Rita inmates-Ms. Majak stated that it's getting very close for the inmates at Santa Rita to receive psychiatric care at John George. Ms. Majak stated that BHCS Dept. met with the Sheriff Dept. and Medical Center and she believed that they are reaching a closure in terms of overall relationship with the Sheriff Dept. re: security not just at John George but in general and will be incorporating what the BHCS Dept. has been done with Santa Rita inmates when they need psychiatric inpatient care and that there's an overall agreement re: clinical care. Ms. Majak believed that Sheriff Dept., JG and BHCS are on the same page and hoping that by mid Sept. inmates will be able to receive psychiatric care at JG. <p>Dr. Thomas presented the following:</p> <ul style="list-style-type: none"> • Update on Detox/Sobering Station-the Detox/Sobering Station will be located in the Fairmont Campus; the GSA Dept. is moving forward with reconfiguring the ACCESS Bldg; the sobering station will be placed on the back part of the campus. Dr. Thomas stated that they are anticipating that the detox/sobering station will open in May 2007 and hoping that it will take a lot of pressure off the Psychiatric Emergency Services and Medical Emergency Rooms and it will also reduce a lot of 	

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<i>Director's Report (Cont.)</i>	<p><i>police involvement with the number of people who are out the street. Dr. Thomas mentioned that a delegation from BHCS Dept., Emergency Services, Berkeley Police, Oakland Police etc. will be going to Portland to look at their Detox program.</i></p> <ul style="list-style-type: none"> <i>• Medical Director – Dr. Thomas related that the Medical Director position has been filled, Dr. Karl Adler accepted the position and will start on Sept. 12. Dr. Adler worked for the BHCS Dept. several years ago as part of the Authorization Unit.</i> 	
<u>Chair Report</u>	<i>No report given.</i>	
<u>Committee Chair Reports</u> <i>Adult Committee</i>	<i>No report given.</i>	
<i>Awards Committee Report</i>	<i>No report given.</i>	
<i>Children's Advisory Committee (CAC) Report</i>	<p><i>Ms. Novosel stated at their Aug. 2nd CAC meeting they've discussed the following:</i></p> <ul style="list-style-type: none"> <i>• a lawsuit that has to do with the rendering of mental health services to foster care children or children at risk at foster care.</i> <i>• Mental health financing 101- a syllabus of how MHSA fit within the context of mental health financing.</i> <i>• Ms. Novosel stated that she got Mr. Shimizu's request re: CAC members attendance, she'll try to incorporate it into the next CAC minutes.</i> 	
<i>Housing Committee Report</i>	<i>No report given.</i>	
<i>Public Awareness Committee (PAC) Report</i>	<p><i>Mr. Shimizu stated that the PAC had their Fiscal Year-End review meeting, about 16 people attended, they've compared the number of presentations from last year (469-audience; 22 locations) and the previous year (356 audience; 20 locations) Mr. Shimizu stated that one of the major issues they've discussed was that they are having difficulty with the number of participation into the presentation, Steve Bischoff suggested inviting family or extended family members to come to a special presentation to observe what the Speakers Bureau do and hope that they will be encourage to become a speaker.</i></p>	
<u>Liaison Committee Report</u> <i>Criminal Justice Oversight Committee</i>	<i>No report given.</i>	
<u>Public Comments</u>	<p><i>Mr. Brewer addressed that MHB Criminal Justice Committee and Detox program are really needed.</i></p> <p><i>Mr. Kearney would like to invite the MHB to come to the Howie Harp Multi Service Center and would like to ask the board to sponsor Howie Harp staff members to be able</i></p>	

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<i>Public Comments (Cont.)</i>	<p><i>to attend conferences i.e. 14th National Case Management in Salt Lake City, Oct. 22-25 & Self Empowerment Conference on Oct. 12, 2006.</i></p> <p><i>Ms. Bridges suggested having a field trip to Howie Harp Multi Service Center.</i></p> <p><i>Mr. Diehl stated that he's happy to hear all the changes happening at John George.</i></p> <p><i>Ms. Smith stated that John George presentation was a great presentation; she would like to have more info re: Network of Care and she's glad to hear that the Sheriff Dept., John George and BHCS are working together.</i></p>	
<u>Board Comments</u>	<p><i>Mr. Shimizu stated that at the last Executive Meeting he raised the issue of MHB members attending CIMH conference or other training sessions and would like the BHCS Dept. to come up with some guidelines.</i></p> <p><i>Ms. Majak responded that MHB members can attend conferences.</i></p> <p><i>Dr. Tauber felt that the MHB should consider having just 2 categories of attendance: present or absent because excuse category somehow means it's alright and felt that it doesn't serve the purpose.</i></p> <p><i>Ms. McInnis stated that Dr. Tauber's concern re: attendance category should be discussed further at the Executive meeting.</i></p>	

*Meeting was adjourned @ 2:05PM
Minutes submitted by Agnes F. Catolos*