

Alameda County Behavioral Health Care Services

Psychotropic Dosing Ranges – Adult Daily Dosing

ANTIPSYCHOTICS	BRAND	ADULT DAILY DOSING RANGE
aripiprazole*	Abilify	5 – 30 mg
chlorpromazine	Thorazine	10 – 1000 mg
clozapine	Clozaril	300 – 900 mg
fluphenazine	Prolixin	1 – 40 mg
fluphenazine decanoate	Prolixin Dec.	12.5 – 100 mg q 2-4 wks
haloperidol	Haldol	1 – 40 mg
haloperidol decanoate	Haldol Dec.	25 – 200 mg q 4 wks
loxapine	Loxitane	20 – 250 mg
molindone	Moban	15 – 225 mg
olanzapine	Zyprexa	5 – 30 mg
perphenazine	Trilafon	12 – 64 mg
quetiapine**	Seroquel	300 – 800 mg
risperidone	Risperdal	0.5 – 8 mg
thioridazine	Mellaril	40 – 800 mg
thiothixene	Navane	6 – 60 mg
trifluoperazine	Stelazine	2 – 40 mg
ziprasidone***	Geodon	120 – 160 mg

ANTIDEPRESSANTS	BRAND	ADULT DAILY DOSING RANGE
amitriptyline	Elavil	50 – 300 mg
bupropion	Wellbutrin	150 – 450 mg
citalopram	Celexa	20 – 60 mg
clomipramine	Anafranil	25 – 250 mg
desipramine	Norpramin	25 – 300 mg
doxepin	Sinequan	25 – 300 mg
fluoxetine	Prozac	10 – 80 mg
fluvoxamine	Luvox	50 – 300 mg
imipramine	Tofranil	30 – 300 mg
mirtazapine	Remeron	15 – 45 mg
nefazodone	Serzone	200 – 600 mg
nortriptyline	Pamelor	30 – 150 mg
paroxetine	Paxil	10 – 50 mg
phenelzine	Nardil	45 – 90 mg
protriptyline	Vivactyl	15 – 60 mg
sertraline	Zoloft	50 – 200 mg
trazodone	Desyrel	150 – 600 mg
venlafaxine	Effexor	75 – 375 mg

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<u>MOOD STABILIZERS</u>	<u>BRAND</u>	<u>ADULT DAILY DOSING RANGE</u>
carbamazepine	Tegretol	400 – 1600 mg
gabapentin	Neurontin	300 – 3600 mg
lamotrigine	Lamictal	50 – 500 mg
lithium	Eskalith	600 – 1800 mg
valproic acid	Depakote	500 – 3000 mg

<u>ANTIPARKINSONIANS</u>	<u>BRAND</u>	<u>ADULT DAILY DOSING RANGE</u>
benztropine	Cogentin	1 – 8 mg
diphenhydramine	Benadryl	25 – 200 mg
trihexyphenidyl	Artane	2 – 15 mg
amantadine	Symmetrel	100 – 400 mg

<u>HYPNOTICS/ANTI-ANXIETY</u>	<u>BRAND</u>	<u>ADULT DAILY DOSING RANGE</u>
alprazolam	Xanax	0.75 – 10 mg
chlordiazepoxide	Librium	10 – 300 mg
clonazepam	Klonopin	1.5 – 15 mg
diazepam	Valium	4 – 40 mg
flurazepam	Dalmane	15 – 30 mg
lorazepam	Ativan	1 – 10 mg
temazepam	Restoril	7.5 – 30 mg
triazolam	Halcion	0.125 – 0.5 mg
buspirone	Buspar	15 – 60 mg
chloral hydrate	Noctec	250 – 1000 mg
zolpidem	Ambien	5 – 10 mg

<u>PSYCHOSTIMULANTS</u>	<u>BRAND</u>	<u>ADULT DAILY DOSING RANGE</u>
dextroamphetamine	Dexedrine	5 – 60 mg
methylphenidate	Ritalin	5 – 60 mg
methylphenidate (ER)	Concerta	18 – 54 mg
pemoline	Cylert	37.5 – 75 mg

<u>MISC. AGENTS</u>	<u>BRAND</u>	<u>ADULT DAILY DOSING RANGE</u>
clonidine	Catapres	0.1 – 0.8 mg
disulfiram	Antabuse	250 – 500 mg
hydroxyzine	Atarax	50 – 400 mg
propranolol	Inderal	20 – 240 mg

* aripiprazole (Abilify) initiated at doses of 2-15 mg and should be maintained at that dose range for at least 2 weeks before any dosage adjustment. (Aripiprazole should be dosed only once daily)

** quetiapine (Seroquel) doses should be at least 300 mg within 1 month of initiation. (No use for sleep or anxiety disorders)

*** ziprasidone (Geodon) should be titrated to 120-160 mg within the first month of treatment.