



TOBACCO-USE INTERVENTION PROGRAM: – CESSATION **GROUP - FACILITATOR WORKSHOP - USING A CURRICULUM**

DESIGNED FOR AOD CLIENTS WHO WANT TO QUIT SMOKING

Learn how to lead an 8 Session Tobacco Cessation Group for clients in your Program

Trainers:

Cathy McDonald, M.D., MPH, ATOD Project Director
Gloria Soliz, Tobacco Cessation Specialist and Master Cessation Group Trainer
P. Palmer, Options Recovery, Tobacco Cessation Program

Description: A **TWO day workshop** focused on learning and practicing how to lead a tobacco cessation group using a curriculum especially designed for AOD clients - enhancing skills clients utilize to quit using other substances. Tobacco-Use Intervention Program (TIP) curriculum will be provided. Fee includes lunch both days and the curriculum binder. Class size is limited to 20 participants. Participants are encouraged to attend 2 per agency.

Training Objectives: Participants will be able to:

- Lead an 8 session tobacco cessation group program
- Link tobacco cessation process to other substance abuse treatment strategies
- Utilize strength-based and motivational tobacco cessation techniques

Participant Requirements: *Please read carefully for compliance.*

- 3 years tobacco-free, former or non-smoker
- Commit to lead tobacco cessation groups in your program. Supervisor signature required for registration
- Experience leading groups and providing counseling
- Agency has tobacco policies and procedures that assess and treat clients for tobacco dependence

Fri. April 13 & Mon. April 16 2012

8:30 a.m. - 3:30 p.m. each day

Workshop Fee \$50 – covers box lunch for both days - plenty of free parking

Behavioral HealthCare Services Headquarters

2000 Embarcadero

Oakland, CA 94606

Gail Steele Room—4th Floor

For more information, please call
Indy Gerard at 510-653-5040 x 349

Sponsored by Alameda County Behavioral Health Care Services (BHCS) in contract with the Alameda County Provider Network for Tobacco Dependence Treatment and Cessation, located at Thunder Road in Oakland, CA. (Thunder Road is an affiliate of Alta Bates Summit Medical Center and Sutter Health.

CEU Credits: This course meets the qualifications for 12 hours of continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences, Provider Approval Number PCE 307, the California Board of Registered Nurses, BRN Provider Number 12040, and California Association of Alcoholism and Drug Abuse Counselors (CAADAC), Provider Number 4C-04-0612. Certificates of Attendance can be issued for counselors registered with a State Certifying organization.

REGISTRATION FORM:

Please fax or email registration to: Rosalyn Moya at 510-653-6475 or moyar@sutterhealth.org. **IMPORTANT: Registration and payment deadline is April 5, 2011 . Please have supervisor sign. Send checks payable to: Thunder Road ATOD Network, Attention: Judy Gerard - 390 40th St. Oakland, CA 94609.**
Please bring your own additional snacks and beverages – box lunch included in \$50 fee.

NAME: _____ EMAIL: _____

AGENCY: _____

MAILING ADDRESS: _____

DAY PHONE: _____ SUPERVISOR SIGNATURE: _____

DISCIPLINE: _____ LICENSE #: _____