

Presented by

**SENECA FAMILY OF AGENCIES** in partnership with  
**ALAMEDA COUNTY BEHAVIORAL HEALTH**

# Seeking Safety Training

## *5.5 Continuing Education Credits*

### WHEN:

**Date: April 15, 2019 (Mon)**  
**Time: 9:00 AM - 4:00 PM**

### LOCATION:

**Creekside Plaza**  
**(Health Care Services Agency)**  
**Redwood Conference Room**  
**1100 San Leandro Blvd.**  
**San Leandro, CA**

### INTENDED AND FREE FOR:

**Alameda County Behavioral Health Care clinical staff, or CONTRACTED Social Work and Mental Health Providers within Alameda County**

### About the Course

Join us for a 1-day live training on Seeking Safety. The goal of this presentation is to describe *Seeking Safety*, an evidence-based model for trauma and/or substance abuse (clients do not have to have both issues). By the end of the training day, participants can implement Seeking Safety in their setting if they choose to. *Seeking Safety* teaches present-focused coping skills to help clients attain safety in their lives. It is highly flexible and can be conducted in any setting by a wide range of clinicians and also peers. There are 25 treatment topics, each representing a safe coping skill relevant to both trauma and/or substance abuse, such as "Asking for Help", "Creating Meaning", "Compassion", and "Healing from Anger".

*There will be two 15 minute breaks and one hour for lunch, during which continuing education credit is not accrued.*

### Educational Objectives

- Identify 2 strategies for implementing Seeking Safety with adults and/or adolescents
- Identify 2 clinical issues in treating trauma and substance abuse
- Identify 2 Seeking Safety assessment and treatment resources
- Be able to articulate how to conduct *Seeking Safety*, an evidence-based model for trauma and/or substance abuse

### About the Presenter

**Gabriella Grant, MA**, trains professionals in the social services on an array of topics, including trauma, substance abuse, PTSD, eating disorders, problem gambling, domestic violence, sexual assault and child abuse. She has provided training and consultation for Treatment Innovations since 2009, and conducts Seeking Safety in a community setting. Her connection to Seeking Safety began in 2006, when she oversaw a statewide project in California to increase access to domestic violence shelters by women with mental health and/or substance abuse issues. Ms. Grant is the director of the California Center of Excellence for Trauma Informed Care, located in Santa Cruz, California, overseeing the Center's research, program and professional

### Continuing Education Credits

**\*\*Registrants are responsible for reading the following information\*\***  
Training meets the qualifications for 5.5 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. Seneca Family of Agencies is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs. Provided by Seneca Family of Agencies, Provider #135057.

Course meets the qualifications for 5.5 continuing education credits for Psychologists as ACBH is an approved provider by the California Psychological Assoc., Provider No. ALA006. ACBH maintains responsibility for this program/course and its content, as it relates to psychologist's CE credit.

**CERTIFICATES** CE Certificates will not be provided if more than 15 minutes of content is missed by participant. If participants complete all criteria required for a certificate, it will be provided within two weeks of the training. For assistance, contact Seneca Institute for Advanced Practice at (510) 654-4004 or [certificates@senecacenter.org](mailto:certificates@senecacenter.org)

**Register here:** <http://alameda.netkeepers.com>

**Registration assistance:** [training.unit@acgov.org](mailto:training.unit@acgov.org), (510) 567- 8113

If you must cancel enrollment, please do so at least 72 hours in advance of the training.

To request accommodation or to file a grievance about an ACBH sponsored training, go to: <http://www.acbhcs.org/training-calendar>